

PROJECT HIGHLIGHTS



singapore
kindness
movement

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SCHOOL PROGRAMMES



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Singapore Kindness Movement

We believe that kindness can be found within every person. That is why the Singapore Kindness Movement (SKM) encourages everyone to start, show and share kindness. By sparing a thought for the people around us, everyone can be greater versions of themselves, ultimately fostering a kinder and more gracious society.

Within the Education sector, SKM champions kindness by encouraging schools to get involved in our various outreach programmes. Through these programmes, we hope to inspire students to aspire towards being kinder to one another as well as to the wider community.

Mission

To help build a gracious Singapore, the Singapore Kindness Movement aims to encourage the individual to internalise courtesy, kindness, and consideration. To inspire graciousness through spontaneous acts of kindness, making life more pleasant for everyone.

Objectives of SKM

- To encourage all Singaporeans to be kind and considerate
- To create public awareness of acts of kindness
- To influence and raise the standards of behaviour and responsibility



Friend of Singa

Introduced in 1990, the Friend of Singa (FOS) programme began with the purpose of cultivating desirable behaviours and values in students. FOS seeks to empower students to be active agents of kindness by contributing beyond themselves and the betterment of their schools and the community.

In 2023, many primary schools and secondary schools have shown their commitment to kindness by implementing FOS projects. These projects have outlined at least one of the following themes:

- Personal & Social Responsibility
- Appreciation & Respect
- Understanding Diversity
- CyberKindness
- Neighbourliness

FEATURED SCHOOLS

(Primary Level)

01 Ahmad Ibrahim Primary School

02 Ai Tong School

03 Anderson Primary School

04 Bedok Green Primary School

05 Bukit Panjang Primary School

06 Canberra Primary School

07 Catholic High School (Primary)

08 Cedar Primary School

09 Chongzheng Primary School

10 Chua Chu Kang Primary School

11 Compassvale Primary School

12 Damai Primary School

13 Endeavour Primary School

14 Fern Green Primary School

15 Fernvale Primary School

FEATURED SCHOOLS (Primary Level)

- 16** First Toa Payoh Primary School
- 17** Global Indian International High School, Punggol Campus
- 18** Innova Primary School
- 19** Kuo Chuan Presbyterian Primary School
- 20** Lakeside Primary School
- 21** Madrasah Al-Ma'arif Al-Islamiah
- 22** Maha Bodhi School
- 23** Marsiling Primary School
- 24** Nan Chiau Primary School
- 25** Nanyang Primary School
- 26** Naval Base Primary School
- 27** North Spring Primary School
- 28** North View Primary School
- 29** Northland Primary School
- 30** NPS International School (Primary)

FEATURED SCHOOLS (Primary Level)

- 31** Palm View Primary School
- 32** Pei Hwa Presbyterian Primary School
- 33** Pei Hwa Presbyterian Primary School
- 34** Pei Tong Primary School
- 35** Punggol Primary School
- 36** Qifa Primary School
- 37** Raffles Girls Primary School
- 38** Rivervale Primary School
- 39** St Anthony's Canossian Primary School
- 40** St. Hilda's Primary School
- 41** Telok Kurau Primary School
- 42** Temasek Primary School
- 43** Unity Primary School
- 44** Valour Primary School
- 45** Wellington Primary School

FEATURED SCHOOLS (Primary Level)

- 46** West Spring Primary School
- 47** Westwood Primary School
- 48** Wise Oak International School (Primary)
- 49** Woodgrove Primary School
- 50** Woodlands Primary School
- 51** Xinmin Primary School
- 52** Xishan Primary School
- 53** Yew Tee Primary School
- 54** Yuvabharathi International School (Primary)
- 55** AWWA School @ Bedok
- 56** MINDS Woodlands Gardens School
- 57** Pathlight School (Primary)



Project Done By:

Liang Yingxuan Crystal (4 Care), Tan Qian Jin (4 Care), Manikandan Prithvi (4 Excellence), Ashwin Muthaiah V V (4 Honesty), Htoo Aung Khant (4 Resilience), Ranjith Harris (4 Resilience), Kenisha Vishali Suresh (5 Care), Loysius Ragav S/O Laazar (5 Care), Nalakini Tanlijaya (5 Diligence), Ng Yuan Jin (5 Excellence), Joo-Eun Phua Jia Min (5 Gratitude), Nurul Asyura Binte Mohamad Harman (5 Honesty)

In celebration of this year's Racial Harmony theme of Our Multicultural Mosaic, students in Ahmad Ibrahim Primary School's FOS Ambassadors created a fusion dance piece and a special assembly programme showcasing traditional martial arts and musical instruments, and various recess fringe activities, in which students learnt about appreciating and respecting cultural diversity, coming together to collaborate with peers from various backgrounds and nationalities to collaborate and enacting gratitude and compassion as they learn to work together within the school community.



Project Done By:

Ethana Lee Xin Jie, Yang Hui Riechelle, Ou Shan Rou Miranda, Lee Xue Ying, Zhou Hongyang Clara, Cara Ng Ting Xuan, Tan Ying Xi Alyssa, Ong Jia Yi, Kellyn, Nigel Chan Shan Xiang, Khloe Teo Kwei, Lew Shi Jie Ayden, Ong Yu Xuan, Lee Jun Kai, Goh Zhi Xuan, Tai Kai Yun Katherine, Requel Lim Ying Xi, Ernest Kwek Tze Kai, Ng Le Yang, Peh Xin Qiao Jeriel, Charlotte Hong Kaixun, Bianca Chia, Tang Lynne-Min, Kaylem Ho Le Xi, Wong Sing Yau, Sarah Joy Yeow Shi En, Toh Chun Yan Chloe, Rachel Ong Siying, Ong Jing Yee, Lyann Chiang, Verena Looi Si Xuan, Yeong Ze Ee, Lucaz Lim Zhi Hang, Jamie Lee, Quek Joo Heng Asher, Lim Zi Xuan, Ng Song Ern Claire

The ATS Diversity Journey was a 4-week campaign by Ai Tong School's Student Leader Council Exco Group to promote inclusivity and appreciation for diverse cultures. The goal was to bridge cultural gaps, fostering unity and empathy among students. The project aimed to broaden perspectives in the predominantly Chinese student population, to encourage students to create a harmonious and inclusive community. Students learnt about prominent figures and cultural practices, played language games, and participated in a festival-themed poster competition. The campaign aimed to encourage open-mindedness and acceptance of various beliefs, ultimately nurturing a sense of unity and respect.

Kindness Is Worth So Much But Costs So Little



Project Done By:

Cerise Sierra Chen, Charles Lai Jin Liang, Lim Le Xuan Kayla, Thanzin Toe Wai, Tan Yan Zhu, Tanya Indira Udayakumar, Ho Yu Han Jamie, Teoh Kai Yang Kyler, Mok Jia Yi Syndia

To educate students on practical yet simple ways to show kindness, Anderson Primary School launched the “Kindness is worth so much but costs so little” campaign to inculcate the habit of kindness. The team hoped to build a caring and enabling school culture and learning environment by making kindness a way of life. Students engaged in the kindness booth featuring publicity posters with the school’s kindness mascot and pledge cards, shared kindness stories and engaged in a kindness postcard design competition. Students also enjoyed kindness board games like Bunny and Burrows, Kindness Word Search!

Bedok Green Primary School

Bedok Green Primary School



Project Done By:

Charmaine Lee Ruiqi, Jamie New Xin Ying, Sun Mankai, Jaime Ho Xiu Yun, Nur Azirah Binte Bohari, Teo Han Nin, Tan Yan Xin, Aalia Ilyna Binte Muhammad Alias, Foo Guan Hao Ethan

Bedok Green Primary School's campaign adopted a "Head-Heart-Hands" approach. In the "Head and Heart" segments, students learnt more about the school's non-teaching staff and their roles and responsibilities. The "Hands" segment was initiated in June and August — students took part in numerous activities practicing respect, care and kindness. They made cards for Mother's Day and for the P6s taking PSLE, designed Restroom Etiquette posters, and participated actively in Buddy Clean, BGPS Cares Community Day and Racial Harmony Day. In a SMRT project, student leaders also became ambassadors at Bedok MRT station and distributed kindness message cards to commuters!

Project GIANTS - Giving Accolades to Non-Teaching Staff



Project Done By:

Anna Long Xinyi, Jaylyn Mah Le En, Delia Leow Yi Jing, Rishan Jaiden Srinesh, Jenna Chua Jia Xuan, Summer Sun Jiawen, De Rozario Muhammad Emyl Asfa Bin Firdaus, Nuree Almahdi Bin Syed Zulkiflee, Thang Jian Xiong, Goh Kai Kiat, Lee Zhi Lin, Amelia Binte Zuraidi, Raydon Koh Kaijie, Mathushnavi Mayuran, Emma Ke, Joshua Koh Ruikai, Fong Zi Ning, Nur Siti Aisyah Binti Shaari, Tan Yun Le, Toh Hong Woon, Owais Khosyi Bin Rahmat, Shazleennisa Binte Mohamed Ibrahim Musa, Nur Falisha Binte Nur Iman, Haneen Fasiah Binti Marhalim

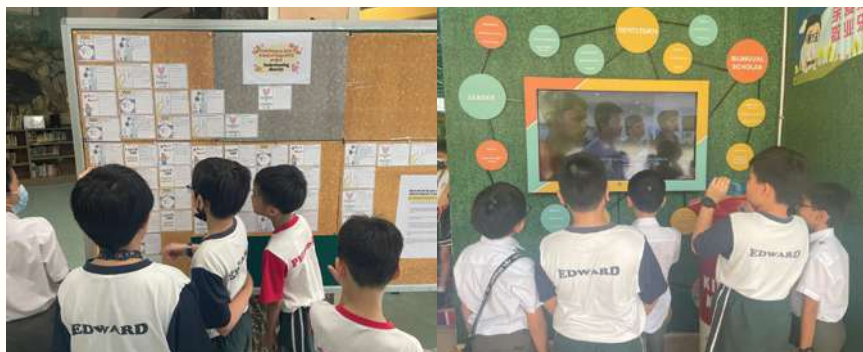
Bukit Panjang Primary School's Project GIANTS aimed to show appreciation to non-teaching staff, acknowledging their contributions to the school. Students in the campaign's Presentation Team kickstarted Project GIANTS by sharing about the campaign to the student body, while those in the Poster Team designed creative posters to raise awareness about the non-teaching staff's contributions. At the 'Thank You' booth, students wrote appreciate notes on templates decorated by the Note Team. They also gave items, which were eventually packed into gift packs for the staff by the Gift Team. The students then personally delivered the gift packs to the non-teaching staff!



Project Done By:

Thea Lau Xing Qi, Yong Kai Xin, Shervelle Teo Xuan Ning, Illy Erisa Binte Mohammad Johanness, Ng Jing Teng Joelle, Arundathe Sri D/O Rajamanikam, Zhao Junjie, Pey Si Yuan, Lim Kai Jun Ethan, Ng Qi Ruei

Canberra Primary School's project aimed to spotlight the often-overlooked non-teaching staff who are the backbone of the school's functionality. It seeks to foster a sense of appreciation and community by involving students. A pre-morning assembly talk was conducted to promote the idea of showing care and appreciation to the non-teaching staff. During recess, a Kindness Booth was set up, and students engaged in handcrafting flowers and origami stars! The craftwork was presented in a container to the non-teaching staff as tokens of gratitude.



Project Done By:

Fang Tianyou Bruce, Ayden Seanady Wong, Low Kah Wai, David, Tey Xu Xi Jace Xavier Chia
Zhao Cheng, Brayden Lee Zhi Heng, Teo Wen Jie, Joshua Tan Jean Keat

Catholic High School (Primary)'s project focuses on fostering empathy towards migrant workers and consists of three main aims: awareness, action, and advocacy. Surveys were conducted to understand the students' perception of migrant workers, along with library exhibitions to raise awareness about their contributions. In their classrooms, students wrote cards and contributed to care packs, which were put up in the library and eventually distributed to the migrant workers personally by the class committee leaders. The campaign wrapped up with a school-wide presentation by the leaders sharing their experience and encouraging their peers to continue showing empathy to migrant workers!

Cedar Primary School

Gratitude @ P5 Cedar



Project Done By:

Asyura Mysha Binte Mulyadi, Insheera Binte Noordin, Zara Binte Mohd Azhari, Parina Rai, Sophie Kapschanow, Nur Adibah Hidayah Binte Andi Hidayat, Maxi Zander Ting Ding Hao, Rabiatal Adawiyah Binte Azlan, Rifqi Mirza Bin Muhammad Rezza, Tan Xin Ya Chloe, Goh Hong Kiat Andy, Eloisse Nathalie Hasang, Nur Erfiesya Adelia Binte Mohammed Irwan, Jemimah Tou En Mei, Khng Shayna, Leong Kar En, Lorraine, Marsya Maisara Binte Abdullah, Rana Austin, Chin You Jun, Nur Erqiesya Aleeyah Binte Mohammed Irwan, Wang Yijing, Casey Lam Kai Xing, Gurung Rayliza, Shaylin Pun, Humayunkabeer Humaira, Kiara Kaur, Limbu Aarsaa, Naomi Hydeline Lim, Nur Falisha Binte Mohamad Zin, Tan Xin Rui Racheal, Lee Zhi Yi, Semik Saba, Jeson Tamang, Muhammed Farish Haiqel Bin Mohammed Irwan, Nurul Nazima Binte Mohamed Nizam, Wong Yong Ning, Hoo Rui En Chloe, Muhammad Riyan Ruwaidi Bin Muhammad Rezza, Shagufta Rahman

In Cedar Primary School's Gratitude @ P5 Cedar project, students worked on numerous creative hands-on projects to show appreciation for the school's non-teaching staff and their fellow classmates! They engaged in designing bookmarks featuring kindness quotes, which were printed and distributed to the students to gift to their friends. For the month of July, form teachers awarded badge pins designed by students to those exhibiting acts of kindness. Students also presented the non-teaching staff with the gift of upcycled items transformed from recyclables.



Project Done By:

Chin Kai Wen Aaron, Ladwa Samarth, Lee Jia Hao Jacob, Stuti Menon, Maisarah Mohamed Noordin, Aedan Tan Kai Zhe, Fong Ji Sam Charlotte, Hong Yi Kai Eli, Keerthana Krishnamurthy, Nur Sarah Binte Mohammed Shahfiran, Kannan Parvathavarthini, Deon Woo Le Xuen

To cultivate an environment of kindness for students to show appreciation for those around them, Chongzheng Primary School kickstarted their kindness campaign with an original story by the team called "Kind Land", featuring kindness stones. P1 and P2 students had the opportunity to personally interact with the characters of the story. Throughout the project, students took part in numerous kindness-related activities, including the 21 days of kindness challenge, writing appreciation cards and preparing self-made gifts for the staff and sharing of kindness quotes and stories. Prefects also took part in the SBS Kindness Movement project and wrote post cards to staff at Tampines East MRT!

Chua Chu Kang Primary School

The Kindness Squad Challenge



Project Done By:

Nur Lyla Binte Nur Jasnie, Cao Xing Ye Tristan Rao, Clara Ho Yu Qing, Mohamad Nufael Bin Mohamad Saini, Huang Jingjie, K. Meenakshi Sundaram, Haeshna Prabhu, Judah Kang

Through various activities such as the Kindness Bucket, for students to fill with accounts of the kind deeds done by their friends, and Fantastic Friend Friday, when a student is tasked to read one of these cards aloud, affirming the good deed of the chosen peer, appreciating them with simple and plain language, this project aims to foster a culture of rewarding caring behaviour in the school, where simple acts of helping are not only noticed but also celebrated, nurturing a community that thrives on the power of heartfelt connections and empathy.



Project Done By:

Aw Fu Ying, Jagadeesan Rithika, Farisha Insyirah Binte Yusoff, Mohamed Arshan Nuzhan Bin Mohamed Kamarulzaman, Anandan Magizham, Ruqayyah Binte Resham, Sanjay Avinash, Tan Ee Den, Isabelle Angelica Goei, Lu Baak Fan Alden, Aden Ang Xuan Yang, Audrey Kalyana Lazarusli, Li Runtong, Wang Jingru, Ye Zihan, Zhang Yiqi Keely, Aaron Ang Yi Xiang, Zhou Xuanyu, Zhuang Yuhao Jack, Ang Ming Hong Justin, Haafizah D/O Mohamed Riswan, Mandapati Harshit Joel, Sanjay Avinash, Anandan Magizham, Kanumilli Vaishnavi, Haafizah D/O Mohamed Riswan, Hiew Zi En, Ayanna Farah

Friend of Singa ambassadors started the project by identifying the school's littering problem and interviewing the school cleaners to gain insights into the cleanliness of the canteen and classrooms and the time required to clean up after a messy area. After which, they led the school on awareness campaigns to encourage and acknowledge students who have put in effort to show consideration to others and display responsible behaviour. Additionally, the team also worked on an upcycling project where they converted used drinking bottles into pencil holders that were then gifted to the nurses from Sengkang General Hospital on Nurses' Day.



Project Done By:

Estelle Wong Le Xuan, Soo Bing Zhong Aaron, Siti Nur Ariana, Nairouz, Marion Sabine Palomares Ramirez, Putera Isyraf Bazilin Bin Mohamed Suhaimi, Muhammad Fayyadh Bin Nasir, Solanki Jaweriya Abid, Ian Ziqqry Bin Anwar, Low Aishy Danial Bin Low Mohamad Sedeq, Fadlan Nafis Bin Mohamed Loqman, Lim Kai Yao Sky, Angelyn Foo Shumin, Cai Pei'En Noelle, Hayyen Audryan Bin Gierman Hakim, Shaikh Nur Fatimah, Muhammad Aqeel Bin Abdul Aziz, Chai Quan Le, Audrey Tan Hong Xin, Farrel Adriaan Bin Mohamed Fauzi, Esha Nilesh Jaswani, Wei Qifeng, Nur Qailisha Ayanah Binte Addy Amin, Lee Jia Xuan Jerleen, Janthanet Amica Lee Ming Feng

To promote cyber kindness in words used on social media platforms, students at Damai Primary School came up with the tagline "Your words matter. You matter" for their campaign. Aligned with the fact that the school consists of students from diverse backgrounds, the project drove the message through posters and videos that every child matters, and the words they choose online can either greatly harm or heal their peers. The team created posters, acted out and edited videos with the assistance of their teachers and ICT staff members. Their work was then circulated around the school for their fellow students to view!



Project Done By:

Chan Song Ming, Mohamed Ihsan Bin Mohamed Kasim, Charmaine U Zhi Yien, Yan Yi Hao Helios, Lam Miao Sheng, Tan Wen Shun Aaron, Hannah Sutisno Yang, Vynnrie Kuan Wen Yi, Aryan Matin Bin Muhammad Khairi, Mohammad Danish Bin Mohammad Yusri, Foo En Rui Jodynn, Riyaan Ishaan S/O Rajkumar

Students at Endeavour Primary School obtained a Family Household Chores Appreciation Card (FHCA) designed for students, a 6-week-long initiative to encourage them to proactively help their family in doing household chores. The activity also hopes to inculcate responsibility, reminding to students that they should take charge of certain tasks at home and in school. Parents penned their acknowledgement in the FHCA after the students finished assisting them in chores. Students then reflected on their experience and showed appreciation for their family by drawing or writing messages to them in the card. The best designs and reflections were put on display in the library!



Project Done By:

Putra Erfan Shah Bin Mohammad Shahril, Keisha Putri Zahra Binte Iskandar, Shaina Maheera Binte Muhammad Munawar, Arshan Putra Bin Muhammad Ilmi, Aqif Faliq Bin Aidil Taufiq, Ahmad Musthofa Bin Muhammad Isa, Nur Maisarah Binte Mohamed Masri, Qiara Arissa Binte Muhammad Mazlan, Muhammad Fazaqkir Bin Diarni Masri, Mohammad Irfan Hafiy Bin Iswandi, Muhammad Imaan Sobri Bin Mohamed Ashrof, Muhammad Nuh Kauthsar Bin Muhammad, Nur Adelia Binte Razali, Syifa' Athirah Binte Mohamed Faizal, Nafisah Qistin Binte Mohd Hassan, Akisha Maeira Binte Salem, Eshan Rayhaan Bin Muhammad Zaki, Nur Aamily Binte Razali, Daryan Ezry Bin Mohamed Ezanee, Aneeqa Raeesha Binte Muhamamd Rahadi

"The Reader in Me" project by Fern Green Primary School started off to bridge the gap between students who are non-readers or struggling readers, especially in the Mother Tongue Languages, and their peers. The project aimed to cultivate empathy and compassion among students, empower social change and cultivate perseverance. The school gave the student readers their own buddies so that they could support and encourage one another to improve their reading skills. This helped to cultivate persistence and the belief within the students that they can brush up on their abilities!

FVPS E-book Alliance! - Buddy Reading Programme For Emergent Readers



Project Done By:

Ang Yu Tong, Dhivyadarshini D/O Selvananthen, Nur Adn Mishall Binte Khairul Azhar, Lam Ren Yu, Alyssa Ariana Binte Muhammad Nursyam Firdaus, Nur Irdina Binte Muhamad Sadli, Lakshya Medha D/O Somusudaram, Shervon Tay Xue Ni, Isabelle Lim Mei Shan, Kate Chu Si Xuan, Afif Bin Noor Azhar, Wan Cheng Yang Caleb, Mohisha Khare, Dylan Liew Yi Chen

To spark the joy of reading among students in the Learning Support Programme (LSP), FVPS E-book Alliance! was introduced as a buddy reading programme. P5 students at Fernvale Primary School were trained and partnered to be Reading Buddies for P1 students from the LSP. P1 students could choose their favourite E-book from a selection of books created by the school's P5 students for the VIA project back in 2022. During the reading sessions, the P5s also facilitated the P1s in completing pre- and post-reading activities. As a token of appreciation, the P1s penned appreciation notes for their seniors!



Project Done By:

Nerissa Siok (2RT), Rusty Tamang (2RT), Hastin Makoto Nagase (2RT), Aarohi Meghi Gurung (2RY), Aurelya Febby Thalita (2RY), Tristan Wang Xuanhe (2RY), Felicia Liew Zhi Xuan (2LO), Tishya D/O Vijaya Segaran Chettiar (2LO), Jasmine Nur Annisa (2LO), Cherie Setia (2IN), Shiena Mhyca Biscarra Tang (2IN), Min Kaung Set Naung (2IN), Tee Yee Xuan (2EX), Lu Junyu (2EX), Selvaraju Yuganmani (2EX), Joy Lee Ann Gostelow (2PE), Aaron Lee Cheng Xun (2PE), Javier Chong Jia Yao (2PE)

P2 Secret Care Friends is First Toa Payoh Primary School's project aimed at P2 students to promote respect and appreciation. The key learning outcomes encompass understanding differences and similarities among students, acknowledging varying perspectives, and fostering a sense of belonging within the school community. The project introduces a series of exciting activities, including "Secret Care Friends Colour Pop!" where students perform kind actions for assigned secret friends, "Thank You" cards exchanged in secrecy, and reflective discussions guided by teachers. The project culminates in students sharing their experiences and lessons learned, promoting a culture of kindness and understanding among the P2 level!

Understanding Diversity



Project Done By:

Fateha Khan, Mohammad Nafassat, Sasvidu Dissanayake, Nguyen Ngoc Bao Han, Ruicheng He, Meijin Wang, Yang Yi, Fengteng Zheng, Hao Yueming, Calvin Satyamurthy, Vishruth Madhava Reddy, Shruthivarni Rajkumar, Sarangan Hareesh, Li Qianyi

Global Indian International High School's project is driven by the objective of ensuring all students have equal opportunities regardless of their background. To cultivate inclusive interactions and nurturing acceptance among students of different ethnic diversities, students took part in a range of engaging activities. An assembly on "Embrace Unity, Celebrate Diversity" was conducted, where students even celebrated the French national day by learning about French culture! Other exciting activities include sessions on diversity and inclusion by the school counsellor, vibrant Racial Harmony Day Celebrations, cultural fairs and the formation of mixed-gender soccer teams.



Project Done By:

Ang Qian Yuan Pearlín, Rizvi Naushad Bin Mohamad Ridzuan, Koon Huai Yue, Maria 'Afia Binte Mohammad Razif, Wei Ningxin, Nour Wylandra Inara Benito Arriola, Pang Le Xuan, Rex Chong Chang Xian, Akhiel Thomas S/O Kapilan Aaron, Ng Sing Kai, Chong Yi Xuan, Maryam Binte Ali

To tackle the phenomenon of students interacting with only those they are more familiar with, "We are All Innovians!" is an initiative by Innova Primary School to break down barriers of age, race, religion, and interests to foster new friendships. Every student received a pamphlet guiding them to make a new friend and to think about questions they wanted to pose about another race/religion. After the collection of the pamphlets, the FOS ambassadors researched on the questions and presented their findings to the school! Selected pairs of new friends also shared their experiences and allowed the school to learn from their unique connection.

Kuo Chuan Presbyterian Primary School



Project Done By:

Olivia Mou Zhi Qi, Elliot Goh Yu Le, Lim Cheng Xian, Sabrynnna Quinn Tjandra, Genelle Pang Yu Xuan, Chan Ashrielle, Chan Si Jie Daryl

Kuo Chuan Presbyterian Primary School's project aimed to improve neighbourliness between students in shared spaces during recess, seeking to heighten awareness of how they can be empathetic towards fellow students in these communal areas. Over 2 weeks, the team observed student behaviour in the student lounge and basketball court. Based on their findings, they presented their observations to the school community, and encouraged their peers to foster a kinder environment in these shared play areas. The students also designed posters aligning with school values, urging students to think about how they could demonstrate kindness during play, which were displayed at the basketball court!

Lakeside Primary School



Project Done By:

Ratu Qisya Binte Zulkeflee, Mohamed Safiullah Fayaz Ahamed, Laraine Loh Yu Han, Ong Rui En Aniston, Qaisara Juwana Binte Djunaedy, Gubbala Karthika Lakshmi Sri Santhoshi, Lim Yong Yun, Suresh Kumar Pranav, Wang Qiao Qiao, Ooi Theng Hee

This project was initiated to show appreciation and gratitude to the schools' non-teaching staff (Administrative staffs / operation managers / cleaners / bus operators / school canteen stall operators / bookstore seller / dentists) through origami flowers created by Primary 5 and 6 students of Lakeside Primary School.



Project Done By:

Alawiyah Ahmad Tarmidzi, Bella Aaryana Muhammad Ridhwan, Nurhaziqah Al-Halili Binte Ahmad Al-Halili, Rana Binte Arfian, Safwa Hasifah Binte Shafie, Auni Insyirah Binte Norazriman, Dian Qaisarah Binte Muhammad Heikal, Qaisara Zaki Beetsma, Sofiyah Binte Muhammad, Syazwani Binte Yusri

“Kinder People, Kinder World” is an initiative by students of Madrasah Al-Ma'arif Al-Islamiah to increase awareness of the vital, yet often overlooked, contributions of non-teaching staff in the school. Students took part in a video screening of interviews with non-teaching staff, shared their understanding of appreciation and respect in class (with the best answers being awarded with prizes), and crafted thank you cards. They then presented these cards to the non-teaching staff! At the end of the campaign, a survey was conducted on students' views on the non-teaching staff after going through all the activities.



Appreciation And Respect to Heroes @ MBS And Beyond



Project Done By:

Chan Yu En Janielle, Claire Wong Yi Han, Ng Rui Xuan Hannah, Koh Yi Ying, Jovelle Tan Hui En, Chua Jovie, Gideon Wong Kin Fong, Lau Kai Yan Amelia, Ng Yu Qing, Tan Hong Yu Marcus, Lim Yu En, Edward Lee Guan Hong, Lim Chang Hao Skyler, Luo Yining, Skyla Lee Xin Ying, Kuek Jia Yi

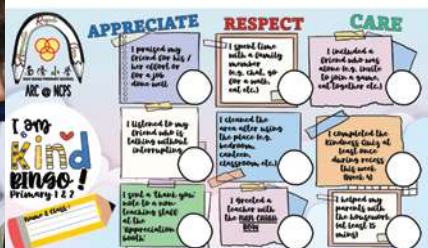
Maha Bodhi School's project aimed to cultivate appreciation and respect among students for the often-overlooked contributors to their school and beyond. Utilising digital platforms, the FOS team put up materials and tutorial videos related to the project and its activities. Posters were also designed by the team to promote kindness. During Kindness Week, students engaged in activities like making towel teddy bears for the school bus drivers and gifting the bears to them, writing thank-you messages, and folding origami hearts for teachers. A Wheel of Kindness was also implemented, and students could win tokens for completing activities!



Project Done By:

Goh Ding Zan, Joynice Cristel Wan Si Jie, Namira Haida Binte Affandy, Goh Xin Yu Germaine, Khairunnisa Barniyah Binte Shaikhan, Ng Zhi Yi, Nur Alysha Binte Muhammad Ridzuan, See Pey Zhen Gianna, Anosan Matthew Kahlil Daytec, Arul Aaron Sam Bryan, Muhammad Nasri Bin Mohamad Nasir, Yu Zihao, Bhuvana Manju Gowda, Moe Pan Chi, Safina Ramadhani Binti Zainuri, Sofia Syauqina Azzahra, Wong Ting En Valerie, Zhu Ai Yun

The "Caring Connections" project at Marsiling Primary School strives to nurture a culture of giving and gratitude, building stronger bonds within the school community. The project included activities that helped students recognise the impacts of their actions, differentiate between kindness and meanness, and provide channels for expressing gratitude. The project kickstarted with a pre-assembly talk to introduce Kindness Week to the school. Exciting activities included interactive video sessions, discussions on kindness, A creative board game, classifying acts as kind or mean, and crafting personalised gifts! Students also penned messages of appreciation that were read out in the canteen and took part in poster colouring and design competitions.



Project Done By:

Koh Jin Qi Chantal, Chloe Khaw Sin Yee, Teo Zhirong Ashton, Winnie Tran, Javan Chua Xiang Yu, Ashley Tan Zhi Xuan, Yezen Wong, Wan Zicheng, Ong Thiam Seng Lionel, Joy Neo Kai Xin, Yang Haoxuan, Reagan Lim Choon Seng, Jamie Teo Lee Yen, Avril Tan Xin Le, Tay Zhuo Jun Nick

The "ARC @ NCPS" project, led by Peer Support Leaders of Nan Chiau Primary School, focused on empowering students to embody the values of appreciation, care and respect. 32 posters were designed and put up around the school, alongside an introductory video about the project. Students then took part in an array of activities, including an appreciation booth where they could write thank you notes to any member of the school community, kindness quizzes conducted on iPads during recess. They also participated in the I Am Kind BINGO challenge, encouraging more acts of kindness within the school!

"Unlitter Nanyang" Love For Environment - Be Considerate And Care For The Environment



Project Done By:

Annya Sim, Arabelle Sophia Chan Jan Ying, Arielle Eleanor Su Shan'En, Enya Sun Yuya, Imran-Lum Shi En Iva, Khoo Tian, Lee Jovette, Lee Xin Ying Vanessa, Liew Ruizi Brigette, Ng Ying En Faith, Soo Hoo Young Yee, Soo Hoo Yow Yee, Stella Grace Fang Zi En, Tanya Peh, Wang Yuemeng, Wee Sze Yu Rebecca, Wong Ruichen, Yeo Tng Eng Teng Emmabelle, Zhao Yixin, Chua Yih Heng Ethan, Ethan Ong Wei Han, Evan Leong En Wen, Hu Yikai Bryan, Jacob Ye Junjie, Jahdiel Yoon Do Jin, Jamie Low Wei En, Koh Ting Hao, Loke Hao Tian Nathaniel, Matthew Lim Sheng De, Ng Yuze Ethan, Nidon Wong Jun Xi, Noah Wong Ye Zhi, Oliver Emmanuel Chia He Shi, Owen Fletcher Ong, Samuel Lau Wang Yi, Sing Yu Heng, Tristan Ng Yuan Wen, Wang Zhengxiao, Wong Zhi Kai, Isaac, Zhou Mingdao

Through 4 lessons, students learn about the causes and negative effects of pollution to our environment, and participated in clean-up activities within the school, as well as in the community. Students also designed Tray Return posters to encourage people to return their trays, as well as bring home the posters and share with their family and friends about the importance of returning their trays. Good quality posters were also put up in school. Through this, students learnt that they can do their part and care for the environment at home or in school.



Project Done By:

Sylvester Geng Wee Een, Kuek Jia Hua, Kwa Jia Le Keagan, Tania Binte Affendi, Zafirah Umaiza Binte Muhammad Firdaus, Nur Fitri Arissa Binte Zulkifly, Teo Xiao Hui, Toh Jia He, Joeenn Pek Jing En, Nur Syahira Adriana Binte Mohamad Nazri, Nuraiqah Irdina Binte Noryuddin, Irfan Akmal Bin Imran, Lecole Ong Ting Yu, Sarwainthraa Maheswaran F Miranda, Jerry Yeo Yu Li, Tai Lin Yu Kaylee

Naval Base Primary School's project focused on spreading kindness and how every small act of kindness counts! "Catch 'Em Good" highlighted students' good deeds, as photographed by their teachers, and these students featured during the Termly Navalite Awards on a termly basis. During Kindness Week, students wrote on cards designed by the Kindness Ambassadors to show appreciation for their loved ones and for the SBS Transit Staff. An assembly talk show was also conducted to highlight the contributions of the school's non-teaching staff to the students.



Project Done By:

Chia Xin Hui Adoncia, Arceo Arianne Vyra Villanueva, Amelia Chan Jin Thong, Saasvikah Vineeth, Evakshi Sandeep, Ow Zi Rui Trina, Mahalakshmi Balakrishnan, Lin Shao En Adrianna Binte Ady, Sng Yee Sing, Manicad Rone Renzo Sumilbig, Aiden Ng Yi Jun, Syarifah Darwisyah Azzahrah Binte Mohammad Annuar, Magnaye Sheliana Tiffany Bobadilla, Choi Chi Yin, Koh Xin Yin Stella, Farisha Binte Muhammad Ali, Nurin Qistina Binti Muhammad Fadly, Sureshkumar Rithika, Wu Hongyu, Manikandan Nithila, Ryan Joseph Mathew, Zhang Kaiyang, Peh Yu Teng, Krithviya Vijayarajan, J'Den Choong Jie Ren, Ng Yan Xuan Kelly, Evames Tan, Hor Xin Ying, Cherish Yap An Qi, Diane Anna Dani, Goay Chloe, Gupta Arohi, Iris Zuyyin Binte Mohamad Kamal, To-Ong Jemika Maquiniana, Leong Yu Lei Kayven, Belinda Lau Jia Hui, Qistina Aleeya Binte Samsudin, Zoey Lakhani

The "Read with Responsibility" project initiated by student prefects at North Spring Primary School promoted personal and social responsibility among students. The prefects created a dedicated reading area, sourced books, and decorated the space from scratch! They also handled project publicity independently and designed their own posters. Since the reading area was launched in Term 2, the prefects took on the responsibility of encouraging and affirming acts of social responsibility by their fellow schoolmates in the area. Over time, students have become more conscious of exercising social responsibility in the reading area, displaying desirable behaviour like book care, maintaining peace, and cleanliness, fostering a culture of responsibility.



Project Done By:

Olivia Mou Zhi Qi, Elliot Goh Yu Le, Lim Cheng Xian, Sabryna Quinn Tjandra, Genelle Pang Yu Xuan, Chan Ashrielle

To provide students with a platform to partake in fun activities and encourage them to make friends in a secure environment, student leaders at North View Primary School launched the "Friendship Corner" project. The project's key messages were shared with the entire school during assembly and broadcasted on the school's televisions. 70% of the school's students went to the corner during recess over two weeks, taking part in exciting activities like basketball shooting, board games, origami and colouring activities! Student leaders and teachers were rostered to ensure the activities were conducted in an orderly manner.



Be "Kind" To Environment - Keep Insisting on No Disposal of plastic



Project Done By:

Anakin Prince Jason, Chow En Ning Delia, Jovin Zhuo Siting, Tan Zhi Yi Charlotte, Teo Kai Xin Charis, Low Ya Xin, Maniisha Kaur, Ko Yi Xuan, Tan Yu Jin, Chen Jingxuan Jamie, Clarisse Mui Rae Ying, Azeem Al Aiman Bin Mohammad Nahar, Chayes Fong Yu Ze

Northland Primary School's project aimed to educate and empower students to influence their families and communities to adopt the 3R principles (reduce, reuse, recycle) when dealing with plastic waste. It involved initiatives like assembly programs, educational posters and engaging activities to emphasise the importance of proper plastic disposal. They created an art installation with collected plastic bottles which involved 1,440 students and 3,600 plastic bottles being recycled! Students also transformed plastic bags into handcrafted flowers for the school's non-teaching staff and designed reusable tote bags teachers on Teacher's Day in August as tokens of appreciation.

NPS International School (Primary)

Wheels Of Care: A Tribute To School Bus Drivers and Aunties For Their Incredible Service



Project Done By:

Vivaan Singh Chauhan, Samyuktha Vignesh, Varshana Senthil Kumar, Ishika Naveen, Karthik Bisht, Liya Tamilselvi Senthilkumar, Nivedh Patil, Jahnvi Nair, Ishani Indeevar, Advik Singh, Anwita Putatunda, Manseerat Kaur, Arshiya Tekchandani, Samarth Basin, Aarya Verma, Shrey Anand

Wheels of Care is NPS International School (Primary)'s initiative to foster appreciation and respect for school bus drivers and aunties within the school community. Its objectives were to increase awareness about their contributions and encourage students to express gratitude for them. Activities included a month-long kindness challenge which students could complete to obtain a certificate, writing thank you notes and creating informative posters on how they should act on the school bus. An appreciation high tea event was also held for the school bus drivers and aunties, where they received tokens of appreciation and thank you notes written by students!



Project Done By:

Amelia Toh Pei Ni, Chang Chien-Yi Ethan, Maya Nur Safiyyah Binte Mohamed Saiddhin, Ron Tan Jia Jun, Jake Phua Zheng Jie, Tan Wei Kai Raiden, Joey Ng Zuo Yi, Wong Yi Kai Valen, Aqilah Binte Al-Hannan, Kaelan Ong Yu Zhe, Chia Zhengting Brayden, Luong Tuan Vinh, Nur Alesha Farhanah Binte Abdullah, Andrique Samuel Tan En Yu, Nurul Ariana Binte Abdul Rahim, Amsyar Afiq Bin Abu Sofian, Nusaibah Binte Muhammad Hafiez, Liw Jin Hui Justin, Joylin Han Jiatong, Tian Qinglin, Ashlyn Sze Yi Xuan, Ng En Xi, Muhammad Afiq Ziqri Bin Muhammad Yusoff, Chelsea Lim Yi Si, Kayden Chua Jie Ting, Ho Le En Gerlyn, Chu Jun Hee Aaron

"Appreciating the Unsung Heroes" was a transformative event at Palm View Primary School, which aimed to instill the values of care and respect among students and deepen their appreciation for non-teaching staff. Students interviewed non-teaching staff and collaborated to design engaging PowerPoint slides shared with the P2 students. After watching the video, P2 students wrote appreciative notes to the unsung heroes and the participants designed covers for the appreciation cards. These tokens were presented to the non-teaching staff during Teacher's Day! A video montage that aired during assembly showcased the event's journey, reflecting the growth of empathy and respect among the students.



Project Done By:

Gracia Lim Rui En, Woo Sing Lok, Jayde, Tan Shu Hao, Lian Enxuan Adele, Valencia Kwan Zi Xuan, Germaine Ow Seoi Yan, Lim Zhiting, Chen Jiaxi, Casey, Lewis Neil, Zhang Leyan, Lin Minxuan Hayley, Gracia Tan Ying En, Kong Liang Jie Samuel, Pook Yu Zhe Lincoln

Pei Hwa Presbyterian Primary School's project, led by 13 student leaders, aimed to promote cyber kindness among young children using engaging comic strips. Three initial impactful comics were created covering the topics of online interactions, cyberbullying, and the impact of kind gestures in cyberspace. These comics were showcased during assembly and shared on the Student Learning Space, along with videos on cyberkindness. The project called on students to participate, and the team received 214 comic strip submissions, addressing various aspects of cyber kindness like promoting empathy online and dealing with cyberbullying! It significantly improved the school's digital environment, empowering students to promote cyber kindness actively.



Project Done By:

Ge Mengtong, Pan Mo Xuan Michaela, Pook Yue Shan Leanne, Tong Xin

Inspired by a classmate with autism, Friend of Singa Ambassadors of Pei Hwa Presbyterian Primary School decided to first, raise awareness about students with autism in school and how to better support classmates who have autism, then raise funds for Autism Association Singapore (AAS), and partner with them in raising awareness about autism in Singapore. The Ambassadors set up a booth in school, where they created handmade crafts to raise funds for AAS, while also raising awareness about autism and AAS to the primary 3 – 6 students of the school.



Project Done By:

Jerilyn Yen Yu Qi, Xie Zhijia Brendan, Adena Lim Yun Qi, Christopher Kathirnilavan, Maadhav Divan, Owen Lim, Basangan Gabrielle Denise De Los Santos, Goh Jia En Mandy, Joy Wai Xiang Ting, Nguyen Giang Le, Wei Lai, Lew Ying, Nur Syafiqah Binte Yusman, Sela Xie, Daylaney Ong Zhi Xuan, Rheanne Soo Keh Wan, Charlene On Xuan Yi, Li Qianhui, Lucas Chiu Zhi Ren, Sivakumar Akshaya, Tan Rui En, Anihka Murali Iyer, Declan Chan Yee Kai, Yiau Dee Fang, Aaila Medina Binte Alfian, Foo Yu Jin, Voong Jian Wen, Zander Ho Xujie, Chong Tze Wei, Qorirah Binte Ahmad Firdaus, Germaine Chin Zhi Ying, Nur Aqisha Binte Abdul Rahman, Yan Zhiji

During this project, CCE Ambassadors were equipped with their own CCE Ambassador notebook, which empowered them to document instances of positive actions within the school community, capturing acts of kindness spontaneously and anywhere on the campus. The ambassadors played a central role in a monthly showcase, where they present and commended the collective good deeds performed by the school population. Selected students were also invited to share about their own acts of kindness. Through this, a ripple effect of kindness was felt by the entire school population.

Punggol Primary School

Be The First



Project Done By:

Yu Seungyoon, Torrence Tan Woon Hing, Sana Raghuraman, Lim Chuan Shern Aiden, Janice Tham Jing Wen, James Daniel Chan, Goh Jia Qi, Clarisse Kirsten Tan, Aryan Ram, Afiqah Raffhana Binte Mohamad Asyek, Amelia Farisha Binte Luquman Nul Hakeem, Adrabella Nurieshtiara Binte Rahmat, Huynh My Kim, Aderlyne Song Xinyi, Gannamani Tanya, Jim Neo, Chen Mingxun Lawrence Faber, Jeyaganesh Kamalini, Ngooi Yuan Shao, Toh Cheng Ye Kayden, Choo Xuan Le Caleb, Lim Zhong Xian, Khek Yu Jin Louis, Nur Farhaini Inshira Binte Muhammad Noor Hisham, Alisha Ram, Adity Sarker, Ong Zhe Xuan Jarel, Ang Xuan Ning Cereza, Amanda Chai Zi Ru

In this campaign, Kindness Ambassadors led the school through a series of activities, starting with an assembly programme where students learn about the importance of kindness, followed by various art and craft activities during Kindness Week. Kindness Ambassadors continued to engage their peers through Padlet as well as a Kindness Challenge and Kindness Puzzle, to encourage students to perform acts of kindness towards their peers and teachers. Through this, they hope to foster a sense of community and belonging in the school, to create a positive learning environment where everyone thrives.



Project Done By:

Ameera Binte Mohamed Ismail, Ong Song Ying, Rebekah, Leanne Lim Kye Tung, Thio Jia Le Jacob, Ren Xinyuan, Lee Rui Qi Janelle, Chan Wan Ting, Lee Jia Jun Ziv, Sophie Goh Zhi Xuan, Andrew Bek Han Yu, Chen Yuexin, Kate Chong Yu Tang, Tay Zhi Qian Ethan Demarco, Ezann Teo Yi Qi, Emelyn Radosa Andrew, Tay Ann Ayushi, Ethan Loke, Tromson Riccardo Kusuma, Aria Patel, Sofia Aqilah Bte Mohammed Haikal, Chan Hor Yan, Lin Yuwen Gwen, Yeo Xin Yu Claire, Yan Xinyi Erin, Heng Yu Qing, Chelsea Annisa Binti Mohamad Azhan

Kindness "R" Us by Peer Support Leaders (PSLs) from Qifa Primary School saw the introduction of Kindness Walls in P3 and P4 classes, aimed to promote the need to speak kind words and do kind deeds. The aim of the initiative was to promote kindness and positive communication within the school community. Students wrote numerous notes of appreciation and encouragement to their peers and teachers, and teachers were also involved in writing notes to their students, fostering class spirit and empathy. It also allowed PSLs to extend friendship to their lonely classmates who did not receive any notes from others, contributing to the creation of a caring and supportive environment!



Project Done By:

Ong Xinyi Kaelyn, Elizabeth Toh Yen Yee, Nur Aliyah Binte Muhammad Helmi, Chan Sze Ying Germaine, Amelia Ng Lok Wan, Charlene Ow Kit Yi, Lim Ming Hui Ashley, Tricia Ng Yu Tong, Beth Koh Jia En, Mykayla Toh Li Ler, Li Jiaying Sophia, Wang Yan Zhi Ruth, Kylie Wee, Jean Teo Rui Xuan, Muhaya Prasetyo Binte Yoko Prasetyo, Hannah Tay Yong Xi, Hannah Phua Yun Fei, Amanda Ang Yue En, Tan Le-Jia Claire, Peng Yaxuan Ava, Shreita Hamirwasia, Wang Chuyi, Wang Yilin, Lim Liwen, Hong Yanqu Rebecca, Issa Boo, Chen Yi Lin Katryna, Amber Wang Jing'Er, Wang Ruozhen, Goh Si Ai Vera, Ayouni Binte Asrudin, Chong Zhi Qi Ashley, Ang Rui Lin, Lim Li Xin Eunice, Grace Lai, Aalika Kedia, Aashi Pant, Isabel Chua Yi Shan, Mikaela Lim Yu Xuan, Zhao Jiayi, Chevonne Poh Leqi, Neo Zhi En Kayla, Emma Lauren Setiawan, Eva Michaela Burleigh, Rachel Lang Rui Xuan, Tan Xinrui, Zhang Yiwei, Li Guantong, Yan Xinni, Meng Chenxi, Peng Yahan Ella, Ding Jiayue, Isabel Ebi, Evangelia Tanto, Victoria Ng Lok Yan, Treanne Ting En-Ee, Tang Luo Xin, Hailey Larissa Chew, Isabella Grace Veronica Tan Si-En, Anggun Charysma Puteri Noor Azhar, Skyla Lan Zi Ting, Emily Jane Connah, Sera Tan Jia Yi, Piao Zhaorun, Arissa Chong, Yan Shihan, Ang Jing En Grace, Mie Tan Xuan Ru

Students at Raffles Girls Primary School took part in exciting activities during Cyber Wellness Week, aimed to educate students on safe and responsible technology usage while fostering a kinder online environment. Booths were set up which offered interactive activities and informative posters promoting cyber kindness. Students used iPads to play a digital escape room activity centered around Singa being bullied online and encouraged students to become online detectives to find the culprit! Pledges to be upstanders were made by folding paper hearts with personal statements, displayed on the CCE noticeboard. A video on Anti-Cyberbullying and a Quizizz game enhanced understanding on cyberkindness.

The Wind Of Appreciation That Spins Respect



Project Done By:

Emma Li Xin Lin, Tan Jun Ya, Marissa Binte Mohammad, Micole Lee Jia Yi, Huang Weiwen, Alif Amsyar Bin Nasir, Lim Yu Heng Ivan, Wu Ming Jun, Eaint Kaythari Thwin, Adnan Putra Bin Muhammad Hisyam, Chong Zhi Ming Kayden, Arica Lee Pei En, Jovynn Lew Chang Zhi, Ho Bin Yu, Elly Sufiyani Binte Abdullah, Jimmy Yip Cheng Feng, Kahlan Goh Yi Xuan, Tan Xuan Rui Jonas, Lee Han Yu Ashley, Riya Rai, Nur Illiyyin Binte Muhammad Nazri, Raghav Reuben Rajan, Jamelia Lim Zi Qi, Alphonsus Koh Tian Wei

Kindness Ambassadors led the school on an appreciation campaign in which P5 and P2 students took part in making windmills, Tulip flowers and thank you messages, for the school's students' family members and the unsung heroes in their community, namely Corridor and Common Area Cleaners, Coffeeshop Cleaning Aunties and Uncles, Doctors / Healthcare Assistants working in neighbourhood clinics, Bus Captains etc. Through this, the project aims to inculcate values from young by helping Rivervale Primary School students develop a strong moral compass that will guide them through their lives.

St Anthony's Canossian Primary School



Project Done By:

Elliott Lee Bo Xuan, Lucia Rebano Aracil, Claudia Wong Kai Le, Swaraj Swapna Singh, Tay Xin Hui Chloe, Cho Rina, Foo Leann Alexis, Ho Lauren Xin Yen, Channah Tan Yu-Jing, Declarador Hannah Avery Cabrera, Victoria Lee Yi Xuan, Laura Lai Jeong Seo, Lim Le Tong, Elthea Li Yixuan, Heather Magdalene Toh You Fang, Wint Mon Thant, Grace Chong En Xuan, Marndi Raimat, Farah Mohamed Taufik, Drew Francesca Batchelor, Khadija Alisha Binte Faizal, Lua Kai Lynn, Lim Wen Hui Christine

Students at St Anthony's Canossian Primary School's kindness campaign involved the composing of a kindness song by one of the teachers — an adaptation of the song "I Don't Want to Live on the Moon". An audio recording of the kindness song was done by choir members and a music video was created, which was eventually circulated and well-loved within the school community! Kindness booths was also set up, which involved engaging activities like kindness bingo cards and playing games on Blooket using an iPad. Acts of appreciation and respect were encouraged, and students expressed gratitude to their peers and non-teaching staff through notes, folded origami gifts and writing on a Shout-out wall.

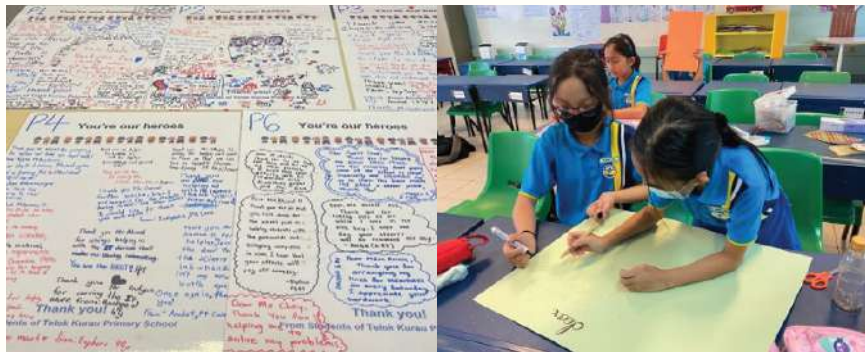
Share The Gift Of Knowledge - SHPS Book Donation Drive



Project Done By:

Ethan Andre Lum, Alexis Celine Lum, Danica Inshirah Garbanzos Luqman, Lim Jia Yu Eden, Sitti Alawiyah Binte Muhammad Tauhid, Yap Zi Tao, Ang Jia Yu Esther, Ayden Lim Guan Fu, Jazel Sim En Lin, Tan Zhi Kai Lucas, Calista Tham Jia Qi, Elisha Lourdes, Gan Kai Lin Katelyn, Zoey Kristen Rui En Araujo, Abby Chin Yu En, Aidan Bin Abdul Aziz, Oh Zi Yi Katie, Toh Xuan Lin, Angel, Adriel Koh, Amra Hadeed, Kyler Cheng, Mayer Shen, Kay Thaw Wynn Htoon, Meredith Erina Wong Xuan Ling, Lim Ee Shien Megan, Teddy Shang Shang, Tam Kin Lok Emmanuel, Zhang Yunying, Dytrildes Cheang, Clara Low Jing Xuan, Ayers Lee Cheng Xi, Tang En Kai Elliot, Valerie Ching Sihan, Xu Jinyun, Jay Tang Zheng Yan, Nur Inarah Binte Iruawan, Zain Ihsan Bin Mohamad Hanafia, Khoo Shi Jia Glenda, Katelin Grace Tan, Nor Iqmal Bin Norazmin, I-Zac Lee, Yeo Hui Xian, Wallace See, Hannah Chao, Charlize Sia Ke Ying, Isaac Goh Yu Zhe, Muhammad Zayan Bin Naseer, Ernnabelle Ting (Chen Xin), Ilias Wong Yi Le, Avelyn Tan Hong Yun, Aston Lee Ju Xian, Ng Hao Min Ranice, Ng Ming Wei Joshua, Kho Jue Hon Maximus, Yao Yuxuan, Fang Zelin, Tam Kin En Noah, Wee Ethel, Zafirah Damia Binte Mohamad Suhaimi, Tristan Tan Wei Zhe, Lim Chen Joo Nathanael, Zhang Wenjia, Seow Le Xuan Ledelle

In early 2023, passionate readers at St. Hilda's Primary School embarked on a mission to spread the love of books. With the principal's approval to conduct a book collection drive, the team rallied their peers and started a 3-week book collection drive, collecting 3360 books. Facing the next challenge of packing the books, they enlisted the help of fellow students, packing and labelling over 30 boxes in two hours. 18 boxes were sent to Jalan Besar Community Centre and the rest to Tampines Care Corner. The books were eventually displayed at Jalan Besar Community Centre, where 1,800 books found new homes, touching the lives of around 360 residents!



Project Done By:

Chloe Tan Ke Wei, Cheang Shi Ying, Germaine, Macayana Zuleika, Summer Agamata, Anushka Rai, Lim Si Ying, Nicholas Liew Ze Xuan, Yati Zaw Rachel, Kesmine See Qian Xi, Fayaaz Zaakir Bin Abdul Mulatiff, Desiree Ow Yi Xuan, Zarah Elmira Satarov, Muhammad Amirudin Bin Hamdan, Ho Ping Tenzin Lhamo, Abhiysree Saravanan, Siti Aishah Maisarah Binte Ruslighani Iskandar

P5 CCE Ambassadors at Telok Kurau Primary School embarked on "Our Unsung Heroes" to show appreciation to the often-overlooked non-teaching staff. The team created an appreciation board adorned with photographs they took of these unsung heroes. They displayed these photographs of the heroes, encouraging all students to greet them by name! The team also produced a motivating video, urging their schoolmates to join in the initiative. Each class crafted a giant thank-you card for an assigned unsung hero and circulated Thank-You posters for each level. The project culminated in an assembly program, where the Ambassadors, alongside class monitors, presented these tokens of gratitude.



Project Done By:

Ananya, Ian Poh Tianyu, Tan Yi Teng, Lee En Xuan Megan, Krishna Dev Jha, Roy Tay Hon Sze, Syakif Irhan Bin Amir, Rene Ang Jiayu (Hong Jiayu), Sofia Ruixin Nazhar, Tan Cheng Hong Charles, Wee Jin Abel, Chung Zi Kai Jalen, Shravan Chandrasegar, Grace Wong, Kayla Ang, Tan Enya, Isa Luqman, Liang Jiajun Isaac, Shervonne Tan Kai En, Yeo Zhuo Ying Jolie, Tan Wei Jie Alexandre, Goh Qihao, Nathan Sean Tan Jun Wen, Wang Hong Yao Wilbur, Daniel Benjamin Cheah, Dayyan Rizq Noraswan, Ironn Goh Ming Kai, Muhammad Nazheef Bin Saifun Naem, Xander Tan Zi Yun, Aidan Tan Tai Ming, Chui Meng Rui Ray, Kaven Menon, Lim Chun Kai Glenn, Yew Him Fun Emma, Koh Zhe Yu Darryl, Lim En Xu Keagan, Lim Joshua Ruo Shu, Nicholas Wong Yu Quan, Daniyal Haris Bin Syaifullah, Lee Yao Loong, Elloise Goh, Tan Zhuo Lin Jaylene, Gan Yi Cheng, Peh Wei En Jarrett, Tan Seng Choon, Chua Wan Qing, Emma Chua, Lee Yu Zhe, Lim Han Sheng David Jon, Emmalie Leong Ruo En, Gareth Ong Zhan Feng, Lit Ming Yao, Mika Fikry Bin Zulfikri, Nur Humairah Dayanah Binte Samsudin, Tan Wei Ting, Ezekiel Eng Cheng Yong, Law Zhe Yu Kael, Shen Ziyang, Aiden Lee Jun Heng, Nate Wong Qi Jia, Fun Le Jie Linus, Batrisya Amani Binte Mohamed Moghni, Kang Joe Sun, Roy Ng Peng Jung, Gabrielle Amelia Loh Shu Xian, Chao Viola Wen Yu, Lai Gui Rong, Adele, Lau Jia En Shannel, Lee Zhi Le, Tan Jia Ying, Erhan Daniyal Bin Harris Mulyadi, Irfan Aqeel Bin Imran, Muhamad Isyraf Bin Mohamed Yusri, Tan Hao En Jared, Clovis Goh Yen Loong, Lua Hong Xiang, Ryan Yee Jun Zhe, Ng Qihao Gabriel, Ang Kai Jun Javen, Nawfal Reizqyn Bin Mohammad Najib, Koh Rui Zhi Levi, Ella Joy Williams, Sara Safina Binte Imran, Tan Shi Qi Chloe

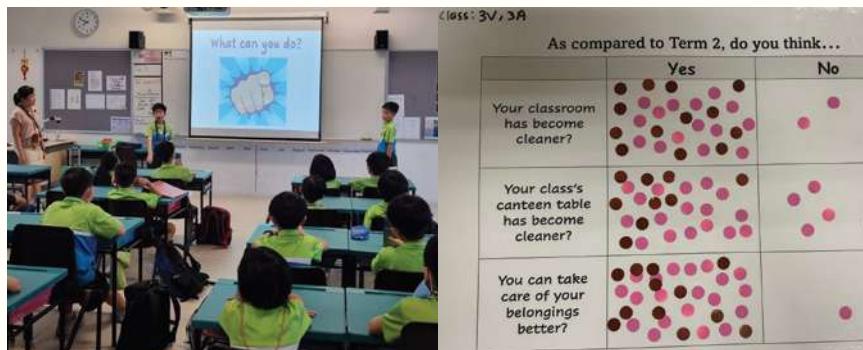
Temasek Primary School's initiative focused on fostering kindness and gratitude among students while recognising the contributions of support staff. Kindness lessons were conducted, with students writing notes of appreciation to their classmates to fill up a bucket poster. They were also given a booklet with suggested kind acts to do for their family and friends. Special activities during recess encouraged students to write notes of gratitude and create origami hearts for their loved ones. Students also collectively expressed their appreciation to the support staff by learning all their names and creating cards, artwork and heartfelt videos. These efforts culminated in a whole-school assembly, where the support staff obtained hampers and enjoyed the students' performances!



Project Done By:

Yip Zhuo Xuan, Chin Yi Hao, Chiang Yu Zhen, Reuben Tay Eu Hsuan, Jovian Sin Hong En, Kim Yeji, Qiu Yue Zhen, Nur Anisiah Binte Muhammad Azhar, Heng Ling En Arielle, Nur Rykiesha Binte Mohammad Remie, Chong Ning Xuan Sherice, Nur Dania Ellysya Binte Mohammad Fadly, Chong Yu Chen Hazel, Loke Yu Yuit, Jayden Leong En Kai, Machado Jordan, Aung Minn Thant, Muhammad Naqeeb Bin Mohamad Hadee, Chua Si Qi Hazel, Kong Wei Ling, Michael Ray Sutedja, Angela Yap Yan Qi, Jarron Tan De Sheng, Zhang Yafei, Katryn Binte Effandi, Lin Chang, Lahiri Arushi, Tan Zhi Xuan, Rauzat Ahnaf Amin, Bezawada Aashrith, Bommakanti Ananya Lakshmi, Tan Tok Ngian, Nur Fasihah Aishah Binte Hafiz, Law Xiao Hong, Isa Tiong, Piranad Green, Mendiola Leila Rei Marasigan, Zahra Adriana Binte Zakee, Chun Tek Xuan, Ng Zhi Xuan

To foster kindness, appreciation and respect within the school community, Unity Primary School celebrated Friendship Week and Support Staff Day! During Friendship Week, students engaged in a range of exciting booth activities involving writing appreciation notes on flower cut-outs, solving jigsaw puzzles blindfolded with the help of a friend and handcrafting heartfelt gifts for friends. They even got to enjoy having their pictures snapped in a photobooth! Support Staff Day involved every class preparing thank you cards for support staff, recognising their contributions to the school experience. The cards were then presented to the support staff on the celebration day.



Project Done By:

Chin Jing Jie Evan, Richard Tan Zhi Xuan, Wang Shu Han Vera, Yeo Jun, Nathan, Nur Alicia Binte Muhamad Rizal, Oscar Chua Junxuan, Leia Yasmin Binte Sahril, Nakkina Siddharth

Valour Primary School initiated their project to instill personal and social responsibility in its students. The project focused on cleanliness and personal belonging awareness, incorporating presentations, poster and sticker design and IT skills. Presentations on the topic were conducted to the P3 students over 5 weeks during morning assembly. To further reach out to all six levels in the school, eye-catching posters and stickers designed by the students themselves were displayed in classrooms and on canteen tables. Post-project reflections and follow-up checks showed positive changes in students' behaviour, fostering a cleaner and more responsible school environment!



Project Done By:

Alenasha Jennahayu Iman, Avenia Derish Yharainara Setyahadi, Danish Aaron S/O Kunasaigaran, Kimberly Tan Li Jie, Loh Si Kei Dione, Saligumba Ianna Carina Garcia, Chloe Leong Lok Man, Chua Hai An Jet, Chua Kia Hoon, Hofilena Nathaniel Ignazio Gumban, Ian Donovan Chua Jia Nuo, Jenevieve How Si Hui, Lim Jia Jun Jayden, Ooi Yi Heng, Phyo Thiri Khine, Soon Le En Levance, Steffi Tang Qi Fei, Chrisanthi Esther Thomas, Lim Jia Hui Jolin, Lim Lin Xuan Eva, Lim Lin Xi Ida, Ling Sheng Han, Tan Hong Yi Jayden, Bryan Soh Yi Kang, Cassandra Chau Zhi Yew, Dexter Tew Zi Kai, Evelyn Ng Jing Yin, Muhammad Darwisyy Bin Mohammad Firdaus, Nicholas Lin, Yuvanesh Kumaran S/O Saravanan, Kaiser Muqbil Bin Rohaizad, Liu Xuanye James, Octavius Lim Kai Xiang, Nabel Omar Chavez, Kwan Siu Leong, Azizah Azahra, Isabella Robyn Muhammad Muttakin, Nizar Zulfikar Bin Zulkarnain, Rakshan S/O Nagendran, Tejeshwaar Madhana Kumar, Chua Junyu, Ganesan Santhosh, Muhammad Nirza Ashmie Bin Muhammad Najib, Gitesh Miitesh Swastikzz, Amani Balqish Binte Rohaizad, Goh Pei Ning Renee, Bhavana Parthipan, Khoo Gotchanun Sem, Muhammad Akram Bin Muhammad Asri, Corliss Choo Chia Yee, See Toh Yuan Xin Ryan, Tung Hong Jiang, Zhang Kaiqi, Lionel Soh Chung Hei, Theyvnedumaran Abisha, Lim Cheng Yi, Maharajan Neya, Aleena Lim Yu Tong, Thrishala Keerthika D/O Bala Subramaniam, Florence Tan Yean Ling, Hing Yu Qing, Zahidha D/O Nisardeen, Ng An Lee Cody, Loh Ee En, Sharvesh Kumaran S/O Saravanan, Muhammad Ad-Zafar Bin Muhammad Addin, Chai Jia Zhe, Mohamed Akhtar Marecar Bin Yassin Marecar, Cheng Fang Yen Gina, Dina Istiqamah Binte Abdullah, Chua Zhuo Yu Jovann, Victor Low Kai Xun, Khaw Wen Han, Jayden Ronak Mariados, Chrisanth Elijah Thomas, Chloe Tan Yao En, Choh Xin Rou, Kayden Jiang Zhengjie, Cael Effendi, Alden Lim Yu Teng, Ethan Lim Yi Jie, Govindasamy Aakash, Nu'Man Azfar Bin Mahammad Fhirdaus, Chew Jing Kai Kenneth, Guo Jinhao Sirius, Izz Zafran Bin Muhammad Hafiz, Nadine Elise Lao Benedicto, Kenneth Tan Kai Peng, Chui Hong Yui Wesley, Chang Xin Yu, Nisa A'Reesya Binte Al'Feeyan, Edmund Goh Guo Bin, Benson Han Wei Kiat, Guo Renjie, Prabhu Ahana Rajeev, Munishwar S/O Dinesh, Tan Xun Yong Javier, Huang Yao, Deng Yufeng Lebron, Vennice Low Zhi Huan, Tyrael Xander Gan, Aiden Cheok Jia Yi, Ker Xuan Rui Charlotte

Wellington Primary School launched their project centred on "To Be a Better Me" with the goal of nurturing values like kindness, empathy, and respect in students. P1s participated in the "Clean Plate Campaign", which distributed 1000 stickers to students and had them create posters to raise awareness about food wastage in the school's canteen. P4s extended their kindness to the Merdeka generation, partnering with seniors from nearby centres for National Day celebrations and organising food donations involving the whole school. The scouts promoted positivity by painting inspirational messages on rocks, spreading kindness throughout the school. Finally, presentations were conducted to students to promote the Kindsville booklets and the activities inside!



Project Done By:

Reyes Seow (6D), Edrianna Putri Mohamad Fadzly (6D), Widi Arya Bin Muhammad Khairul Nizam (6D), Belinda Tay (6E), Caelyn Tan (6E), Abigail Ng (2G), Chloe Tan Yan Lin (3D), Cao Jiaxin (2F), Sameerah Binte Mohammad Jamal (6D), Eusuf Mikail Tan (6C), Jaseena Binte Johan (4D), Sarah Hani Binte Muhammad Imran (4E), Muhammad Mishary Is-Haq Bin Mohamad Fadzli (2A), Nur Afina Aleesya Binte Muhammad Fadhil (3B), Lovelle Seow (5D), Chua He Quan Isaac (4D), Evelyn Chu Yi An (4C), Chen Shijie (1G), Varen S/O Shankar Ganesh (3E), Yeo Chen Kai, Reon (4E), Chee Le Xuan Madelynn (4E), Linus Tang Kai Han (5F), Kumar Krithick (6C), Lin Shu Ling (3A), Hamza Bin Nuriskandar (3B), Kee Chee Fong (3C), Lim Le En Bryan (3D), Akshekha Mohanraj (3E), Lim Kai Ze (3F), Chanice Toh Zi Ning (4A), Callum Low (4B), Chouta Samitha (4E), Kaelyn Wong Shi Ning (4F), Shambavi Narayanan (5A), Sharleez Binte Ahmad Hakim (5A), Gangisetty Sai Srihan (5B), Wu Peizhi Mikko (6D)

West Spring Primary School embarked on a project to encourage students to take ownership of their surroundings and contribute positively to their family, school, and community. The project rallied students to contribute ideas on practicing personal and social responsibility, and presentations on the topic were conducted during assembly. Teachers were encouraged to highlight responsible behaviour during lessons. Selected CCE leaders and Champions then led their classes to learn more about the topic with activities from Kindsville and A-OK! Magazines. The project also involved hands-on learning experiences, with selected students getting the opportunity to interact with SMRT service ambassadors. They then shared their learnings on kindness and graciousness on public transport with their schoolmates!

Understanding The Aged Through Deepening Friendships



Project Done By:

Ding Ke Ying, Chia Xin Yu, Zoey, Lim Zhi Hong, Venkatesan Saraniya Krish, Ysabelle Simera Santos, Ko Qi Man, Ashley, Joshua Jebaryan S/O John Shankaran, Kenneth Lai Pang Kit, Becky Annisa Kelasworo Tarigan, Lovey Wong Choy Ying, Haifa Daneen Binte Abdul Aleem, Ong Yu En, Hani Huwaida Binte Hasmizul, Sim Yan Jie Tierra, Aeryn Ang Wai Ching, Inayah Aqyshsha Binte Omar, Nur Hafizah Binte Mohd Haslan

In a warm and welcoming environment, 17 P4 students from Westwood Primary School's Art Club and Prefectorial Board created tape sculptures with elderly residents at Fei Yue Active Ageing Centre (Teck Whye). The project aimed to highlight the value of elderly contributions to society and encourage interactions between the elderly and children. The students guided the elderly through the creative process, fostering connections and laughter. Most of the elderly took home sculptures crafted with the students. After the activity, two student representatives shared their learning experiences and insights on how to interact with the elderly with the rest of the school!



Project Done By:

Parthiv Kiran Vanukuru, Himasri Nelakuditi, Gauri Kiran, Nithisha Ganesamoorthy Ashokraj, Gowdham Gobalakrishnan, Nakshatra Ravikumar, Avyukth Yepuri, Jaivardhan Busarla, Kanvi Sri Krushna Sai, Tharunika Natarajan, Ko Aadhil Saravanan, Abel Pious, Shabish Prabhakaran, Suhas Sai Chapram, Mohammed Arshan Janwadkar, M. Hanish Reddy, Natasha John Samvel, Bhargavi Arjunan, Merlin Ruben Ruffina, Guberra Srisai D, Zoha Rayyan Shaik, Lohit Tarun, Kavin Vijayalakshmanan, Afifa Anjum Syed, Rumaisha Nawira, Ganta Manoj, Hanish Kartikeya Muppala, Dakshithaa Mahendran Kalpana, Ishani Sharma, Vishvesh Venkatesan Iswarya, N. Pranaveega, Bhavik Reddy Maccha, Megha Varshini Mantri, Tvisha Biyani, Shivansh Jha, Vedith Reddy Chinnakka, Pabolu Vihaan Karthikeya, Chirravuri Sri Sai Sasank, Pragadhi Shanmugapriyan

Wise Oak International School (Primary)'s project aimed to instil appreciation, respect, and core values in students while fostering a positive and caring learning environment. Students took part in numerous activities from January to July, including cultural celebrations via interactive presentation sessions, participating in an E-waste recycling effort and spring cleaning the school premises. To commemorate Earth Day, they visited the NEWater site and took part in beach cleaning activities. The project also included Mother's Day activities and a Father's Day tribute. Students had the opportunity to express gratitude to teachers, peers, and transportation providers via creating cards and compiling videos. They also fostered a charitable mindset through fundraising for vulnerable children!



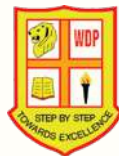
Project Done By:

Arman Singh, Syaura Qaisara Binte Rizaidi, Joey Xu Zhixun, Vinith S/O Kandhan, Muhammad Izz Rayqal Bin Muhammad Faizal, Queck Jing En, Koh Li Xin, Naufal Uwais Bin Muhammad Hotib, Arielle Toh Yong Qin, Chong Xin Tong, Boey Qian Yue, Dong Jiayi, Khayra Aamira Binte Mohamed Sophian, Pakkirisamy Inbasri, Agga Phyto, Zhong Wenqi, Ahmed Inaya, Vemulamada Tanishi, Chong Jing En

Woodgrove Primary School's project aimed to encourage Woodgrovians to brighten others' lives through small acts of kindness while upholding the school's values. Students celebrated the school's non-teaching staff with A2Star Day, where interviews and posters were created to highlight their contributions. Classes also created gratitude scrapbooks for school staff members, fostering appreciation for their work. To welcome students back to school after the June holidays, a Welcome Back photobooth was set up to create a positive atmosphere, while a Happy Wall was created in classrooms to encourage and support students! Starting from Term 2, student councillors also took on the role of greeting all students in the morning.

Woodlands Primary School

Kindness Starts With Us!



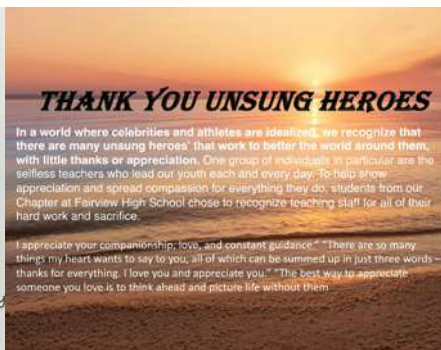
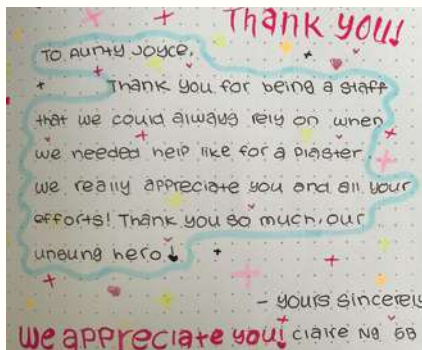
Project Done By:

Alphaeus Chai Cheng Jun, Au Yi Lin, Chew Zi Le Leah, Lee Yan Hui Sherise, Riley Jane Wong Sum Yu, Dorothy Li Yuchen, Loewe Tan, Misaki Hiroshima, Parineetaa Harikrishnan, Sharifah Nura Hana Binte Syed Natashrul, Eryna Fajriyah Binte Muhammad Azzli, Alicia Soh Jia Xian, Flores Samantha Clare Severino, Maghfirah Binte Mohammed Firman, Vanian Valappil Swathi Sasish, Rainie Zhou Yi En, Mahalik Aparajita Alama, Loo Qiao En Angel, Jagan Jothi Priya Mohith, Truth Jemimah, Lim Si Qi

“Kindness Starts With Us!” is a project by Woodlands Primary School to promote kindness and graciousness among students while appreciating school staff and pupils. Numerous exciting activities were organised, including a treasure hunt during recess, where students completed acts of kindness tasks to win prizes. A Kahoot Quiz with 15 questions was also conducted during recess, offering prizes to the top three participants! Publicity videos were created to promote the kindness project, and a Wall of Appreciation in the school canteen was put up for students to share words of appreciation and respectful acts. Kindness posters were also designed and put up around the school!

Xinmin Primary School

Xinmin's Unsung Heroes



Project Done By:

Lim Zhen Yi Jake, Vernice Ng Zi Jun, Koh Chee Kiat Brian, Ng Xuan Qi Claire, Kok Shi Min, Tan Shu Fan Jermaine, Viswanath Sanjana, Sri Varshini Iyappan, Tan Jing Qi, Seah Wei Sheng Tristan, Ayu Saffiya Jumat, Kiran Kong Siu Jo, Liew Pei Yun, Nah Xin En Abel, Sudhish Naidu S/O Lachmanan, Zhang Zhixiang Eden, Shimaz Shaheen

Through this project, Xinmin's CCE ambassadors learnt how to be confident leaders who contribute actively to the school community to guide and engage the school in greeting and acknowledging contributions of non-teaching staff members on campus. Students were encouraged to appreciate the invisible efforts of school attendants and office staff, through personalised thank you cards, and this will hopefully translate to them being kinder in their interactions with others.

I CHOOSE KINDNESS: EXPRESSING APPRECIATION AND RESPECT THROUGH ACTIONS AND WORDS



Project Done By:

Mendiola Avi Yohanna Estrella, Labrada Keith Laurence Lantajo, Yazhini Sivaprakash, Kiersten Yeo Xin Rou, Kamalagouni Sudeep Krishna, Muhammad Fakhry Bin Muhammad Syafiq, Htet Shwe Yee Aung, Khor Bi Ren Aubrey, Muhammad Mikhail Bin Muhammad Hanas, Ng Le Xuan Lezaine, Nurdina Binte Razali, Yahavi Golyan, Liong Yuan Xi, Nur Asyalina Risqin Binte Riduan, Sherlynn Ho, Lim Kai Wen, Muhammad Akid Dzafri Bin Muhammad Isa, Muhammed Syakir Tan Bin Arshry, Darji Kahaan Ramkrishna, Faris Daniyal Bin Faisal, Muhammad Raizzi Hilmiezan Bin Mohamad Noorali, Chiang Xuelin Shelynne, Lim You Rui, Farisya Maisarah Binte Muhammad Syafa'At, Muhammad Aireel Rayyan Bin Muhammad Sabree, Daneen Nur Inshira Binte Muhammad Shadiq, Nor Amanda Aqisyah Binte Mohammed Anwar, Eqa Nadira Yang Kai Wen Binte Adam Yang, Pa Tse Kai Sky, Breanna Goh Zhi Xuan, Nur Musfirah Raziqah Binte Muhammad Rozaidi, Tan Junjie, Singh Aparna, Nur Hana Shareen Binte Mohamed Faidsal, Low Lin Xi Lindsey, Muhammad Imran Bin Razali, Toh Jia Yi, Vimal Ruben S/O Vinod Kanna, New Yu Xuan, Kaitlyn Yeo Xin Shi



Project Done By:

Thoon Wathan, Swarnika Chakraborty, Pineda Ethan Rai Lorbis, Andriel Lim Yeu Hsien, Sathesh Kumar Sanjana, Haethika, Damien Rao Cheng Xun

By promoting personal and social responsibility through mindful play, Yew Tee Primary School's project "Be Calm, Play Safe" aimed to enhance student safety and awareness during Play@Recess. Student leaders worked together to develop presentations, create quiz questions and design posters to raise awareness about showing kindness through mindful playing. Through a morning assembly presentation, students were educated to exhibit kindness by avoiding unkind actions like pushing, shouting, or excluding others during playtime. The posters that the team designed were also put around the school's Multi-Purpose Court. Throughout the project, the ambassadors interviewed their fellow students during recess and checked their awareness of mindful playing!



Project Done By:

Gupta Avika, Annamalai Neranjana Sri, Archana Vidhyasagar Aaranya, Ganesh Srinithi, Lakshmi Narayan Gokulram, Gopalakrishnan Anitha Kaarthi, Sivakumar Bhagirathi, Parnika Mahadev, Raguprabu Varunya, Bhardwaj Aadhyta, Shanvika Mishra, George Sebastin Evangeline, Aadya Arun, Aherkar Suhani Shrikant, Sheela Shijo Hannah, Infant Christopher, Thakkar Pahal Hireen, Makesh Haya Krishnan, Palshikar Advay Kedar, Subash Aadarsh Aagni, Chavan Radha Sachin, Suresh Dharshan, Thumula Hemadri Thanieshkaa, Chandola Mishita, Adavan Tharani Kavinishri, Dave Sia Bhargav, Ingalagi Arna Ramesh, Rajbharath Ashmitha, Ghuman Hargun Kaur, Abhinav Erramreddy, Pithani Hasini, Parthiban Gurusaran, Mondal Shauryajit, Arun Kumar Sri Vishakan, Khandelwal Siddhi, Vijayakumar Neeshika, Narayanan Manikandan, Punugu Gnana Prasuna Sushmita, Mohammad Izaan Shaik Darga, Bisht Anika, Satalkar Avaneesh Gaurav, Jain Twisha, Joby Ethel Jose, Tambe Ridhan Vikram, Kumar Priyansh, Ragesh Rachana, Dey Rounak, Sheth Sushant Sagar, Sammo Jayin Tihemee, Baskaran Ananthi Madhushri, Agarwal Vihaan, Kancharla Shrihan, Karthik Amirtha, Sirohi Aryan, Pentakota Nithya, Boga Ninad Shriniwas, Digamarthi Mohith Suyya Kumar, Ashok Kumar Tharshan, Riya Maulik Doshi, Elayaraja Maheswari Santhosh, Balasubramanian Ganga Bhaagirathi, Oruganti Harshith Srivatsa, Aarya Patil, Narala Rishitha, Thiruvchenkadam Asmitha, Amirtharaj Prapthi, Chhavi Ravindra

Students at Yuvabharathi International School (Primary) created thoughtful gifts for their parents, grandparents and caretakers by making paper flower bouquets, posters, birthday cards and tote bags! The project, “Be the light that helps others see”, imparted the concept of respect and allowed students to recognise the impact of such behaviours on others. It also helped to inculcate values of gratitude and understanding. Students and their family members got to enjoy the activities and gifts together, which fostered intergenerational respect and appreciation.



Project Done By:

Chen Yiyang, Keith Ng Hong Han, Lim Chong En Lyon, Longid Gabriel Rhed Osea, Mohamed Ilhanshah Bin Kamarudin, Nawal Atteya Bte Mohammed Aisal, Arshan Nawwaz Bin Muhammad Hendra, Mohamed Nazriel Ilham Bin Mohamed Ismail, Muhammad Dani Aqeel Bin Muhammad Fazel, Muhammad Khayr Bin Muhammad Sani, Muhammad Ziqri Bin Muhammad Abidin, Nor Adam Bin Noorhadi, Tan Boon Kiat

This campaign was brought about to promote understanding of the cultures of different races, and to encourage participation in cross-cultural celebrations. Learning about the different festivities allowed the students to better understand and appreciate diversity among the different ethnic groups in Singapore. This helps to build stronger kindness and acceptance towards different practices and traditions from the various ethnic groups. For example, during the period of the Fasting month, students gained insight on the religious practices of their Muslim friends. Despite not understanding the act of fasting in the beginning, the students were able to show kindness towards their friends by not offering them food after learning about the reasoning behind fasting. Students were also involved in school decorations for various festivals, and were able to practice advocacy by packing and distributing cultural snacks and souvenirs to staff and students of different races in school.



Project Done By:

Wang Yanjing, Amanda, Myiesha Alya Bte Abdullah, Nadya Binte Ahmad Loqman, Julaiqa Binte Johari, Lee Cai En, Mahasri Paranjothi, Siti Nur Aisyah Supian Abdullah, Nurul Liyana Binte Mohd Arshad, Ling Hui Ru, Claris Khaw Le Ying

To start of the campaign, an assembly programme was organised to educate students about kindness. After which, students created beautiful compliment cards to be given to a home for the elderly. A class of students then travelled to a Home to deliver and give the compliment cards to the elderly. These hand-made cards aimed to not only encourage the elderly, but also to put a smile on their faces and make their day.



Project Done By:

Tan Shao Wei Denzel, Zayden Keow, Ong Kae Tzer Antoine (Wang Kai Ze), Muhammad Rifqi Asqalani Bin Muhammad Fauzi, Mohamad Hazzami Bin Mohamad Hiedayyat, Lee Li Xuan, Azfar Lutfi Bin Mohamad Fazlee, Low Zi Xuan, Ang Xin Yi Sasha, Muhammad Shan Hakimi Bin Mohamad Suhaimi, Yu Chisen Dommy, Chew Wini, Eshan Elhany Bin Sahwalludin, Ethaniel Lim Ming Heng, Zara Sufiya Binte Abdul Latiff, Nikita D/O Jayakumar, Teh Yi Feng, Tan Yi Ying Jace, Ryan Resh S/O Hareesh, Koh Jian Cong Jayden, Ashaz Bin Zulkifli, Aqil Zainal Abidin, Arnav Dubey, Suraj Indran Vijaychelvan, Muhamad Ruzaiman Bin Muhamad Rosli, Ler Xin Yi Ann Schenley, Yee Bo Han Prince, Phuan Yu Liang Kenryk, Shivani D/O Thiruvasan, Mikayla Wong En Qi, Nuh Aaron Qusyairi Bin Khairul Arifin, Nur Aqilah Binti Muhamad Fadhli, Ho Tian Le

With the central theme of 'Cyber Kindness', the key message of this campaign is that kindness can and should be exhibited on cyber space too. Apart from kindness in cyber space, two other areas have also been identified as learning outcomes for the different primary levels. They are cyber wellness and etiquette, and personal responsibility in cyber space. Through online platforms such as the school's eCampus, and Nearpod, students took part in interactive activities where they learned about the various aspects of CyberKindness. The Friend of Singa Ambassadors also designed bookmarks with unique QR codes for their peers to scan and interact with each other, reinforcing their leaning of CyberKindness.

FEATURED SCHOOLS (Secondary Level)

- 01** ACS (International)
- 02** Anderson Secondary School
- 03** Anderson Secondary School
- 04** Assumption English School
- 05** Cedar Girls' Secondary School
- 06** CHIJ Katong Convent
- 07** CHIJ Secondary School (Toa Payoh)
- 08** CHIJ Secondary School (Toa Payoh)
- 09** CHIJ Secondary School (Toa Payoh)
- 10** CHIJ St Nicholas Girls' School
- 11** CHIJ St Nicholas Girls' School
- 12** CHIJ St Nicholas Girls' School
- 13** Chua Chu Kang Secondary School
- 14** Compassvale Secondary School
- 15** Crest Secondary School

FEATURED SCHOOLS (Secondary Level)

- 16** Deyi Secondary School
- 17** DPS International School
- 18** DPS International School
- 19** Edgefield Secondary School
- 20** Global Indian International School (SMART Campus)
- 21** Hillgrove Secondary School
- 22** Hua Yi Secondary School
- 23** Jurong West Secondary School
- 24** Kent Ridge Secondary School
- 25** Kent Ridge Secondary School
- 26** Kent Ridge Secondary School
- 27** Kranji Secondary School
- 28** Madrasah Al-Ma'arif Al-Islamiah
- 29** Madrasah Al-Ma'arif Al-Islamiah
- 30** Madrasah Al-Ma'arif Al-Islamiah

FEATURED SCHOOLS (Secondary Level)

- 31** Manjusri Secondary School
- 32** Marsiling Secondary School
- 33** MINDS Towner Gardens School
- 34** Nan Hua High School
- 35** Naval Base Secondary School
- 36** New Town Secondary School
- 37** North Vista Secondary School
- 38** North Vista Secondary School
- 39** North Vista Secondary School
- 40** Orchid Park Secondary School
- 41** Pathlight School (Secondary)
- 42** Presbyterian High School
- 43** Raffles Girls' School
- 44** Raffles Institution
- 45** Raffles Institution

FEATURED SCHOOLS (Secondary Level)

- 46** Raffles Institution
- 47** Raffles Institution
- 48** Springfield Secondary School
- 49** School of Science and Technology
- 50** St. Anthony's Canossian Secondary School
- 51** St. Gabriel's Secondary School
- 52** St. Margaret's School (Secondary)
- 53** Tanjong Katong Girls' School
- 54** Tanjong Katong Girls' School
- 55** Woodgrove Secondary School
- 56** Woodlands Secondary School
- 57** Woodlands Secondary School
- 58** Woodlands Secondary School
- 59** Xinmin Secondary School
- 60** Yusof Ishak Secondary School

FEATURED SCHOOLS (Secondary Level)

61 Yuvabharathi International School

62 Yuvabharathi International School

63 Yuvabharathi International School

ACS (International)

Pass It On



CHALLENGE:

Can You Pass It On?

Tomorrow, Thursday 9 Mar:
If you receive this sticker -
do a kind act, pass it on

SCAN THE QR CODE
AND DESCRIBE YOUR
KIND ACT!

ATTRACTIVE PRIZES
TO BE WON!

KINDNESS DEBT

Pass it on



and tell us
about it!

Project Done By:

Luke Xavier Carter, Ethelyn Huang Meici, Aditi Gupta, Alycia Chan Wen Xin, Amanda Lim Huimin, Ashley Chan Jia En, Athena Peh, Audrey Zee Yuet Yi, Haeram Choi, Isabella Ang Jingxuan, Kayla Goh, Jia En, Lauren Jen Lin Low, Melody Lee Yun Shyan, Nicole Molenberg, Rachel Choo Ying Hsuan, Yun Seojin, Song Yu, Tomomasa Masuda, Wen Yifan, Yutika Dhar, Zoya Khawaja, Devang Ranjith Menon

Student leaders in ACS initiated a project using 'Pass It On' stickers to kickstart a series of kind acts amongst the student population. When handing out the stickers, student leaders said, "One good turn deserves another", driving the focus to circulate and pass on greater acts of kindness to more peers or juniors. Notable acts of kindness from students were also rewarded, establishing a kind and positive school environment where efforts to be kind were recognised.



Project Done By:

Hilary Yeow Yun Shan, Koh Pei Shan Vianne, Lim Jia Yi Joey, Zhou Yuanyuan, Low Rui Ning Reanne, Jaena Wee Yi Xuan, Annadurai Pugazhini, Trina Ong Xinhui, Betsey Aimee Huang, Palanichamy Tharini, Lee Ailin, Ashwin Chiyyarath Sajeevkumar

With a focus on how small actions can negatively impact others, student leaders created comic characters with distinctive personalities to raise awareness for rude behaviours like saying mean words. On the flip side, a series of booth activities i.e., Ping Pong and Lucky Draw were designed to evoke small kindness acts that can positively impact others. Lastly, student leaders conducted a mini skit to reiterate the ripple effect of both negative and positive small actions on others.



Project Done By:

Faheemah Shifa Binte Mohamed Faizal, Janani Balamurugan, Arwan Satya Lee, Jobelle Goh, Lim Xuan En, Lee Jun Da Darrien, Ameyaa Nambiar, Joelle Lim, Go Rae Anne, Ho Shu Ting, Soh Yu Xuan Ashlyn, Kong Zhen Yu

Recognising that hidden heroes were not appreciated enough, student leaders commenced their project with a skit demonstrating the importance of showing gratitude e.g., how a simple word of thanks can brighten up the staffs' faces. Gratitude notes and origami activities were also conducted for students to convey their words of appreciation to the hidden heroes. Interestingly, a TikTok video competition was held to motivate each class to illustrate the best expression of gratitude for the hidden heroes.

Assumption English School

AssumptionKnights Forever, Appreciating YOU!



Project Done By:

Gregory Goh Xuan Hong, Lim Wei Qi, Belle Tan Hui Xin, Kayla Woon Li Ting, Udayakumar Tamilamuthan, Monteverde Francine Lara Tangcangco

Student leaders arranged an all-day celebration on July 3rd, Youth Day, to honour youths in their school. This project promotes a sense of unity and goodwill among students through interactive teaching, peer appreciation activities, badge designs, school cheer challenge, and an after-school party with games and food stalls. It emphasises the importance of valuing and respecting one another, building the AssumptionKnight spirit, and cultivating great memories throughout their school journey.



Project Done By:

Qistina Maisarah Binte Muhamma, Ng Ha Kwong Iris Li Yi, Akshara Visvanathan, Sharleez Aleesya Binte Muhammad Remizan, Avrillyn Chui Yu Yan, Guan Yuxuan Kiara, Tan Chu Ting Gina, Tvisha Purushotta M Naik, Yaw Xin Yi, Chloe, Caitlyn Lam Mun, Clara Tan Hui Xuan, Elsa Ong Song En, Haeley Ng Li Meng, Rajan Joshitha, Sophie Tian, Dhrithi G Deepak, Tan Cheng Lin, Lim Yu Tong Abigail

Understanding the challenges the elderly face in utilising regular market trolleys, Cedar student leaders developed a modified trolley. The cart has four wheels for ease of movement, a waterproof and folding canvas to protect goods, an adjustable chair to reduce tiredness, and an insulated compartment to keep food warm. Students also created a promotional video to explain how the modified trolley would enhance the shopping experience for the elderly.

CHIJ Katong Convent

Kindness@KC

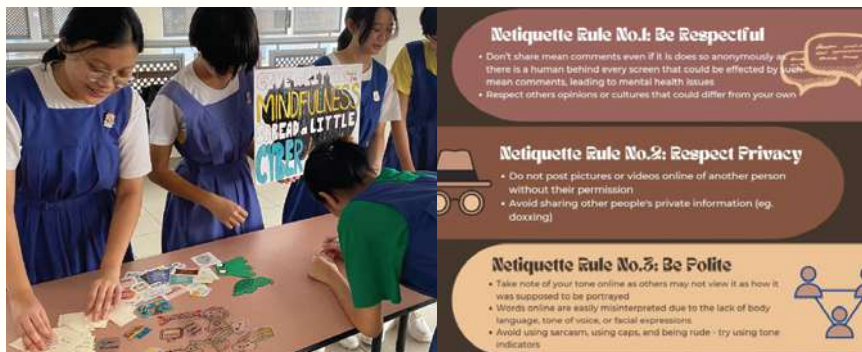


Project Done By:

Oh Elizabeth Johanna, Chin Hiu Kei Faith, Ellsa Foo Ya Xuan, Amanda Gayle L. Endaya, Park Yoo Jin, Nur Ariqah Zainudin, Vera Lim Min Qi, Sandra Lin Si Zhen, Melissa Lin Hui Dowideit

The Kindness Campaign at KC involves teaser releases, podcasts, and engaging Instagram posts. A BINGO challenge encourages acts of kindness and self-care. Each week is also dedicated to a specific aspect of kindness: Kindness to Community, Kindness to Self, and Empathy & Respect. Aligned with the 2023 theme, "Love One Another," the initiative aims to tackle underappreciation and lack of respect among students, fostering a compassionate and respectful school environment.

Give A Little Mindfulness, Spread A Little Cyber Kindness



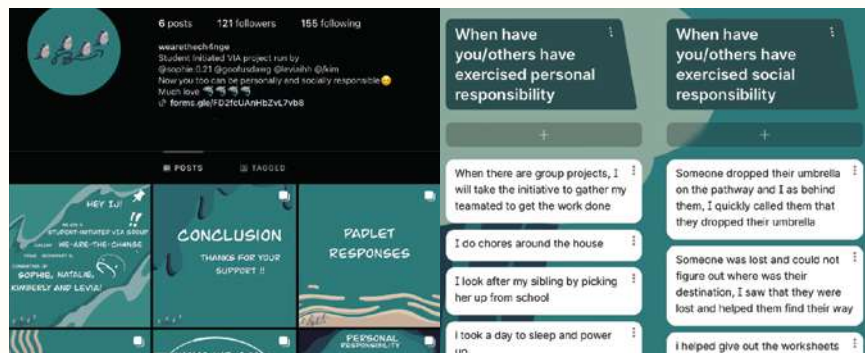
Project Done By:

Ong Wen Qi, Sarah Yee Shui Mun, Yeo Hui Ting, Li Xinle, Phua Li Ye Takeuchi

This cyber kindness campaign aims to combat cyberbullying using posters, morning talks, and informative infographics. Podcasts discussing impacts and solutions will be shared, emphasizing the need for cyber etiquette. A quiz engages the audience, highlighting the importance of raising awareness. Questionnaires encourage reflection on actions, fostering advocates against cyberbullying, especially in adults. The campaign ran during June and July, promoting a safer and more respectful online environment.

CHIJ Secondary School (Toa Payoh)

We Can Be The Ch4nge



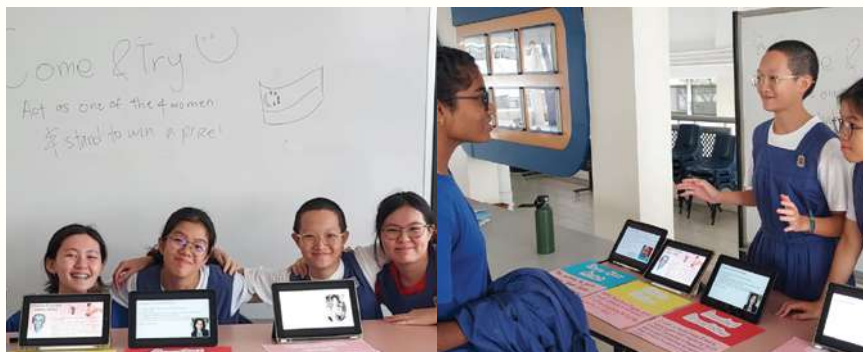
Project Done By:

Natalie Ong Ying En, Sophie Lucinda Lee Sook Yee, Levia Huang Ai Hua, Khoo Shuen-Ann Kimberly

This initiative focuses on promoting social and personal responsibility awareness. With an Instagram account, the campaign aims to elucidate the significance of responsible behaviour. Weekly posts will cover various aspects of responsibility and examples of responsible actions. An interactive Padlet will also be shared to encourage students to share any experiences and questions. The campaign concludes with a recap post, promoting a culture of responsibility within the school community.

CHIJ Secondary School (Toa Payoh)

Understanding Diversity



Project Done By:

Ella Goh, Yeneer Er, Grace Angelina Tjengal, Grace Chow Tze Qi

This campaign promotes racial harmony and cultural understanding in Singapore. It shares information about the festivals, attire, and cuisine of the four main races (Chinese, Malay, Indian, Eurasian) on Instagram. Kahoot quizzes are organised to engage students and top quiz participants are rewarded with prizes. Collaboration with the various student groups resulted in exciting skits and game hosting. Such interactive activities successfully encouraged continuous engagement and cultural education.

CHIJ St Nicholas Girls' School

Cyber Week



Project Done By:

Chia Choy Ann, Tay Hui Xin Claire, Amelyn Lee Li Xin, Ding Yeng Ning, Dou Peiqi, Olesya Tiffany Koe Mei

Focusing on cyber kindness, this campaign emphasises the need to nurture positive online behaviour beyond simply discouraging bullying. Themes include combating fake news by promoting critical discernment and encouraging racial harmony. The initiative employs various channels such as Instagram, posters, and a Telegram channel to educate and engage the audience. Next, recess booths and challenges aim to spread awareness for Racial Harmony. A racial pledge solidifies the commitment to online kindness, involving diverse school groups to champion this vital effort.



Project Done By:

Adelia Ong, Celine Choo Yan Leng, Claire Law, Quek An Xuan, Shyanne Lee, Yap Zi Qi

This campaign addresses diversity awareness in a predominantly Chinese school. It utilises social media, booths, quizzes, games, and podcasts to educate students about interacting respectfully with those from different backgrounds, addressing misconceptions and fostering empathy. An example involves interactive booths with coloured boards presenting materials for engaging discussions. Quizzes via QR codes assess understanding, and weekly fun-fact posts on social media provide insights. Pledges against casual racism and post-it notes on boards drive home the message of kindness and inclusivity.



Project Done By:

Sophia Elizabeth Tan, Lee Xing Hui Rachel, Liew Jia Qi Jenna, Sherrie Chan Mei Yan, Yee Hui Xin Nina

The initiative champions neighbourliness, fostering unity and understanding among residents, transcending age and citizenship barriers to cultivate harmony within communities. To reignite community spirit, physical campaigns like "Games Day" and a digital Instagram campaign (@friendlyhoodies) are planned. The physical event involves engaging activities like "Throwing Hoops" and "Human Knot," encouraging interaction. A Bingo game, encouraging small acts of kindness, aids participation, making neighbourhoods livelier and more inclusive. This initiative bridged gaps and encouraged connections, creating a sense of communal belonging.



Project Done By:

Gabriel Ng, Tan Yu Ming, Satheesh Kumuthini, Nicole Gay, Capuno Jean Gabrielle Javier, David Lau Kah Yik, Lucas Ng Yu Qing (Huang Yuqing)

"Kindness Week" amplifies gratitude for overlooked non-teaching staff who crucially contribute to a conducive school environment. Student Councillors utilized Kindness Week, presenting each non-teaching staff with a gerbera daisy, a gratitude card, and a cookie. Interviews were compiled into a presentation and shared with the school community during morning assemblies. This campaign prompted appreciation and mindfulness, urging students to value and maintain school amenities continually. Also, peer-to-peer appreciation were encouraged by crafting heartfelt messages on SKM 'Thank You' cards.



Project Done By:

Alina Heng, Chloe Liao, Khloe Tan, Samuel Ang

In today's digital landscape rife with cyberbullying, cyber well-being is increasingly at risk. Focusing on creating safe online environments and promoting cyber kindness is crucial. The campaign stresses the importance of online etiquette, aiming to enhance communication and encourage respectful behaviour. Utilizing platforms like Instagram, the initiative aims to heighten awareness of netiquette. Encouraging students to share acts of kindness and positive messages reinforces the cause, striving for a digital community rooted in compassion and empathy.

Autism Awareness (Semester 1) & Thanking Our Unsung Heroes (Semester 2)



Project Done By:

Kang Yan Xi, Chee Hieu Minh, Ryan Tan Kai Bin, Jake Ryan Ng Kai Sen, Liew Jun Yee Darius, Ten Kai Hong Titus, Lucas Chan, Muhammad Sharizal Bin Othman, Sng Lee Yan Angela, Wee Jie Le Caleb, Marshal Hedesh Rafeal, Yap Jun Liang Jensen, Farisah Syafiah Binte Farid, Kam Xin Ying Sabrina

The projects converge Autism Awareness and Honouring Unsung Heroes. Project 1 educates about autism and advocates for inclusivity. Project 2 appreciates the school's non-teaching staff. The campaign kicks off with pre-recorded videos and image collations during assemblies. Autism Awareness Day features booth activities and student art projects. Each class devises unique gestures to honour unsung heroes. Lastly, classes express gratitude through messages and performances during Character and Citizenship Education (CCE) lessons, fostering empathy and unity within the school.



Project Done By:

Sherilynn Peck En Lin, Breyven Ong Xiang Jun, Choo Wee Kiat, Vivian Boo Hui Ru, Kumaran Tanya, Law Wan Xuan, Li Xuan Cheng Shaun, Skylyn Ang Hui Ling, Verlyn Ong Hui Lin, Lai Si Yu

The project aims to cultivate respect and appreciation for hawker centre cleaners. It emphasizes acknowledging their efforts and eradicating professional stigmatisation. Targeting Teck Ghee Court Food Centre near Deyi Secondary School, the initiative offered kindness packs and notes to express gratitude. The campaign also encompassed educational infographics such as tips on respectful dining behaviour at hawker centres and social media dissemination to advocate for respect toward these essential, often unnoticed, hawker centre cleaners.



Project Done By:

Prisha Shrivastav, Kannan Murugapandian, Yashneil Talasu, Siddharth Suriyan, Charan Vishnu Bayana Boyana, Bavallore Lekha Shree, Anushka Tomar, Parul Gupta, Shruthika Rajesh Karthik, Joann Sarah Gibu, Mudit Mahajan, Akshita, Manya Gupta, Tanvi Kachhwaha, Santosh Subbiah, Shaurya Goel, Harshitha Devi

Diversity enriches society, workplaces, education, and communities, encouraging mutual understanding and respect for everyone's uniqueness. To advance this cause, student leaders planned impactful activities, including thought-provoking posters, engaging storytelling sessions, and a lively superhero design competition. Additionally, they plan to produce a short educational film. These endeavours aimed to foster understanding, appreciating uniqueness, and debunking stereotypes. Through mascot making and encouraging intercultural friendships, student leaders strive to weave a rich tapestry of inclusion and understanding.



Project Done By:

Rishi Vishnubhatla, Sarvesh Supe, Shaaswathi Sridhar, Thanisha Mugundan, Ashreta Sundhararaj, Venu Sathwik, Inaya Tokre, Abhivandya Praveen, Vijay Kumar Venkatesh, Madhav Garg, Meetansh Kumar, Lakshmi Srinija Chintalapudi, Ranchana Rameshkumar, Sameer Yassin, Niya Sabu Maliyil

Acts of cyberkindness, such as online support or uplifting messages, embody genuine compassion. These gestures can profoundly alleviate feelings of depression, aggression, and loneliness. This campaign aims to amplify this impact through engaging activities: designing posters, BINGO, gallery walk, and a street play. These interactive and visually engaging activities inspires students to embrace and promote compassionate online behaviour whilst providing an avenue for students to display their creativeness, making the campaign's message more memorable and actionable.

My Gratitude Adventure (Edgefield SENSE Programme 2023)



Project Done By:

Secondary 2 – Megan Low Mei Chen, Alisson Cheng Min Rui, Lin Yun Jing, Matthias Hoon Jun Yi, Yen Zhi Rong, Aarti Reddy Konikanti, Emmanuel Yap Sheng, Ryan Chia (Xie Boshen), Gregory Benjamin, Isabelle Tay Xuan En, Lee Xin Ying Phebe, Low Jiaa Yeh Jannis, Madhan Gautam, Leong Ka Yan Tricia, Feiyaz Noshaba Binte Mohamad Fadzli, Flarel Chai Zi Xian, Ashlie Koh Wan Qing, Ng Jun Wei Jovan, Jadyen Koh Yuan Qi Locanas, Francesca Maria Gabilan, Low Zhe Wen, Natalyn Lim Wei En, Miki Yap Jia Min, Ng Pui Teng, Jayden Sng Yin Tao, Lakksh Vishal, Foo Fang Ying, Sim Kee Min

Secondary 3 – Bernice Chen Quan En, Ng Qian Yu, Rishita Kotra, Jacelyn Goh Zi Wei, Shermaine Chong Wan Ying, Yong Xuan An, Tan Yi Xuan Nicole, Sim Xiao Jun Jayden, Rai Bhavya, Leong Jun Xi Xavier, Woo Jia En, Adeel Muzaffar Khan Bin Farouk Khan, Nitin Prasanth, Lai Xing Ting Giselle, Charitha Are, Muhammad Firdaus Bin Affendi, G K Leyshan Desmika, Wee Kai En, Ng Ruo En Jeslyn, Huda Izz Ong, Dzul Ihsan Bin Isnor Dzulkaranain, Jolin Teng Lee Xuan

The "Embrace Gratitude" initiative prioritises cultivating gratitude among students for a happier, resilient, and united community. Engaging activities include Gratitude Bingo and themed songs, involving all students. Specific efforts for Secondary 2 students focus on a special 30-day gratitude project in which students fulfil a variety of gratitude quests over the course of a month, promoting a habit of appreciating and expressing gratitude. Overall, the program instils values of kindness and appreciation, enhancing mental wellness and building a gracious society.

Choose Kindness Choose Gratitude



Project Done By:

Meenal Maheshwari, Shloka Deb, Swetha Raj, Rohan Santhosh Nair, Debasmita Roy, Ananya Krishna Prasad, Madhav Krishna Prasad, Saumyaa Sengupta, Aryaa Anoop, Advik Chakraborty, Ayush Mane, Anusha Khandelwal, Dhanshree Bhuvanesh, Daksh Kashyap, Gadhadharan Hareesh, Garv Mahajan, Harshi Garg, Harshith Shivakumar, Joanna Kalra, Johann Genu John, Kamaraj Devadharshini, Pankhudi Shrivastava, Roshini Paramasivam, Vigaash Prabu, Vihaan Abhyankar, Pavithra Subramaniam, Uday Singh Yadava, Anuthaman Krishnan, Diya M, Tanvi Tantri, Daksh Anajwala, Vivek Vardhan Raj Tolapi, Andrea Vijyantika Sivakumar, Aarav Agrawal, Anne Gabrielle Galla, Saket Reddy Vanga, Bibhas Nanda

Fostering appreciation and respect among students is pivotal for creating a positive community and nurturing a grateful, compassionate generation. The initiative involves concrete actions like creating gratitude corners in classrooms, distributing appreciation cards to support staff, making kindness bookmarks for new students, and presenting greeting cards to newcomers. Additionally, goodie bags will be given to ad-hoc staff, reinforcing kindness and gratitude as fundamental values essential for a harmonious and empathetic society.

**Project Done By:**

Dey Supriti, Tan Sze Yu, Lee Zhi Xuan Sophia, Wan Po Jing Elina, Class 1-5' 2023, Class 1-7' 2023

Hillgrove Secondary School annually celebrates Staff Appreciation Day, recognising teachers. However, vital figures like the General Office staff and canteen vendors often go unnoticed. To address this, students initiated a project to shed light on their roles and experiences. The initiative includes detailed interview sessions, creating informative video clips, preparing personalised Thank You cards and snack packs, organising interactive games sessions, and culminating in a heartfelt presentation of these tokens during the Staff Appreciation Concert.

Hua Yi Secondary School

Ripples Of Kindness Within Hua Yi



Project Done By:

Vevina Teo Xin Ling, Lucas Tan Teng Heng, Lutfil Hadi Bin Muhamaad Saiyit, Koy Sin Hwee, Goh Pei Zhen, Wang Xinyi, Lim Shi Ting Venus, Choo Tian You Dagan, Nur Falisha Binte Ishak, Ng Li Ying, Jerald Wei Enn'ci, Bryston Ro Xuan Feng, Zhu Xin Yan, Tan Yaojie Jonathon, Chang Zee Qian, Wang Ruo Ting, Nur Md Muhaimin, Er Ming Yao Emelyn, Hong Zhan Xiang Authur, Calista Chu Xi Ning, Anisha Dewi, Koh Jing Fang, Danish Zickry Bin Lukman, Brandon Low Yi An, Hoo Yun Ni, Pang Cheng Heng, How Juin You, Toh Zi Xuan

The campaign promotes a harmonious environment by appreciating and respecting non-teaching staff through engaging activities. Students actively acknowledged the roles and contributions of these staff members. They created gratitude collages, incorporating artwork and written notes expressing their appreciation. Additionally, students produced videos illustrating gratitude, showcasing both spoken words and drawings. These activities aim to boost morale, create a positive atmosphere, and nurture empathy among the school community. This fosters a culture of respect and appreciation in Hua Yi Secondary School.

Jurong West Secondary School

Let's Fossilise Online Aggression!



Project Done By:

Lau Wan Yee, Neo Kai Jin, See Meng Tung, Ang Jia En Shayanne, Nidhi Somashekar, Afreen Faezah Bin Mohamed Ali, Doris Ng Le En, Shahina Nabiha

To gauge peers' understanding and awareness of cyber issues like cyberbullying, student leaders conducted polls, quizzes, and open-ended questions. They presented in an assembly talk aimed to shed light on self-harm, heightened suicide risk, and mental health struggles. Booth activities include a matching card game, encouraging students to identify negative online behaviours and propose positive responses. Students then pledged their commitment to cyber kindness, encouraging a collective effort to foster a safer and more considerate online environment.



Project Done By:

Amber Foo Rui Xin, Berenice Ng Zi Qi, Chua Yun Ting Roanne, Emily Tan Hui Yu, Ho Yu Xuan Amanlia, Katilyn Wee, Landicho Angel Lorraine Arvesu, Loh Megan, Mavis Tang Bao Qing, Muthukrishnan Yogitha, Ng Qian Tong, Nur Jannah Binte Nor Fazelan, Ovelia Chua Leqi, Ragavarshenee Ramesh, Rebecca Chai, Seo Rui Qi, Raina Tham Shi Hui, Thara Cho Sett, Wong Lisette Yuet Hin, Yung Samantha Jilian Ocampo, Akid Haziq Bin Salmin, Alex Tran, Alfiziqri Amri Bin Ahmad Kamari, Azmi Bin Mohammad Arif, Bantugan Sean Gabriel Sotto, Ho Yao Song, Jervis Ng Hao Ren, Loh Guan An, Loh Yu Shen, Muhamad Ian Putra Bin Muhamad Sofian, Ng Chang Keat, Noraqeil Rayyan Bin Norazmie, Rex Khaw, Samuel Tan En Yue, Tham Kai Yang, Thomas Helion Gruber, Wong Yu Heng Remus

The class emphasizes the need for cyber kindness among Secondary One students, focusing on online sensitivity, empathy, thoughtful posting, and positive content sharing. They aim to combat cyberbullying by creating and sharing educational posters and videos with other classes, fostering a more considerate digital community. Activities include sharing class projects and impactful videos within the school and family network, aiming to spread awareness and encourage positive online behaviours.



Project Done By:

Ayra Sofia Binte Mohamed Azad, Casey Fahmy, Chin Si Xuan, Chloe, Eloise Yuen Zi Lian, Ericca Yeo Yu Qi, Jessica Ng Siew Teng, Kessly Tan Enqi, Lau Sui Min Kyra, Liew Ying Qi Angel, Loh Jia Ying Beatrice, Ong Jia Xuan, Su Xiangyuan Bernice, Tan Han Ling, Tan Le'en, Tanya Neo Rui Jin, Tee Xue Rou, Wong Yu Xuan, Eva, Ang Joo Hern, Cayden Josh Tan, Darius Poy, Jayden Tham Zhan Ming, Kenan Loo Jun Kai, Lee Zhen Yu, Li Chenjun, Lim Jun Lam, Loh Jia Shun, Gaver, Lucas Marc Ang Yi-Le, Muhammad Rizqi Bin Roni, Neo Jia Jun Braydon, Ng Ye Young, Pan Yilin, Poon Wee Yan Ethan, Tang Joon Yi, Tham Wenle Julien, Thant Hein Thaw Raymond, Tong Hong Lai, Tong Hong Ngai, Wong Jun Siong, Kevin Zephon Chow Ke Rong

The class recognises the urgency of raising awareness about the detrimental effects of cyberbullying and is determined to take a stand against it. They plan to educate others by sharing informative posters with fellow classes and presenting impactful videos to their peers. Additionally, they aim to promote this cause by having form teachers share their class projects with other classes and extending the message to the wider school and family community.

Cyber Kindness - Cyber Bullying Should Be Stopped



Project Done By:

Angele Lee Anqi, Ashley Yeo, Brilyn Ong Qian Tong, Eesha Leong, Jovelle Tan Qi Xuan, Jowyn Teo En Ci, Kayla Tan Qian Ler, Leong Yi Xuan Tiffanie, Lim Jia Ying Jazelle, Myley Kiara Pegg Yan Wen, Nazli Binte Anshari, Olivia Ong Ler Yan, Rebekah Gail Kao Ning, Shannon Lim Zhan Wei Shi Qi, Sia Xin Ying, Tan Xuan Hui Cherise, Wong Reese, Chaz Lim Xu Tong, Chin Jun Yi, Kingsley, Chua Kai Feng, Kayden, Davien Chua Wu Zhi, Dylan Keh, Evzen Ng Jia Le, Gareth Lim Fang Kai, Hah Kai In Keiran, Khoo Teen Fong, Kwek Khai Yi Leroy, Kyan Goh Zheng Hong, Mikel Tjahjono Pan, Mohammed Matin Bin Mohammed Zulkarnain, Neo Jing Le Vanfred, Raynard Tang Yan Xiang, Sharizqi Mariel Bin Muhamad, Syazmir Aqqil Bin Khairul Anuar, Tan Tiong Meng Isaac, Tan Zhuo Yang Matthew, Ying Kai Feng Kayven, Zander Ee

The class is resolute in their belief that cyberbullying must be halted. Their mission entails creating informative posters to spread this crucial message to other classes within the school. Moreover, they plan to present compelling videos to their peers, emphasising the importance of putting an end to cyberbullying. They intend to engage their form teachers in sharing their class projects across other classes and extending their initiative to the wider school and family network.



Project Done By:

Jasper Chan Jie Wei, Kartigayan Nitiya Priya, Vehnisa Louis D/O Ruban Louis, Kania Muthainah Binte Ramlan, Sheryl Chaw Yixin, Aniqah Bte Sahrudin, Daryl Li Renjie, Low Wen Ting, Jiang Xin Lei, Tan Yi Shan, Lim Kang Ya, Jeanette, Ng Jun Yong

For Friendship Day 2023, the goal is to foster a culture of care and appreciation among schoolmates. Activities include a Song Dedication during the morning assembly, letting students vote and dedicate songs, and a photo booth and origami station during recess for heartfelt dedications. For Kindness Week 2023, activities range from making appreciation cards to a kindness-themed Truth or Dare game, all aimed at promoting and celebrating kindness within the school community.



Project Done By:

Nadrah Adilah Binte Azan, Hani Humaira Suhaimi, Naeema Batrisyia Binte Khallil Imran Shah, Nur Dini Binte Muhammad Nur 'Hisham, Hifza Safiyyah Binte Shafie, Kayisah Ayuni Binte Khairul Niza

This campaign champions inclusivity and appreciation of uniqueness. Activities include an educational presentation on diversity issues, a Kahoot quiz, crafting cultural costumes, and reflecting on impactful videos. Encouragement to spread awareness through social media and engage in volunteerism is integrated. The campaign emphasises empathy and understanding, striving to create a society that values and respects individual differences, ultimately fostering unity and social harmony.

Madrasah Al-Ma'arif Al-Islamiah

Project Kira-Kira



Project Done By:

Maryam Haaniya Ameen Aslam, Sumaiyah Yang Iskandar, Farah Umairah Binte Mohammed Izhar, Safiyyah Binte Mohammad Nagib, Aaminah Zaafirah, Nadra E'lisha Binte Noer Hadzly, Nur Insyirah Binte Abdulrani, Sufia Aleia Binte Fahmie Abdat, Zafirah Rai, Annameerah Binte Kamaruzaman

This campaign centers on fostering mutual respect and recognising deserving individuals. Activities include the Kindness Kard initiative, encouraging specific tasks for signatures and offering rewards, an Anonymous Appreciation exchange, and a Truth or Dare: Acts of Kindness Edition on Instagram. The campaign's objective is to cultivate a kinder and conflict-free environment, highlighting the importance of appreciating and respecting others. Sustained engagement through social media posts and involvement of student leaders also ensures continuous advocacy.



Project Done By:

Misha Anum Binte Abd Rahman, Khadija Tahira Binte M Mohammed Ajeeb, Shariffah Nur A'ishah, Binte Syed Kassim Al-Muthar, Humaira Binte Ahmed Nusrath, Maryam Binte Amjad Mahboob, Nur Kaiyisah Binte Muhammad Azri, Nur Syaurah Binte Abu Bakar

This campaign centers on promoting appreciation and respect. Activities include creating an informative video on the importance of appreciation and a letter exchange initiative between students of different classes to encourage positive communication. Additionally, message boards will be exchanged, allowing students to express appreciation and respect for each other. These activities aim to cultivate a culture of acknowledgment and respect, fostering positive interactions and relationships among students.

Manjusri Secondary School

T.H.I.N.K Before You Type!



Project Done By:

Neng Xu Feng, Rayven, Shen Xi'en Nicole, Sherene Eu Ghun Ying, Mohamed Rushil Fitzroy Bin Mohamed Faizal, Erfan Ariel Bin Mohamed Feroz, Neo Jia Bao Jayden, Siti Nur Aunty Binti Mohamed Zaidi, Win Nie Tan, Lucas Foo Jie Rui, Enzo Sembiring Kembaren, Yang Xu, Nuttaphum Soon Shen You, Wong Wen Yi, Jaron Ng Wei Zun, Sasikumar Vishva, Iris Leong Shan (Liang Shan), Alfred Moh Yan Kai (Mao Yankai), Nur Ayuni Binte Sugiman, Karyn Chan Yi Xuan (Chen Yixuan), Matine Qayyum Bin Mustafa, Reina Tan (Chen Leina), Andrew Chung Zi Yang, Nurul Jihan Binte Abdul Malek, Gabriel Tan Tao Xu, Kua En Li, Chee Van Chung, Tang Xin Ying, Fauziah Binte Ayahri, Tan Zi Shean, Huang Min, Lee Jackie, Renji Hoo Zhe Jia, Tan Esin, Shania Ong Tze Shan, Poh Wei Kee, Khant Thu John, Shenise Lim Em Qing, Aalyah Maeva Tiara Ziminski, Andes Quek Chee Hao, Choong Cheng Hong Stanley, Elena Tan En Ting, Tan Yun Le (Chen Yunle), Wu Qi Jia Chermaine, Charlene Cheok Eu Xing, Ong Jun Yang, Valerie Ng Si Ting (Huang Siting), Ng Zi Yue, Gwyen, Ling Kheng Ying (Lin Qinying), Ryna Nur Alyssa Binte Muhammed Faizal, Gun Jia Jun, Hooi Sik Hong, Lee Pei Shan Bernice, Janess Ng Hui Xuan

The campaign aims to raise awareness about online respect through the T.H.I.N.K. routine, encouraging students to assess the impact of their online posts. It emphasises empathy, diversity acceptance, and discourages hurtful or false online sharing. Motivated by incidents of cyberbullying on anonymous confession pages, student leaders will introduce the campaign during the morning assembly and Cyberwellness Week. Activities include CCE lessons, a gratitude initiative, and a Cyberkindness Quiz, promoting a ground-up approach to responsible online behaviour.



Project Done By:

Sakurai Shakira Aimi, Ranya Binte Mohd Shafiq Ganesan, Tsou Wai Hong, Yap Rai Yee Felicia, Aradhana Ramesh, Leila Falisha Binte Zahri, Qistyna Lukman Yusoff, Jamier Andre Siaden Dalutag, Cruz Mark Denzel Casin, Althena Ng Yufang, Then How Yee Jacob, Yeow Jerleen, Liow Ying Xuan, Izzka Ladinah Binte Mohamad Iskandar, Muhammad Mu'meen Bin Muhammad Muzammil, Syarlina Erina Binte Misran, Nur Batrisya Alya Binte Abdullah, Shirley Tay Zhi Yee, Muhammad Darwish Asyraf Bin Abdul Rahman, Ahmad Ilhan Rizqullah Bin Ahmad Farid, Nur Danishah Alayon Binte Samsuddin, Gwee Yew Jie Alson, Crystal Chew Jin Xiang (Zhou Jinxiang), Ng Kar Hong

This project centers on nurturing respectful, responsible, and resilient citizens through community service. To actively contribute, each class brainstormed and prepared exercises like creating artwork and props suitable for the elderly, promoting active aging. Students also engaged with the elderly in conversations and listened to their stories. By doing so, the students not only kept the elderly physically engaged but also fostered a sense of companionship and mutual respect, bridging generational gaps.

Neighbourliness - I Am A Good Neighbour



Project Done By:

Harshin Krishna, Tan Si Jia Charlene, Christine Jane Mascrinhas, Muhd Adam Bin Aimran

The school emphasised community engagement, encouraging gratitude and kindness. Students interacted with special needs peers and nearby residents. Activities included introducing neighbours, interactive games promoting good neighbourliness, sharing food, inviting friends for activities, and community volunteering. Students also created gifts or cards to show appreciation. Mascot walks and ambassador-led promotions also enhanced awareness. Overall, students instilled care and social responsibility, fostering a sense of community among students.



Project Done By:

Quek Shyan Janell, Pearlyn Ang Zi Ting, Teo Xue Ning Kaitlyn, Pang Jia Qi, Hon Xue Hang, Amber Chan Xin Tong

The campaign focuses on nurturing well-being and appreciation within the school community. Selected students receive training covering compassion, mindfulness practices, and self-care. These trained students then lead various class activities related to peer support and self-kindness. Initiatives include expressing gratitude to school cleaners through heartfelt cards and a dedicated video. "Nan Hua Picnic under the Stars" promotes family bonding, while "Makan-and-Mingle" encourages interaction among students. "Healthy Habits - Fit Fit Friday" promotes physical and mental well-being through regular fitness activities.

Embrace And Honour: #NBSSAppreciatesRespect



Project Done By:

Adel Khalish Bin Mohammed Hisham, Collar Putera Nurrizqullah, Teng Lin Shen, Ashima Xiao Ya Wen, Gan Ting En, Rain Wong Zu Yao, Kek Jia Yi, Preethi D/O Sathis Kumar, Yew Qian En Alexis, Dhameswari D/O Suman, Tan Xuan Ying Udella, Lee Xing Hui, Nur Dania Anisha Binte Yazit, Tung Ke Ying, Aryssa Nadra Qashdina Binte Abdul Aziz, Ilene He Meixuan, Tan Wee Qin Melissa, King Ng, Charossa Yee Xue Min, Claudia Ng Le Lua, Iman Sorfina Binte Azman, Tan Hwee En, Phoebe, Nur Zafirah Binte Jumahat, Ruhilah Binte Osmera, Zachary Wong Kaiwen, Ban Xin Ru, Deesha Suresh Balani, Gisele Lim Heng Xuan, Charlotte Lim Han Xi, Jaw Yan Ting Chloe, Justin Lee Zhe Yu, Ong Weishan Shannae, Lin Wei Cheng, Nur Amylea Binte Mohd Noor Rizan

Students acknowledge the vital role bus workers and non-teaching staff play in their daily routines. Hence, they spearheaded initiatives including writing appreciation notes, distributing goodie bags, and spending interactive afternoons with the bus workers and non-teaching staff. Additionally, a 987 FM talk, led by DeeJay Natasha, enlightens students on the significance of showing gratitude and kindness. Through this campaign, students cultivate respect and compassion for these essential members of their school community, promoting an inclusive and appreciative environment.

New Town Secondary School

A Kinder You, A Stronger Us



Project Done By:

Eng Rui Min Jazlyn, Mohammed Nur Rezeki Bin Mustafa, Thanya D/O Kathiravan, Giselle Goh Chia Hsuan, Tan Wen Xuan, Ng Hailey Aryana Cruz, Adelle Ong Yan Xin, Peh Jia Qi Leatrice, Muhammad Danielle Haqqy Bin Abdullah

In a significant school year, Kindness Day SG takes center stage, highlighting the power of the arts to inspire. Students have composed an original song to uplift those facing challenges, emphasising unity within the school community. Concurrently, a New Town Kindness Week (NTKW) package promotes care and inclusivity among NewTownners. Activities like "Gift a Crane" and "Kampong Class Bingo" encourage appreciation and unity, while "Continue the Comic" and "Jar Of Stars" inspire positivity, showcasing the impact of small, thoughtful actions.

North Vista Secondary School

NV Unsung Heroes



Introducing our level 3 school cleaner

Auntie Davie

Our job scope: to keep the school facilities on level 3 clean and tidy

Favourite part of your job: working in school as I keep me active, I enjoy working

How can Vistarians do their part to make NV a better school?

Vistarians can do their part by keeping the toilets clean and disposing of any litters in the bin.



INTRODUCING OUR SCHOOL SECURITY GUARDS MR ALFRED LOH & MR CHIN

Our job scope: We keep the school safe and secure for staff and students

Favourite part of your job: We enjoy speaking to students when they enter the school compound and head home

How can Vistarians do their part to make NV a better school?

Vistarians can do their part by following school rules and ensuring they look smart and neat when they enter/leave school



Introducing our school drink stall owner Uncle Terrance

Our job scope: I sell cold drinks to staff and students at

Favourite part of your job: I love watching the students grow up and progress from Secondary 1 to 5!

Project Done By:

Isabelle Ameen, Delisha Elmira, Xavier Lin, Celyn lau Yu Qin, Kyler Tan Si Ning, Faegan luar, Marc Vu, Nicole Guek, Verlyn Koo, Shandy Goh, Genelle Chia, Richelle Png

The student leaders are committed to appreciating the school's unsung heroes – non-teaching staff like security guards and cleaning personnel – who often go unnoticed. They aim to shed light on their indispensable role in maintaining a conducive learning environment. Hence, initiatives to distribute chocolate bars and handwritten notes to express gratitude were planned. These small yet meaningful gestures aimed to create awareness and instil a sense of appreciation among students for the dedicated efforts of the non-teaching staff.



Project Done By:

Nur Badriyah Binte Mohammed Ali, Elise Hing Kai Yan, Batrisyiah Husniyah Binte Mohammed Nazir, Gurveender Kaur D/O Pavitar Singh, The Jing Yi Jade, Charmaine Oh Le Min, Lee Jia Cheng Mattvis, Kua Zhi Yan, Dawn, Kezann Tan En Ling, Chloe Toh Jun Xuan, Michiko Teodora Teo, Kayla Chen Jia En, Ang Valerie, Qistina Eliyah, Wang Zhi Xuan

Dedicated to fostering cultural understanding and unity, initiatives like the Racial Harmony Day 2023 video and classroom sessions aimed to educate students about various festivals, their significance, and celebrations in Singapore. Students were encouraged to share personal experiences related to a specific festival or food item. Additionally, they created informative posters summarising and illustrating three festivals to foster understanding and respect for different cultures. These activities aim to enrich our community and cultivate empathy and appreciation for diversity.



Project Done By:

Sheryl Sim, Pearl Lim, Shalina Ardi, Chloe Chua, Kaylin Yee, Braydon Ng, Wan Changshun, Arianna Cruz, Herna Raihana, Nicholas Reigh Taniwan, Tan Guan Rong Ron, Ayden Liu Chen Yi, Foo Wen Xuan Shevonne, Lim Xinyi Jermaine

Student leaders championed a respectful online environment by promoting care and kindness. Addressing cyberbullying concerns, they utilised engaging tools like a skit and a Cyber Wellness Quiz. Also, leveraging on the school's Instagram platform, they created advocacy posters, emphasising responsible online behaviour with the ABC's of online etiquette: Always be responsible, Be Respectful, and Care for those around you. These strategic initiatives aimed to foster empathy and ensure a safe, respectful digital community for students.

Orchid Park Secondary School

Showing Appreciation & Respect To Our Cleaners/Custodians Through Kind Words And A Class Cleanliness Campaign



Project Done By:

Khairul Nazmi Bin Khairul Rodhi, Myo Kyaw Thiha, Soh Yu Hua, Heather, Chan Kainee, Ziona Thong Wen Xuan, Janine Lim, Chong Yu Ling, Shernice Luo, Javier Tan Shou Jun, Siti Aisha Binte Muhammad Hattar, Lee Jia Hui, Valencia Lee, Goh Yu Xuan, Ashton Law Guan Sen

Student leaders drive appreciation for custodians, highlighting their vital role in a clean, conducive school. Through talks, videos, and a recycling competition, awareness is raised, validating their tireless efforts. The campaign fosters respect and mindfulness among students, encouraging gratitude and responsible behaviour. A 'No Custodians Day' and an appreciation board further convey student appreciation. This initiative aims to empower custodians and create a lasting culture of acknowledgement and respect within the school community.



Project Done By:

Keefe Foo Siang Liang, Lim Kay Seng Kayson, Ang Yu Heng (Hong Yuheng), Jaylon Ang, Chua Xin Ying Debbie, Raphael Stefan Chan Wei Jian, Lim Zi Heng Christian Joel, Jarett Chua Yang Yi, Han Jia En Charlotte, Eshan Kashif Bin Mohammad Darwis, Liao Hong Pok, Lim Jun Rong Ethan, Eiman Riedzqullah Bin Muhammad Rhoudhour, Brandon Yeo Eng Hanh, Ong Ian Zee, Yap Yun En, Phua Xuan Yi Rachele (Pan Xuanyi), Mohammed Daanish Firdaus Bin Mohammed Darfiszie, Esakki Shivram, Bey Si En, Sean Harry Ricafrente Gelilio, Zachary Benjamin, Elsen Lim (Lin Rui Qi), Tan Yan Chang Kenneth, Soon Zhang Xian, Stacia Teo (Zhang Yining), Jayden Leong Yu Foong, Chum Yao Jie, Ng Yahn Lock Timothy (Wu Enle), Ng Jun Ming, Loh Yong Zhi Jaden, Wong Yu Han Kaison, New Wee Kiat Kelvin, Zander Lee, Aiden Kaloch Tan-Goh, Tan Wei En Damiaus, Lim Jing Long Benjamin, Travers Tan Jun Xin, Joshua Wong Ming Sheng, Terry Tan Hui Ming, Havinaash Raajeevan, Sim Jun Feng, Tan Li Jun Jasmine, Deepak Joash Datt, Cheong Jie En Jaden, Chia Ee Josh, Joel Yeo Zong Yan, Lucas Ong (Wang Boyi), Goh Tian Yu Austin, Gabriel Koh Zhi Xiang (Gao Zixiang), Ng Sze Jie, Sun Junyang, Ho Zi Yi, Aloysius Sean Wong Jia Ming, Muhammad Shabirin Bin Mohamad Fahmy, Julian Chan Wai Rune (Chen Weirun), Marcus Toh Yue Cheng, Goh Hong Yi Dylan, Chong Jia Jun Xavier, Teo Wen Zong

The school identified a need to improve cyber kindness, noting students' lack of respect online and the resulting strain on school relationships. They stressed the importance of creating a safe and kind online environment to uplift and emotionally strengthen the student body. Initiatives involved posters, interactive games, and stickers to educate and engage students, aiming to foster a more empathetic and respectful online community. The goal was to encourage thoughtful and considerate online behaviour, addressing the challenges of unkindness in digital interactions.



Project Done By:

Jollivia Ng Rui Ying (1 Blessing), Ryann Jordan Nair (1 Agape), Alicia Liao Xuan Ning (2 Devotion), O Wei En (2 Devotion), Benjamin Woo Zheng Jie (2 Endurance), Lin Zhiqi Genesis (2 Grace), Wong Min Qi (2 Grace), Chew Zhi Xi, Simone (3 Devotion), Yap En Ting, Amanda (3 Faith)

Presbyterian High School's Kindness Week promotes self-love, peer respect, and community appreciation. Activities include a recess mural where students express what they love about themselves, a "Words of Encouragement" noticeboard for peers, and an appreciation video for non-teaching staff. Students engage in an Angel-Mortal game, sharing kind words throughout the week. A photo booth encourages students to embrace themselves. The week culminates with an assembly, inspiring a culture of kindness and neighbourliness in school, aligning with their school theme.



Project Done By:

Aurelie Tan, Jovie Tan, Julia Lim, Chloe Ang, Clarice Tan, Katelyn Lai, Meshana Venkatesen, Shi Ruoning, Clara Yen

This campaign highlights underappreciated essential workers: SMRT/SBS staff, school cleaners, security guards, and canteen vendors. Activities include note-writing and origami for SMRT/SBS staff, a school-wide workout called "Karing Kardio," a kindness-themed bingo challenge on Instagram, a fundraiser selling designed shirts to aid migrant workers, and "Stars to our Stars," crafting messages for non-teaching staff. These initiatives aim to bridge the appreciation gap and foster a sense of unity and gratitude within the school community.

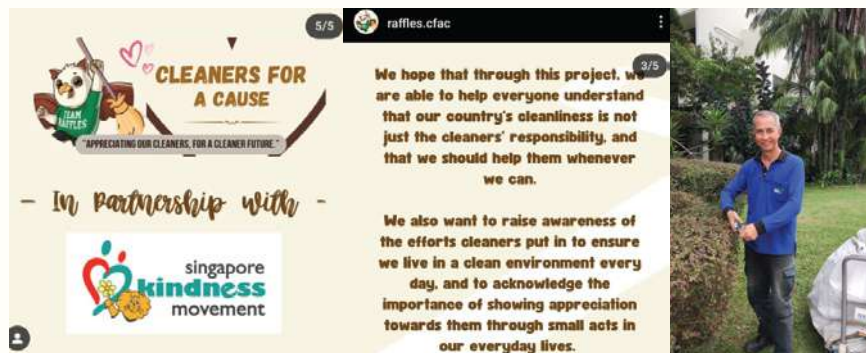
How Does The Use Of Visual Representation And Advocacy From Student Leaders Improve The Online Etiquette Of Secondary One Students?



Project Done By:

Isaac Quek Yu Xiang, Tristan Chan Kaijie, Chong Ming En Nathan, Joshua Chew Kai En, Wong Tianle Kaeden

The campaign's objective is to promote cyber kindness among Year One students at Raffles Institution, primarily those new to mobile devices and social media. Through a survey and subsequent poster displays in each class, the initiative aims to educate students on online etiquette. The process involves engaging talks and quizzes to reinforce the importance of cyber kindness. By instilling good online habits early, the campaign strives to cultivate a positive digital environment for students and can potentially become a staple in the school's start-of-year program, benefiting future Year One cohorts.



Project Done By:

Preetish Bose, Xavier Ong Qi Xuan, Tan Yi Kin, Syamille Iman bin Jamalludin, Qiu Yile Isaac

Raffles Institution students launched a campaign to spotlight cleaners' often overlooked contributions. They created a heartfelt short film and an engaging Instagram account called "Cleaners for a Cause." Conducting a survey and interviewing cleaners, they revealed the public's sentiments and stories. Their initiative aims to inspire more care and appreciation for cleaners, fostering positive interactions within their community. This experience not only broadened their perspectives but also enhanced their confidence, highlighting the importance of recognizing these unsung heroes.

How Does The Spread Of Educational Posters Encourage More Students To Be Upstanders?



Project Done By:

Sin Zhiyang Eden, Jeff Wang Jia Yi, Kerwin Ong Yee Guan, He Shiyu, Jeyasekar Raj Joshua Asher

This campaign addresses cyberbullying, focusing on empowering teenagers as upstanders against this issue. Evaluating poster effectiveness among Raffles Institution students aged 13-16, the initiative aims to spread kindness messages and increase awareness about cyberbullying. Iterative refinement and surveys were employed, with humour-infused posters garnering more positive responses. Approximately 1,200 individuals gained cyberbullying awareness through the campaign, underscoring the need for targeted research in schools facing prevalent cyberbullying for a comprehensive impact assessment.

How Does Aesthetic Expression Help To Spread The Message Of Kindness On And Offline?



Project Done By:

Samuel Neo Seh Jin, Sanjit Sriniket Hari, Jedd Kua, Sudhir Balamurugan, Koo Yu Jie Harold

This campaign aims to foster online kindness by utilising WhatsApp stickers, encouraging students to spread kindness and reduce cyberbullying in the online community. Preliminary research highlighted the potential of aesthetic expressions, like WhatsApp stickers, in promoting kindness. A survey and interviews with students were conducted, showing overall positive responses towards using stickers for this purpose. Collaborating with external support, a sticker pack and promotional posters were designed and executed successfully, emphasising the effectiveness of WhatsApp stickers in promoting online kindness.

Springfield Secondary School

Sec 1 Values-in-Action (VIA) & Environment Committee Project: Sustainability Starts Wiith Me!



Project Done By:

(Group 1 - Secondary 1A)

Alisya Maisara Binte Azhar, Cara Lim Yi Hui, Dawn Peh Yu En (Bai Yu'en), Germaine Ng Qi Xuan, Humayrah Binte Zainudin, Ifrah Izzati Binte Zahar, Nor Aqisyah Binte Mohamad Hafsyar Farkhan, Nur Amelia Binte Safri, Nur Farzana Binte Mohamad Farid, Nurakkila Nazura Binte Abdullah, Nurashimah Binte Norizal, Nurul Masturina Binte Masri, Ong Yu Chen, Connie, Quraisyah Puteri Zainal, Rhea Irdyna Binte Irman, Satriani Cinta Muliana Binte Rifa'ah Ridzuwanulhakim, Dayne Ong Shao Zhe, Derrick Lau En Xu, Khoo Yu Feng, Koh Yeow Zhou, Kyvan Koh, Li Yicheng Leo, Lim Wei En, Mohammad Shahrul Ashari Bin Jamsari, Muhammad Endy Safiyan Bin Safri, Muhammad Fakriss Bin Abdullah, Muhammad Irfan Bin Muhammad Rizal, Ong Kai Yu Rixton, Putra Ashmie Qusyairie Bin Muhammad Suhaimi, Rio Then Seng Lot, Roy Then Seng An, Sim Yu Jing Valent, Soon Hwee Tze, Syed Hafiz Bin Syed Mohamad Shahab, Teo Jun Kang Alix

(Group 2 - Secondary 1B)

Ayra Alysha Binte Nazry Isa, Boorla Srihitha, Dacaimat Mischa Angela Soto, Desiree See Toh, Ember Tan Si Ying, Karis Tang Yee Heng, Lee Yee Xuan Nadnada, Nina Ang Sue Min, Nur Farhana Binte Sheikh Izat Alkhatib, Nur Fitri Aleesya Binte Johari, Quinel Tan Xuan Yu, Sanvi Misir, Yu Zhi Ya, Kayla, Aarush Tejpal, Aatif Zayan Bin Mohamed Shafiq, Ang Min Zun Kyle, Edry Haziq Bin Hafiz, Ezequiel Ang, Foo Yotsawit Kaden, Hacken Lee Zhenyu, Harith Umair Bin Zainudin, Irfan Gany Bin Nasser Ahmad Mohideen, Jayden Lee Jiadong, Joel Chuah Jian Hao, Joel Tan Yong Shan, Kok Kai Le, Grayius, Kon Kuai Le, Jairus, Lee Min Jun, Lee Yue Ze Zidane, Maniego Vincent Tyrone, Mohamad Furqan Raffael Bin Mohamad Farook, Mohamed Shafiq Bin Mohamed Ayob, Muhammad Roy Reyhann Bin Abdul Rahim, Ng Wei Jun Jerrick, Poon Yong Meng, Qarlz Benzema Bin Mohammad Yusri, Sai La Min Paing, Xavier Wong Ming Yao

(Group 3 - Secondary 1C)

Alice Sing Li Yuan, Charline Choo En Hui, Glenna Yang Sihan, Jenevieve Quek Jing Yi, Nandini D/O Marymuthu, Nur Aleeyah Binte Abdullah, Nur Ellisha Balqis Binte Mohamed Aris, Nur Fitri Aleeya Binte Bahari, Sarah Amelia Muhammad Hilmi, Siti Noor Hani Binte Mohamed Noor, Adhil Pratama Bin Hamdil, Claveria Albert Jhenz Obias, Javen Tan Jun Heng, Karl Poh Kou Qiang (Fu Gaoqiang), Khan Ashfaq Ahmed, Lian Yah Kop Gualnam, Mohammad Ayman Bin Mohammad Azrul, Muhammad Danish Bin Sudirman, Muhammad Darwish El'fee Bin Abdullah, Muhammad Khaizrinn Bin Muhammad Shahizri, Muhammad Khiyanu Nidzar Bin Rashid, Muhammad Nur Fazwan Bin Abdullah, Muhammad Nur'irfaan Bin Abdullah, Sheikh Danish Bin Sheikh Faisal, Syabil Iman Bin Halim, Syed Iskandar Bin Syed Sadiq Alkaff, Teoh Shao Rui, Kalen, Teoh Zhi Rui Kaven, Wayn Goh, Yan Jun Wei

Project Done By:

(Group 4 - Secondary 1D)

Ang Caylis, Angelica Heng Yu Feng, Ayra Nadyann Binte Aris Fadillah, Diya Isadora Binti Hairullah, Jaivier Chen Jie Er, Lim Wan Xuan Vanesa, Liu Ziyiing, Nur Adriana Binte Riduan, Nur Shaqeerashifa Binte Muhamad Nor Shahizul Adha, Nur Zaara Sierra Binte Roddy Iskandar, Rosella Koh An Qi, Valerie Poh Yu Qin, Wong Xiu Wen, Janelle, Xiao Yuhan, Adel Syakir Bin Azhar, Anson Chan Wei Siang, Charoenchaipong Punnapong, Chua Zong Le Aeden, Jayden Ang Bin Rong, Muhammad Izz Aqeel Bin Muhammad Imran, Muhammad Razyn Bin Muhammad Sofyan, Muhammad Siddiq Hariz Bin Sabtu, Nuh Hail Bin Mohamed Ramdhan, Phung Hieu Liem, Raphael Elliot Beauquel, Rayyan Faaz Bin Mohamad Fadzlee, Ross Rafael Wong Geroy, Usamah Alzaid Bin Azman

(Group 5 - Secondary 1E)

An Nur Arfah Binte Shaik Andy Farhan, Ang Wee Leng, Rin (Wang Weiling, Rin), Denice Quah Yi Shan, Lang Xueqi, Lim Yi Xi, Nur Qurnia Atiqah Binte Abdullah, Nuryan Binte Mohamed Hezri, Safeera Farzana Binte Kasran, Sofia Binte Moehammad Ariffin, Aniq Lutfi Bin Mohammed Shiblee, Bryan Chan Hong Shuo, Iian Haziq Rooney Bin Mohamad Ariffin, Irfan Daniel Bin Muhammad Nur Amali, Isaac Hung Shi Jie, Izz Anaqi Bin Muhamad Nurshahid, Jay Andrian Bin Radzwan, Karaca Eren, Lau Bing Hong, Lim Jia Hao, Mohamed Fahre Fatullah Bin Mohamed Fazil, Mohamed Farell Bin Mohamed Fahmy, Mohammad Nazril Ilham Bin Md Yuszeni, Muhammad Farish Farell Bin Muhammad Fadhli, Nathan Lin Youcheng, Pervaiz Alfeus Bin Alfie, Shahrul Haziq Bin Shahrudin

Emphasising a Zero Waste culture, student leaders seek to encourage responsible consumption, reusable items, and proper recycling. Working with the school's Environment Committee, they hope to instil a sense of ownership and environmental responsibility in Secondary 1 students. Promoting awareness of environmental sustainability is vital for inculcating values of care, respect, and responsibility. Practical initiatives, like creating Environment Corners and upcycling projects, engage students in hands-on sustainability efforts, empowering them to make informed decisions and contribute to a sustainable future.



Project Done By:

Nicole Sim Rui Shi, Angel Phan Li Hui, Ariel Tan Zhi Xin, Chang Yu Qian Cheryl, Lee Zhi Xuan
Avilyn Joy, Chin Zhi Lin, Jarel Foo

Aligned with the school culture of gratitude and respect, a team of students from SST launched a campaign aimed at encouraging students to show their appreciation and respect to everyone in school. This campaign comprised two events: Peer Appreciation Week (PAW) and Staff Appreciation Week (SAW). During PAW, the students participated in a secret buddy activity, which aimed at promoting inclusivity within classes. Meanwhile, during SAW, a concert was organised for all school staff and they received short appreciation notes and small tokens of appreciation from the students.



Project Done By:

Chong Yuxuan, Kaylynn Tham Kai Lin, Lee Zhi Yao, Trisha Vishal Balani, Arnal Pascual Matisse Angelique, Safiyyah Boh, Nurul Sabrina, Liam Hao Qin Jasynda, Cherelle Low, Leong Sook Mei, Manivannan Priyanka, Adelle Edeena, Zhang Yuhua, Fung Sze Yan Meredith, Quek Xin Lei Felicia, Lee Chichanok (Amanda), Avriel Lan, Janice Chow, Julie Lum Yan Yan, Yap Zi Yu, Ong Shi Ni Kacey, Myeisha Durrah, Grace Too, Jeslyn Loke Ning Xuan, Ma Chu Ting Fong Salwa, Krisssha Sree, Wong Lu Xuan, Blossom Yong Ee Sing, Jyoshika Venkatesan, Hana Pooganeveran, Zenia Chua, Rhya Tan, Natalya Qistina Binte Khairudin, Tan Shi En Enya

Students at SAC initiated transformative projects to foster a compassionate community. They actively engaged in advocacy for kindness towards migrant workers, organising donation drives and morning assemblies to raise awareness. Additionally, they led cyber wellness initiatives, crafting educational videos and using social media to promote online kindness. The students also appreciated the efforts of school cleaners and vendors through interviews and informative posters. Kindness reminders on mirrors and a 'Clean Classroom Award' encouraged a culture of respect and cleanliness.



Project Done By:

Hong Han Rong Kendrick (3E1), Panagiotis Spanos-Li (3E1), Hady Hussain (3E2), Lucas Ng Kai Jie (3E2), Chia Yi Qin (3E3), Jamon Tey Jia Le (3E3), Leo Bing Han (3E3), Bryce Sebastian Moerti (3E4), Mulay Zayd Audrick Cagang (3E4), Rayn Hamzah Bin Mohamad Faizal (3E4), Abu Bakar As-Siddiq Bin Abdullah (3E5), Gabriel Quek Zhi Sheng (3E5), Arvyn Suppiah (3N1), Ashish Anant Singh (3N1), Kiefer Goh Jun Lei (3N1), Reyes Cuyler Pang (3N2), Putra Haziq Bin Mohd Zahary (3N2), Luqman Nur Hakim Bin Abdul Rahman (3N3), Renny Wong Jun Hong (3N3), Sankararaman Venkatasalam (3N3), Sean Marvelle Riyanto (3N3), Yeo Zong Heng Donnie (3N3), Muhammad Zulfakar Bin Amir Shahidin (3T1), Sree Ram Ananthan (3T1), Tan Yi Ze, Donovan (Chen Yize) (3T1)

In response to the escalating issue of cyberbullying, the school has instituted a Cyber-wellness week and integrated Cyber-wellness education throughout the semester for Secondary 3 students. During the week, student leaders deliver speeches on internet safety topics. They conduct informative quizzes and classroom sessions emphasising cyber kindness. Additionally, engaging booths with information and games are set up, amplifying the anti-bullying message. These initiatives align with the school's strong stance against bullying, promoting respect and a safe learning environment.



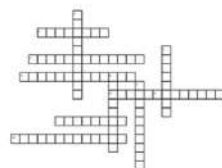
Project Done By:

Zhang Ailing, Teenu Lisa, Rachel Chacko, Renee Chionh, Shri Janani, Jolene Bong

To address the prevalent issue of diminished personal and social responsibility, student leaders devised a multifaceted approach. They seek to enhance awareness within the school community, particularly focusing on cleanliness, energy conservation, and fostering a conducive environment. Initiatives encompassed informative board displays offering tips and information, interactive games demonstrating responsibility through actions, and quizzes on energy-saving practices. Through these targeted activities, student leaders strove to engrain a culture of responsibility and a positive school ethos.



Cyber Kindness Crossword Puzzle



- Down:
1. Sending hurtful and threatening messages to other people online
 2. Posting mean/cruel words to deliberately humiliate and insult people
 3. Intentionally leaving people out of an online groupchat
 4. responsive cyber social behaviour
- Across:
1. Can be helpful and dangerous at the same time
 2. protecting organisations and its employees against cyber threats
 3. positive well-being of internet users
 4. be kind online
 5. showing care towards others
 6. embarrassing other people online and damaging their reputation

Project Done By:

Heidi Claressa, Muthukumar Cholya, Aleesya Arina Binte Mohammed Rozaimi, Chiok Ke Xuan, Kirat Kaur Bajaj, Alexa Lee Xin Yuan, Dhia Syarafana Binte Mohamad Taufik, Dintari Mirza Maritz, Gan Jia Ling Abby, Nur Insyirah Binte Nooriszwan, Syarafana Faqihah Binte Khairullah, Nur Adriana Melati Binte Nur Irwan, Chua Chyi Yun, Felicia Low Zi Yuan, Renee Tan Hern Ju, Swathipriya Ramesh, Swethapriya Ramesh

In response to the escalating Internet exposure among students, student leaders aim to cultivate cyber kindness and online etiquette. Their initiative addresses the detrimental impacts of inappropriate online behaviour to foster a more inclusive and empathetic digital atmosphere. A video presentation seeks to emphasize the significance of cyber kindness and sensitivity. Additionally, engaging activities like quizzes, posters, crosswords, and a positivity board will further ingrain the importance of online respect and positivity among students, enhancing their online interactions.

Tanjong Katong Girls' School

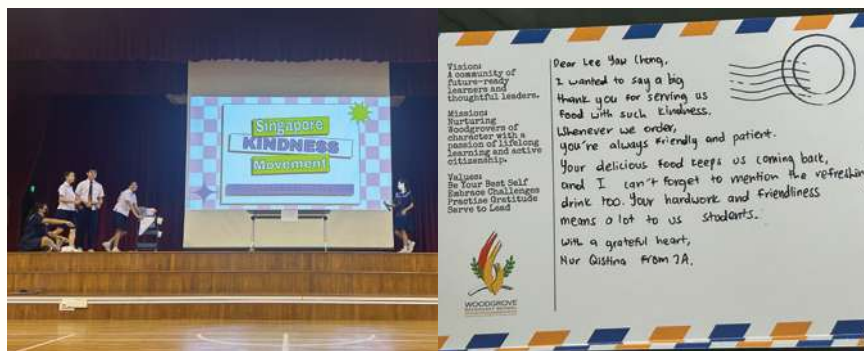
Understanding Diversity - Going In Depth About Cultures Of The Three Main Races In Singapore



Project Done By:

Alexis Leow En Xuan, Chew Li Jing (Zhou Lijing), Adelia Binte Mohammed Iskandar, Afiyah Binte Adam, Airisz Zahirah Binte Muhammad Fairoz, Amelie Png Lee Woon (Fang Liying), Cheong Pei En, Alyssa Agatha, Dorothy Toh Sze Keat, Kayla Sharissa Tan, Letitia Howe Le Xia, Nur Arisha Binti Mohamed Radzif, Shih Xin Ying Corrinne, Ten Yu Xuan Trishelle, Yasha Nair

This campaign aimed to foster empathy and cultural understanding by highlighting Singapore's diverse minority races. On Racial Harmony Day, interactive events featuring educational games, traditional music, and cultural activities seek to educate students on celebrations and ethnic customs. Stickers, sweets, and enticing decorations encouraged active participation. Additionally, by leveraging on social media and school communication channels, student leaders aimed to spread the message of respect for all cultures, promoting inclusivity and unity within the school community.



Project Done By:

Nur Qistina Binte Abu Hazari, Amirah Binte Mohammad Abdul Jalil, Daeng Irdina Rayyana Binta Daeng Iskandar Putra, Choong Kuan Ze, Adriosula Kristan Zhed Adviento, Toh Jun Hui, Jaymas Junior Toh, Thara Falisha, Ler Wen Rui, Leong Xiao Lin Ashlyn

Student leaders selected the theme of promoting cleanliness in school toilets and encouraging greetings to teachers and peers. To raise awareness, leaders integrated engaging skits and presentations during morning assemblies. This initiative aimed to improve school hygiene and foster a culture of respect and friendliness. Additionally, student leaders encouraged students to write and deliver appreciation notes to school cleaners, promoting gratitude and recognising their hard work.



Project Done By:

Tiffany Ng Ting Xuan, Muhammad Safwan Bin Sasman, Harris Zhang Kaidi, Goh Rou Ying, Puteri Elfi Alfarina Binte Yusri, Rachel Ng, Tan Yan Fei, Guillermo Richard Jr Rosario, Ragunanthan S/O Rajendran, Liong Ai Xin, Easwar Rajendran, Nur Liwani Umairah Binte Mohamed Ali, Mysha Daania Binte Abdullah, Nimileswari Dinesh Kumar, Jaiyanah Shirin Binte Mohammad Syahjahan, Manisyah Rahmadhani Binte Mohsin, Lim Yu Han, Caedmon Chew Aik An (Zhou Yi'an), Chee Chau Lok Ethan (Qian Chaole), Darren Poh Wei Cheng, Kevin Cyriac Siby, Everlyn Er Hui Ting, Ezann Wong Sher Yuan, Ler Yu Rou, Rabiatal Adawiyah Binte Jupri, Bacay Ken Laurence Bulotano, Oh Xin Yu Jade, Glen Loo Yi Xian (Lu Yi Xian), Shafiq Amirul Bin Muhammad Sidek, Jaslyn Lem Jia Hui, Kisshore S/O Kathirawan, P Z Nur Humairah, Aniruddh S/O Ezhilmani, Ng Xin He, Jess Pee Xue Qi, Sarunisha Vasu, Luwi Zhong Heng, Mohamed Liwa Unnasri Bin Mohamed Ali, Chew Shu Ling, Aniruddh S/O Ezhilmani

In response to the escalating issue of bullying in secondary schools, student leaders launched an Anti-bullying Campaign. The objective is to raise awareness on the issue, educate students on identifying and preventing bullying, and cultivate a culture of respect and inclusivity. Activities included morning assemblies, an encouragement corner, quizzes, and ongoing anti-bullying challenges. These efforts aimed to empower students to stand against bullying and create a safer and more compassionate school environment.



Project Done By:

Akshayaa Muthumeenaakshi Naaraayanan, Claricia Tan Kai Ning, Elakiya D/O Kalaiselvan, Jenessa Keryn D/O Panneer Selvan, Jeyaprakasam Pleasancia, Rakshanavathe D/O Mahendra Sakkaravarthi, Victoria Maria Huang Rui En, Lim Yun Guang, Mohammed Muhsin Bin Mohammed Hussein, Reizuan Rais Bin Mohamad Fahmi, Daanya Shasmeen Banu Binte Mohammed Nazir, Gobi Krishna Supratishtha, Rayna Maisarah Muhamad Fauzi, Shadriq Anwar Bin Kalamuddin, Muhammad Harith Bin Mohammed Hairil, Guevarra Shyne Merisse Labita, Valerie Lim Yean Peng, Raziq Rushaidy Bin Muhamad Zulkifli, Goh Rou Ni, Oh Xin Yun Joelle, Anis Fita Arini Binte Zaharrudin, Adam Zaqy Bin Khairul Haryzad, Ahmad Ammar Yaasir Bin Saharudin, Arsalan Khan, Chan Yu Tong, Chen Jia Yi Zelia, Chew Zile, Chua Wei Peng Xavier, Dev Ashton Nathan, Lee Sin Min (Li Xinmin), Loy Tong En, Muhammad Anas Uzairyll Bin Uzir, Muhammad Idraki Bin Muhammad Indra, Ryan Lee Keat How, Senthilkumar Shakthi Ganesh, Kaartika D/O Tamilselvam, Naura Nur Adiqah Binte Sani, Tariesh Murali Krishnan, Vaishvini Pillai, Kritika D/O Satkunanathan, Marissa Sofea Binte Mohamad Noras, Muhammad Adli Bin Alias, Noor 'Izzati Binte Mohammad Rizal, Shiranjini Shangkar, Lin Yuxiang, Cynthia Mook, Darlene Soh Xuan Qi (Su Xuanqi), Nur Nabila Binte Hussain

In this fast-paced digital era, impulsive decisions plague the youth, leading to negative repercussions like bullying and academic hindrances. The student leaders' solution was to foster informed choices, empathy and critical thinking. During Youth Day, student leaders conducted engaging sessions. Students were also actively encouraged to participate in CCE lessons, focusing on responsible decision-making. Post activities and reflection sessions also encourage thoughtful insights.

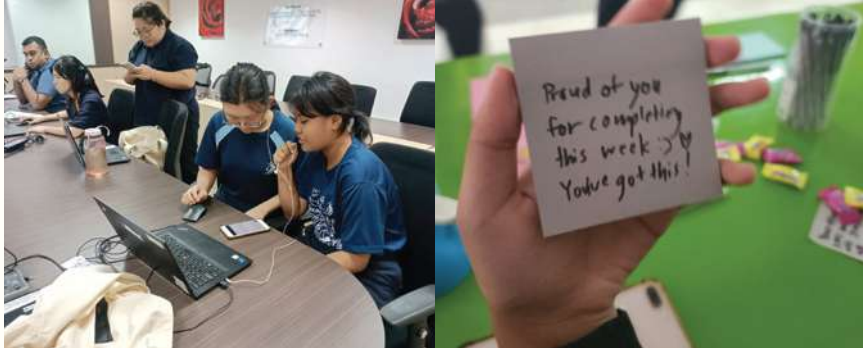
Practising Self-Kindness in Woodlands Secondary School



Project Done By:

Rhea Sreejith, Soo Jing Yi, Ezekiel Yee Kai Jun, Senthilvel Priyan, Eint Phu Kabyar Myo, Ethan Yong Zhong Fan, Nicole Lim Yu En, Saw Siong Yee Jeffery, Muhammad Nur Ansyari Bin Mohamad Fadzlie, Tisha Binte Fachruddin Dzaki, Uchenna Jazlan Kenneth, Chua Xin Ying Felicia, Toh Hong Xuan, Nur Nadhira Binte Hussain

Promoting self-kindness at Woodlands is paramount for emotional well-being. By fostering self-acceptance and reducing self-criticism, student leaders aimed to enhance mental health and resilience among students. These efforts also aimed to alleviate stress and anxiety, promoting inner calm and relaxation. Through self-kindness practices, student leaders empowered Woodlanders to recognize their strengths, achievements, and potential while boosting resilience and self-confidence. In summary, practicing self-kindness is vital for overall well-being, offering tools for self-acceptance, stress reduction, and personal growth.



Project Done By:

Zhang YINUO, Daniesya Binte Abdullah, Noella Marie Suarez, Joey Tan Wei Ru, Nadya Ariana Binte Muhammad, Letitia Tan Suan Ning, Claire Ong Kai En, Aaron Cheng Yu Yang, Benedict Chen Yong An, Angela Leong Mun Shuen, Che Wen Ting Chloe, Danica Wong Kai Ni, Meisha Lexis Castillo Estocapio, Phoebe Tan Enyi, Ping Kai Yi Matthew, Timothy Lim Sheuan Horng, Lee Yeng Yan

The school aimed to instil appreciation and kindness through interactive initiatives. An assembly presentation showcased the significance of kindness, featuring student interviews and insights. Additionally, a video shadowing non-teaching staff raised awareness about their roles and challenges. Kindness booths at the canteen also offered students the opportunity to create and share heartfelt gestures using prepared items like snacks and bracelets. A kindness wall, both online and offline, encouraged students to express appreciation for various individuals and fostered a culture of kindness.



Project Done By:

Aw Yuhui, Seet Dawn, Yeong Zhing Wen, Ethan Tan, Chan Wen Xi, Lee Zhi Xuan Jaylyn, Daniel Isaac Wong (Wang Yanjie), Tanusha Harish, Kayden Tan Hong Rui, Lee En Wen, Shirin Mulayka Binte Shamim Ahmad, Tan Qi Xuan, Trisya Nur Daniela Binte Baharudin, Crystal Tan Siew Guek, Kierstyn Francesca Law Yan Kei (Luo Enqi), Sherianty Aleimely Binte Sherhan, Kwan Jia Jun, Tristan Ng How Tze (Huang Haozhe), Erika Chua, Phua Shi Man, Dignadice Kyle Cedric Lagman, Muhammad Asyraf Zufayri Bin Asri, Katelyn Chan Shiyun, Darius Kong Sheng Jie, Mohamad Ryan Irfan Lim Bin Mohd Rizwan Lim, Tan Wei Le Ryan, Chi Jia Ning Shermaine, Phoenix Lim Zhi Cheng, Clyde Loh Kaiji, Sofiya Tay Muhammad Taaj, Jermaine Ng Yuen Yee, Rachel Nie Enrui, Chace Quek Jun Ming, Tan Yi Heng Javier

This campaign advocates for diversity as fostering friendships with diverse communities is vital. Sports is a powerful platform, uniting people across cultures, transcending language and backgrounds. Hence, a week long programme was carried out which includes assembly talks, Kahoot quizzes, and a sports carnival featuring diverse sports. Students are encouraged to form cross-cultural teams, promoting teamwork, cooperation, and understanding. The games were anchored in the values of fair play and respect, ultimately creating a sense of belonging and international friendships.



Project Done By:

Anwita Swaro, Dewangan Veralika, Hemakshi Gandhi, Kanakkaparambil Parvath, Boga Niraj, Mohite Manasvi Vaibhav, Sharma Anvesha, Singh Ishita Kumari, Manas, Susan Elias Jeniya, Sandeep Devananda, Puranam Pradhyun, Rajan Suresh Mitul, Shinde Smitesh Amit, Pravin Harshil

In this campaign, student leaders took proactive steps to address plastic waste and promote environmental responsibility. Through campaigns like "Say No to Plastic" and beach clean-ups, they aim to engage their community. Leaders also emphasise nurturing a sense of responsibility towards nature by maintaining a green campus. They advocated for policy changes, collaborated with businesses, and used technology to extend their reach. With their efforts to go beyond the school walls, students strived for a sustainable and socially responsible society.



Project Done By:

Palmasthan Habibah Dhiya, Santhosh Kumar Dhanvi Chandra, Ganta Sri Anwita, Thakkar Arushi Hirenkumar, Yadav Arnav, Sankar Babu Devesh, Divyesh Balaj, Biju Aradhana, Kulkarni Kshitij Sunil, Suresh Kumar Renju Anna Maria, Kolla Vrindha Sri, Ambalavanan Gauthaman, Sharma Aayush, Srishtu Snigdha Lahari, Mustafa Khunsha

Instilling gratitude is crucial through specific activities. Students were taught to express thanks to cleaners and helpers, show patience and respect, share meals, and celebrate special occasions. This fostered bonding and trust. The school organised awareness programs, encouraging students to appreciate helpers and promoting a culture of kindness. Activities included giving cakes or gifts on birthdays, inviting helpers on trips, and creating collages of photos. These initiatives aimed to cultivate gratitude and strengthen relationships among students and helpers.



Project Done By:

Arokia Roy Lawrence Irisha, Arvinth Kumar Harshana, Biradar Sanidhya, Ishan Sheth, Nagulapalli Sarvani, Poreyana Sunil Kumar Deshika, Chindu Prabu Dhayan, Kamesh Sampri, Kathiravan Sakshini, Vinoth Kumar Saravanan, Dubey Ikshita, Ghosh Avni, Nebhwani Akshat, Kannan Kanish, Dhanush Devakumar, Rajesh Chander Esha, Angara avyakta Pragnya Nidhi, Suresh Kumar Karthika, Swarnika Sharma, Das Anoushka Santanu

The school actively engaged with students in diversity focused activities such as role-play, talk shows, and cultural celebrations like Chinese New Year. Students participated in representing different racial groups through dress-up and role-play, promoting understanding and unity. These activities aimed to foster communal harmony, allowing students to appreciate and preserve diverse cultures. The school acknowledged and showcased students' efforts in these initiatives, sharing their experiences and learnings in assemblies, encouraging the celebration of diversity and cultural understanding.



Write for Kindness

Write for Kindness (WFK) is a national creative-writing competition organised by the Singapore Kindness Movement (SKM), with the Singapore Book Council as our programme partner. WFK is a platform for secondary school, junior college, centralised institute, madrasah, special education and international school students to promote kindness to the younger audience by creating age-appropriate and culturally relevant children's stories, through short stories, poetry, illustrations and songs.

This competition aims to promote:

- The value of kindness through stories and poems which focus on the theme 'Kinder You Leads to _____ Us' (fill in the blanks according to the story/poem).
- The importance of stories and poems to positively impact preschool children in their character development.
- Story and poetry as creative means of expressing cultural values.
- Teamwork among students who work together on the stories, poems and illustrations for preschool children.
- The appreciation and development of literary arts and local literature in our society.

The entries are graded according to:

- Clarity of the message
- Relevance to target audience
- Language
- Creativity and originality of ideas
- Illustration
- Song composition
- Usage of poetic devices and forms

STORY-WRITING & ILLUSTRATION

Winner

Tanjong Katong Girls' School
To "Bee" Or Not To "Bee"

1st Runner Up

Eunoia Junior College
A Kinder You Leads To A More Connected Us

2nd Runner Up

Nanyang Girls' High School
Bob The Colourful Robot

Consolation

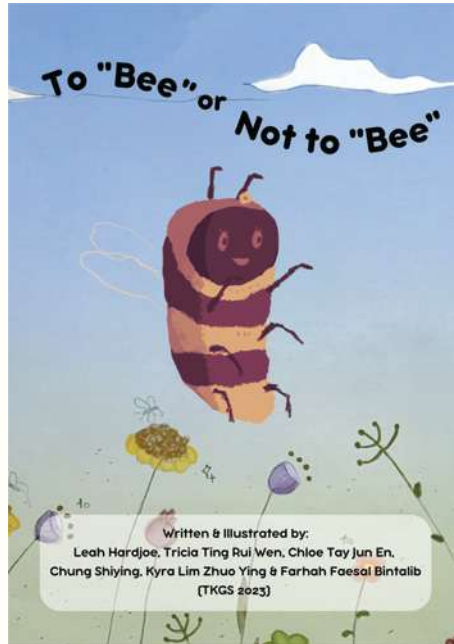
Manjusri Secondary School
What Would Gizmo Do?

Best Illustration

ACS (International)
Luna's Loopy Space Adventure

WINNER

Tanjong Katong Girls' School To "Bee" Or Not To "Bee"



Written & Illustrated By:

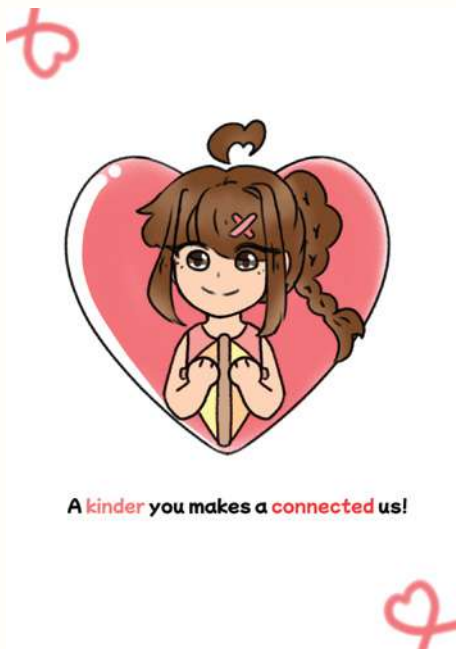
Leah Hardjoe, Tricia Ting Rui Wen, Chloe Tay Jun En, Chung Shiyong,
Kyra Lim Zhuo Ying, Farhah Faesal Binalib

Follow Beatrice the bee on her journey to spread kindness throughout the Hive.

1ST RUNNER UP

Eunoia Junior College

A Kinder You Leads To A More Connected Us



A kinder you makes a connected us!

Written & Illustrated By:

Ng Wei Xuan, Isabelle Amanda Chua Hui Xuan, Phoebe Raelyn Quek,
Johanna Lee, Taria Mulyadi, Clarissa Leong Zi Lin

Join Amy, Bella, Chen Xiang and Uncle Desmond in each of their different adventures! As they explore, they discover the most important thing of all – kindness.

2ND RUNNER UP

Nanyang Girls' High School

Bob The Colourful Robot



Written & Illustrated By:

Adena Chan Li Fang, April Liu Zimeng, Kun Sint Shwe Yee, Lee Yi Xuan Frances,
Yang Luoyi, Tan Yu Hann Laura

Bob the colourful robot moves into a new town only to find the people there sad and grey. So, he sets off on a journey to share his colours, helping many people on the way.

CONSOLATION

Manjusri Secondary School

What Would Gizmo Do?



Written & Illustrated By:

Aurora Francoise Tan Be Gem, Lim Xuan Ting, Desiree, Tay Qi Xuan,
Tang Xin Ying, Chee Van Chung, Yip Ler Quan Gareth

Gizmo the guinea pig is bullied by a village of hamsters because he looks different. However, his hamster neighbours soon realise that what is beautiful may not always be what is useful. The fate of the hamsters now lies in Gizmo's paws. However, should Gizmo help his fellow neighbours? Or should he pay them back with how he has been treated by them?

Read on to find out what Gizmo eventually chose to do. And perhaps you might also realise that being different is not bad after all.

BEST ILLUSTRATION

ACS (International)

Luna's Loopy Space Adventure



Written & Illustrated By:

Shreya Biswas, Audrey Zee, Zoya Khawaja, Si Jie Fu (Jessie)

Things take a little turn on Luna's space adventure as she passes by a gloomy planet. Her blimp, fueled by good vibes, goes haywire detecting the sad vibes – and plummets straight down, crashing into a sad little town filled with sorrowful alien creatures.

Join Luna's journey as she makes unexpected friendships and figures out how to return to the stars once more!

POETRY-WRITING & ILLUSTRATION

Winner

NPS International School

Big-Hearted Beavers

1st Runner Up

Cedar Girls' Secondary School

A KINDER YOU

2nd Runner Up

Clementi Town Secondary School

From Me, To You

Consolation

Nanyang Girls' High School

Kinder You Leads To Including Us

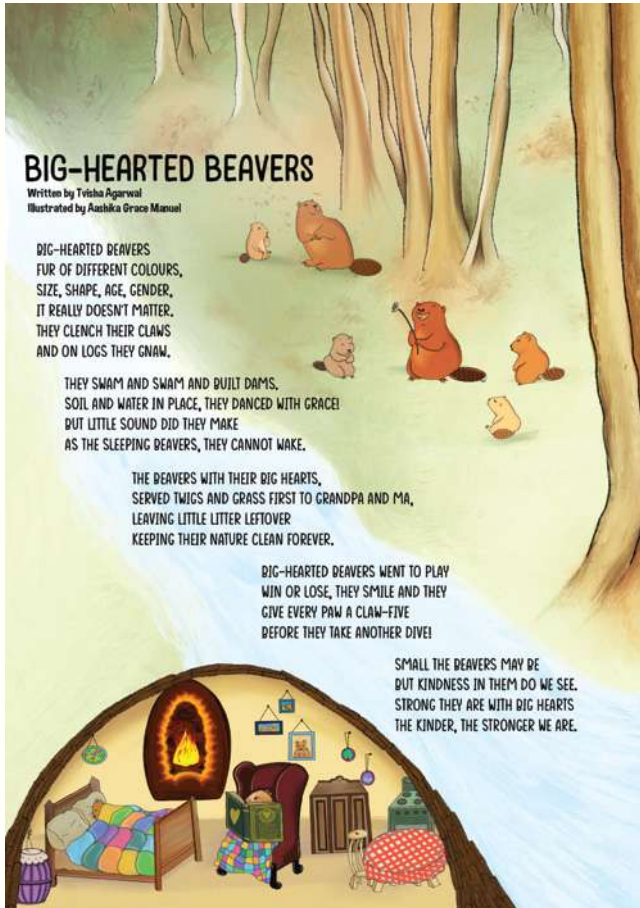
Best Illustration

Eunoia Junior College

Kinder You Leads To Us: A Tale Of Two Friends

WINNER

NPS International School Big-Hearted Beavers



BIG-HEARTED BEAVERS

Written by Tvisha Agarwal
Illustrated by Aashika Grace Manuel

BIG-HEARTED BEAVERS
FUR OF DIFFERENT COLOURS,
SIZE, SHAPE, AGE, GENDER,
IT REALLY DOESN'T MATTER.
THEY CLENCH THEIR CLAWS
AND ON LOGS THEY GNAW.

THEY SWAM AND SWAM AND BUILT DAMS,
SOIL AND WATER IN PLACE, THEY DANCED WITH GRACE!
BUT LITTLE SOUND DID THEY MAKE
AS THE SLEEPING BEAVERS, THEY CANNOT WAKE.

THE BEAVERS WITH THEIR BIG HEARTS,
SERVED TWIGS AND GRASS FIRST TO GRANDPA AND MA,
LEAVING LITTLE LITTER LEFTOVER
KEEPING THEIR NATURE CLEAN FOREVER.

BIG-HEARTED BEAVERS WENT TO PLAY
WIN OR LOSE, THEY SMILE AND THEY
GIVE EVERY PAW A CLAW-FIVE
BEFORE THEY TAKE ANOTHER DIVE!

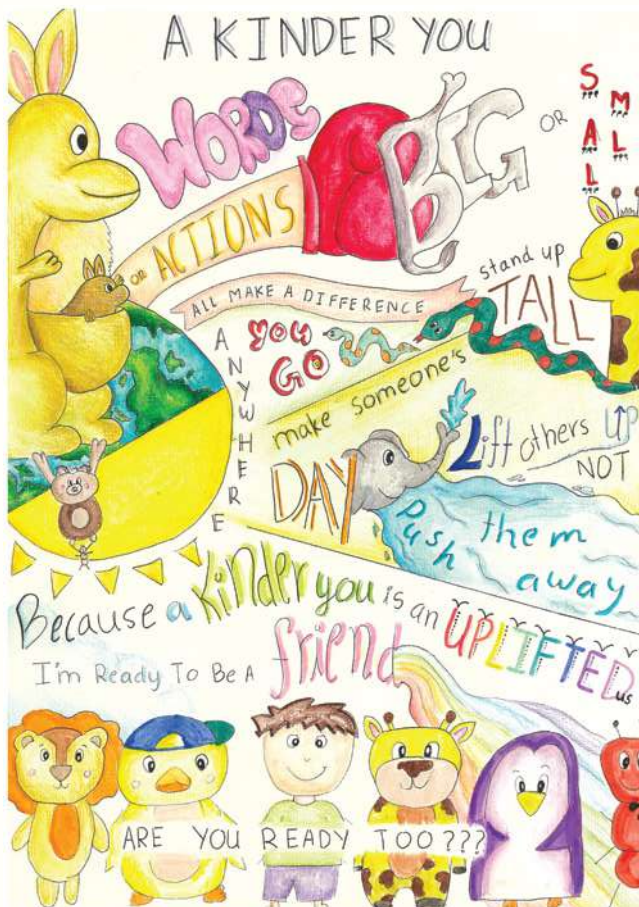
SMALL THE BEAVERS MAY BE
BUT KINDNESS IN THEM DO WE SEE.
STRONG THEY ARE WITH BIG HEARTS
THE KINDER, THE STRONGER WE ARE.

Written & Illustrated By:
Aashika Grace Manuel, Tvisha Agarwal

1ST RUNNER UP

Cedar Girls' Secondary School

A KINDER YOU



Written & Illustrated By:
Isha Prakash, Beth Chew Chi En

2ND RUNNER UP

Clementi Town Secondary School

From Me, To You



From Me, To You

A longing gaze
Through the glass window
My small frame standing outside
As the chilly wind blows

Displays of toys
Fill the store
I'm only separated by
A thick glass wall

Shimmering lights
Decorate the place
Knick knacks lined
In every way

Children of all sizes
Dressed in their soft winter coats
The toy shop bustles
Festive shoppers galore

a boy no different from me
Wrapped in a wooly coat
Hands full of presents
A gleeful smile graces his face

As I long for the special toy
My eyes filled with stars
Knowing I would never have it
For I didn't know

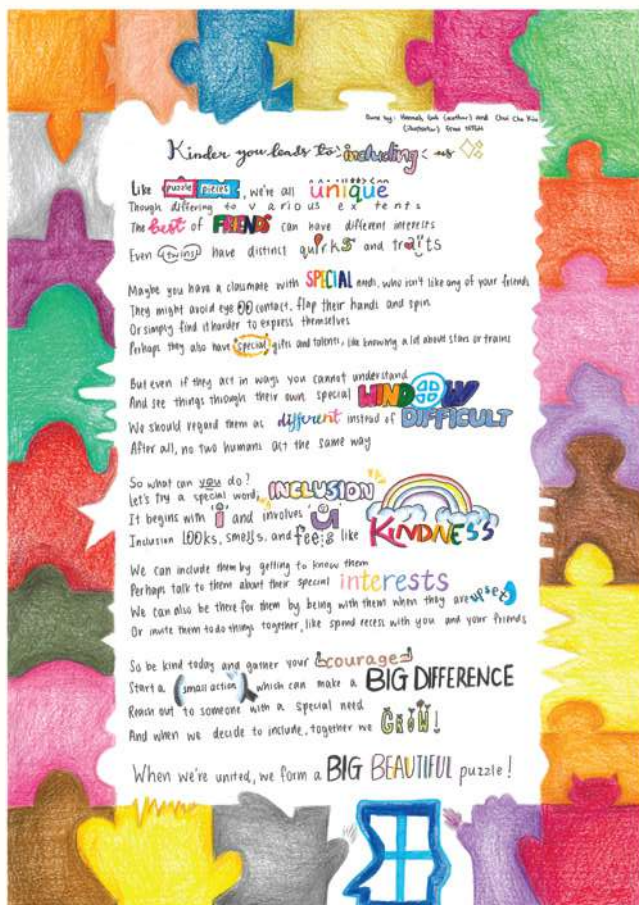
With a compassionate heart
And a spirited soul
An act of kindness
Was in store

....A gift?
From you to me
For a kinder you
Leads to a more empathetic us

Written & Illustrated By:
Pang Ing Jia, Goh Yun Ying

CONSOLATION

Nanyang Girls' High School Kinder You Leads To Including Us



Written & Illustrated By:
Chui Cho Kiu, Goh Si Han Hannah

BEST ILLUSTRATION

Eunoia Junior College

Kinder You Leads To Us: A Tale Of Two Friends



Written & Illustrated By:
Yong Xu Ning, Fang Ling Yun



Kindness Badge Award

The Kindness Badge is a mark of distinction awarded to secondary school students in the Uniformed Groups who have completed projects that promote kindness and graciousness in their schools and the community. These projects may take the form of digital campaigns or physical initiatives on themes such as Neighbourliness, CyberKindness, Foreigner-Local Integration, and Mental Wellness & Empathy. The KBA programme encourages students to reflect and act on community issues, by working in teams to cultivate greater kindness in our society.

There are two phases of the KBA programme:

- KBA Phase 1 – Attend a design-thinking workshop
- KBA Phase 2 – Complete a kindness project

Uniformed Groups Participating in KBA 2023



Collaboration with Beyond The Label (by the National Council of Social Service)

For the KBA project theme on **"Mental Wellness & Empathy"**, SKM partnered with Beyond the Label (BTL). The new phase of BTL, "BTL 2.0", rallies like-minded partners to create positive behavioural changes in schools, workplaces and community groups that includes:

- Raising awareness of stigma and advocating for greater support for persons with mental health conditions;
- Educating and equipping the public with peer support skills that help them interact and support persons with mental health conditions;
- Implementing workplace adjustments to support persons with mental health conditions better; and
- Encouraging those who need help to seek help early.

Resources on mental well-being provided by the BTL team were incorporated into students' kindness campaigns under the KBA programme.

FEATURED SCHOOLS & UNIFORMED GROUPS

- 01** ACS (Independent) - NCC (Air)
- 02** ACS (Independent) - NCC (Air)
- 03** ACS (Independent) - NCC (Air)
- 04** ACS (Independent) - NCC (Land)
- 05** ACS (Independent) - NCC (Land)
- 06** ACS (Independent) - NCC (Land)
- 07** ACS (Independent) - NCC (Sea)
- 08** ACS (Independent) - NCC (Sea)
- 09** ACS (Independent) - NCC (Sea)
- 10** Ahmad Ibrahim Secondary School - Girl Guides
- 11** Bowen Secondary School - Girl Guides
- 12** Bowen Secondary School - Girl Guides
- 13** Bowen Secondary School - Girl Guides
- 14** Catholic High School - NCC (Air)
- 15** Catholic High School - NCC (Air)

FEATURED SCHOOLS & UNIFORMED GROUPS

- 16** Chung Cheng High School (Main) - St John Brigade
- 17** Chung Cheng High School (Main) - St John Brigade
- 18** Chung Cheng High School (Main) - St John Brigade
- 19** Deyi Secondary School - NCC (Land)
- 20** Jurongville Secondary School - Girl Guides
- 21** Jurongville Secondary School - Girl Guides
- 22** Juying Secondary School - NCC (Sea)
- 23** Juying Secondary School - NCC (Sea)
- 24** Kranji Secondary School - St John Brigade
- 25** Kranji Secondary School - St John Brigade
- 26** Manjusri Secondary School - Scouts
- 27** Manjusri Secondary School - Scouts
- 28** Manjusri Secondary School - Scouts
- 29** Nanyang Girls' High School - Girl Guides, St John Brigade
- 30** Nanyang Girls' High School - Girl Guides, St John Brigade

FEATURED SCHOOLS & UNIFORMED GROUPS

- 31** Nanyang Girls' High School - Girl Guides, St John Brigade
- 32** Nanyang Girls' High School - Girl Guides, St John Brigade
- 33** Nanyang Girls' High School - Girl Guides, St John Brigade
- 34** Peicai Secondary School - Girl Guides
- 35** Peirce Secondary School - NCC (Land)
- 36** Peirce Secondary School - NCC (Land)
- 37** Peirce Secondary School - NCC (Land)
- 38** Peirce Secondary School - NCC (Land)
- 39** Peirce Secondary School - St John Brigade
- 40** Paya Lebar Methodist Girls' School (Secondary) - St John Brigade
- 41** Singapore Chinese Girls' School - NCC (Land)
- 42** Singapore Chinese Girls' School - NCC (Land)
- 43** St Patrick's School - NCC (Air)
- 44** St Patrick's School - NCC (Air)
- 45** St Patrick's School - NCC (Air)

FEATURED SCHOOLS & UNIFORMED GROUPS

- 46** St. Joseph's Institution - NCC (Air)
- 47** St. Joseph's Institution - NCC (Air)
- 48** St. Joseph's Institution - NCC (Air)
- 49** Swiss Cottage Secondary School - NCC (Air)
- 50** Swiss Cottage Secondary School - NCC (Air)
- 51** Tampines Secondary School - Girl Guides
- 52** Tampines Secondary School - Girl Guides
- 53** Tampines Secondary School - Girl Guides
- 54** Tanjong Katong Secondary School - Girl Guides
- 55** Tanjong Katong Secondary School - Scouts
- 56** Tanjong Katong Secondary School - Scouts
- 57** West Spring Secondary School - Girl Guides
- 58** West Spring Secondary School - Girl Guides
- 59** West Spring Secondary School - Girl Guides
- 60** Yishun Secondary School - NCC (Land)

FEATURED SCHOOLS & UNIFORMED GROUPS

- 61** Yishun Secondary School - NCC (Land)
- 62** Yishun Secondary School - NCC (Land)
- 63** Yuying Secondary School - NCC (Land)
- 64** Yuying Secondary School - NCC (Land)
- 65** Yuying Secondary School - NCC (Land)



Project Done By:

Jaden Adrian Shankar, Gopalakrishnan Rittesh, Kyle Wee Jia En, Ang Kai Ray, Ingo Iskandar,, Sunay Mishra, Daniel Gong, Ivan Loh, Pranav Narayan Rajkumar, Shaan Praveen, Selvakumar Madhan

Uniformed Group:
NCC (Air) - Group A

Instagram:
@bully_free_bytes

Seeking to share the importance of being kind online, the cadets initiated an Instagram campaign with infographics and reels about being respectful when accessing social media and other online platforms. A key message they emphasised was that making jokes or teasing others might seem harmless at first, but could quickly translate into cyberbullying when certain boundaries are crossed. The cadets also covered tips on what to do if young people suspect that their friend is being cyberbullied.

ACS (Independent)

Project Kinder Everyday



Project Done By:

Maximus Mathias Tan, Ng Yi Kai Leonard, Tay Alexander Matthew, Coen Lou Jingren, Tan Jian Zhi Zakee Bin Adam, Aaden Poon Kei-En, Aidan Seah Say Hao, Alvin Deo Clement, Arun Prasad Dhanurithvik, Chan Shawn Ren Nigel, Muthusaravanakumar Samrish

Uniformed Group:
NCC (Air) - Group B

Instagram:
@kinder.every.day

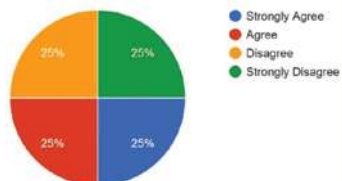
The students' Instagram content highlights the benefits of showing kindness to others. It exemplifies actions that one can take, such as complimenting someone when they do something well, being a good listener to a friend, or just simply smiling at others to spread positivity. Through these tips and kindness quotes, the group hoped to inspire their Instagram followers to take the initiative to do good, thereby creating a ripple effect of kindness in our community.

ACS (Independent)

Project M.W.E.



happy most of the time this year.



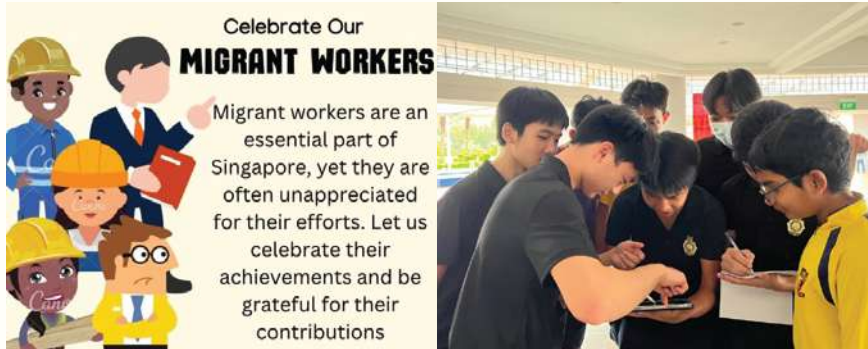
Project Done By:

Isaac Eow Xue Zhe, Josh Chia Ren Jie (Xie Renjie), Karthikeyan Balaji, Nirvaan Jain, Cheng Shihang, Isaac Chua Tee Khiam, Timothy Ho Kai Zhe, Kanwar Siddarth Lather, Senthilkumar Elakkian, Zee Ka-Yong

Uniformed Group:
NCC (Air) - Group C

Instagram:
@project_mwe

Titled Project M.W.E (Mental Wellness & Empathy), this online campaign focuses on the common causes of stress among youths and steps taken to relieve stress during challenging times. The team did an online survey to gather their schoolmates' thoughts on well-being and managing stress, and also shared how youths can learn to be more empathetic towards their peers. They stated a few ways in which one can offer support to a friend facing a difficult situation.



Project Done By:

Matthew Lam Yi, Leow Yi En (Liao Yien), Balamurugan Sachit, Leo Sun, Wang Ben, Shaan Kumar, Zander Teo Ziheng, Matthias Liew Jun Xi, Jayden Aw Jie Kai, Chng Wei Chuan, Davin, Kynan Cheong (Zhang Kairui)

Uniformed Group:
NCC (Land) - Group A

Instagram:
[@international_kindness](https://www.instagram.com/international_kindness)

With the intention of raising awareness about integration in Singapore, the group crafted Instagram posts around showing gratitude to migrant workers for their various contributions here. Infographics and survey findings on perceptions towards foreigners were published on the Instagram page. These posts were accompanied by captions illustrating how locals may play their part to make Singapore a nation of warmth and inclusivity by having greater compassion for migrants and embracing differences.

ACS (Independent)

Your Nearest Friend



Project Done By:

Ayden Lee Ming En, Chin Pin Jie Dax, Choo Kai, Javier Wong Jia Jun, Joshua Prince, Maurice Ler Yu Jie, Menezes Aaron, Michael Wong Kia An, Ng Zan-E Valen, Shen Ziao

Uniformed Group:
NCC (Land) - Group B

Instagram:
[@your_nearest_friend](https://www.instagram.com/your_nearest_friend)

The cadets expanded upon their project title in their digital campaign, highlighting how our neighbours are our nearest friends in good and bad times. They explained the benefits of maintaining strong and positive relationships with our neighbours, and how these ties can foster a close-knit community where people do not hesitate to show kindness to one another. They also posted quotes on their Instagram page to drive home the message of good neighbourliness.

ACS (Independent)

Friendly Migrant Neighbours



Project Done By:

Nepolian Kavın, Aakash Haran Velmurugan, Aarav Jalan, Evan Benedict Lim, Koh Zhi Seng Alvin, Leighton Mark Jansen, Nanda Kumar Shree Bhala Raj, Potula Viswa Uday, Tan Wei Zheng, Zhang Ruizhe, Zhao Zuoén Joén

Uniformed Group:
NCC (Land) - Group C

Instagram:
@acsincclandmigrantneighbors

Aiming to promote greater kindness and compassion towards migrant workers, the cadets set up an Instagram page where they posted a series of riddles. These riddles alluded to the work and lifestyles of migrant workers, and the background images of these riddles were of construction sites and buildings. Through the riddles expressed in the form of poetry, the team engaged with their Instagram followers and hoped to encourage better integration between foreigners and locals in Singapore.

ACS (Independent)

Neighbours - Friends By Choice



Project Done By:

Brandon Seah Lok Jun, Foo Jiauw Yenn Noel Fine, Tham Wei Kang, Gavin Tsai Kai Feng, Goh Joong Kiat Andrei, Seow Eng Diak, Troy, Evan Tay Yukai

Uniformed Group:
NCC (Sea) - Group A

Instagram:
[@kindness_between_neighbours](https://www.instagram.com/kindness_between_neighbours)

Wanting to encourage people to interact with and help out their neighbours, the team curated Instagram posts containing messages on good neighbourliness. Through relevant quotes, tips and graphics, they wished to urge individuals to take the initiative to communicate with their neighbours in a proactive manner, thereby fostering a strong community where people can rely on one another in times of need. The students highlighted that kind gestures towards one's neighbours can be simple yet impactful.

ACS (Independent)

Inclusive Of All



Project Done By:

Wu Yu Xin, Leroy, Justin Poon Jia Le, Denzell Goh Guanjin, Prakash Raghav, Dylan Gabriel Beh Ju Lian, Zach Koh Yi Wei, Darrence Tan Jun Kiat

Uniformed Group:
NCC (Sea) - Group B

Instagram:
@foreignlocalintegration.acsi

The cadets set up an Instagram account to advocate for greater integration between Singaporeans and foreigners. They created posts about being kind and respectful to migrant workers, and touched on how embracing diverse cultures contributes to a deeper sense of harmony. The team hoped to motivate their Instagram followers to be open and friendly towards foreigners, as well as to show gratitude for their contributions to Singapore.

ACS (Independent)

AC Kind-To-Mind



*Empathy is about
putting yourself in
other's shoes
we all need it*

**IF YOU ARE A VICTIM
OF BULLYING, DON'T
KEEP QUIET. YOUR
MENTAL WELLBEING IS
IMPORTANT**



Project Done By:

Tan Zheng Jie Tyler, Cheung Sheung Yan Gabriel, George Nilavan Emil, Sing Yun Feng (Xin Yunfeng), Deepra Banerjee, Kieran Ong Shu Kai, Ku Peng Jun Emmanuel

Uniformed Group:
NCC (Sea) - Group C

Instagram:
[@foreignlocalintegration.acsi](https://www.instagram.com/foreignlocalintegration.acsi)

Feeling inspired to discuss the topic of mental wellness, the cadets gathered quotes and tips on emotional well-being, sharing these on their Instagram page. Additionally, they designed a character to convey a short story on how being bullied can affect someone negatively. They illustrated the importance of practising empathy and being an upstander to counter bullying and other harmful behaviours, thus showing youths that they can do something to extend kindness to others.



Project Done By:

Xie Kaien Denise, Ayesha Zahra Mohammed Zubir, Deanysha Putri Zailani, Lee Yong Lin, Low Zi Ting Kiera, Nur Shakirah Shawal, Tay Jia Lian, Teng Jia Qi, Toh Bao Xuan Sofia, Wang Chen Yu Grace, Wong Wan Yan, Nasywa Sabila Muhammad Hotib, Nur Marsya Alya Mohammad, Celest Loh Enxy, Fatimah Yusof

Uniformed Group:
Girl Guides

Instagram:
[@nextdoorneighbour_aissgg](https://www.instagram.com/nextdoorneighbour_aissgg)

Focusing on the theme of Neighbourliness, the students curated an Instagram campaign to motivate teenagers to be a kind and thoughtful neighbour. On top of posting relevant infographics, they also did a video interview asking their peers to voice out their opinions on good neighbourliness, and shared a few Instagram reels to spruce up their campaign. Some of the positive actions which were stated include greeting our neighbours with a smile, inviting them over for cultural celebrations and helping elderly neighbours to run errands.



Project Done By:

Sim Wen Hui, Nur Arissa Adlina Binte Abdul Halim, Karthiban Darshini

Uniformed Group:
Girl Guides - Group A

Instagram:
@lit.tlegestures

The Guides initiated a digital project to raise awareness of strengthening relations between neighbours. The Instagram account involved informative posts as well as comics and polls to engage people in thinking about neighbourliness. In addition, they posted a couple of news headlines about neighbours doing good for one another and managing disputes in a healthy manner. All in all, the group wished to emphasise that little gestures can make a significant difference in the neighbourhood, thereby alluding to their project's title.



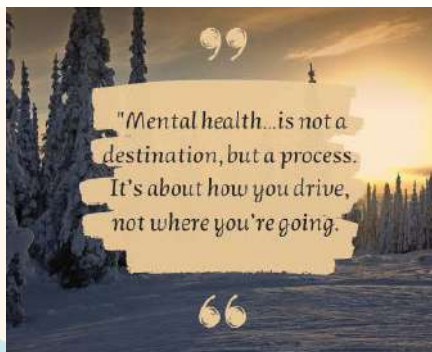
Project Done By:

Chia Xin Hui, Pranaya Arun Pirakash

Uniformed Group:
Girl Guides - Group B

Instagram:
[@bwss_catsnkindness](https://www.instagram.com/bwss_catsnkindness)

Using cat mascots to guide their Instagram campaign, the students posted content and messages linked to mental health, self-care and showing compassion for others. They also included an uplifting check-in post for their followers to view and learn more about looking out for the people around them. A key point communicated through the project is that individuals' mental well-being is just as important as their physical well-being. The students hoped to encourage people to be proactive in spreading kindness as it could just lift the spirits of someone going through a tough time.



Project Done By:

U Rithvekaa, Varsha Balasubramanian, Kim Thanh Thanh

Uniformed Group:
Girl Guides - Group C

Instagram:
@bwss_gg_beautifulminds

This KBA project was focused on the mental health of our community. Through infographics on checking in with oneself and Instagram stories discussing how people may offer kindness to others, the students conveyed the values of empathy, patience and support. They also shared encouraging quotes via Instagram posts, including the message of mindfulness. Overall, the campaign aimed to urge people to practise kindness so that we may foster an environment of genuine care where everyone's wellness is being prioritised.



Project Done By:

Daniel Wong Yan Zu, Hugo Christopher Koh Ern Lue, Tok Kong Lok, Gregory Lim Kin-Yi, Wang Hao Ming, Ho Zhen Wei Joshua, Reygan Low Cheng En, Darren Chua Cheng Xu, Teoh Yoke Chuan, Wang Haolin

Uniformed Group:
NCC (Air) - Group A

Instagram:
[@project.cyberneticus](https://www.instagram.com/project.cyberneticus)

In partnership with Transient Workers Count Too (TWC2), a non-profit organisation dedicated to alleviating the financial burden of migrant workers, the cadets held a donation drive in school. With careful coordination, the cadets collected 689 daily essentials for 80 migrant workers, with strong support from their peers and teachers. This project ended in great success as the cadets surpassed their initial goal of collecting 400 items and gained a newfound appreciation and respect for the migrant workers.



Project Done By:

Dylan Ang Yu An, Lim Xu Yang Leroy, Javen Palimarmo, Tan Jing Li, Ethan Quek Cheng Xi, Heng Cheng Hee, Chng Benjamin, Sean Chou

Uniformed Group:
NCC (Air) - Group B

Instagram:
@project.cyberneticus

To learn more about the challenges migrant workers face, the cadets underwent extensive research and collectively decided to kickstart an Instagram campaign. With their posts, the cadets not only helped publicize the donation drive occurring with Group A but also helped raise awareness on struggles migrant workers' face. With a dedication to create engaging and diverse posts, the cadets were able to gain 73 followers and appeal for support for the migrant workers, as seen from a significant involvement in the donation drive.



Project Done By:

Ang Geng-Hun Ethan, Evelyn Khoo Xian En, Iden Lau Wen Feng, Joey Wong, Koh Poh Kim, Shen Tsai Wei, Tan Cheng Xi

Uniformed Group: St John Brigade - Group A

With the objective of fostering neighbourliness within the Bedok community, a team of students initiated a campaign titled 'Heart-to-Heart: Kindness Makes Us One.' This heartfelt campaign centred on encouraging neighbours to practise kindness towards each other to cultivate a warm and harmonious environment. Working in smaller teams, these students went around Bedok Mall and various HDB areas in the neighbourhood to gather opinions about neighbourliness. The consensus was clear; most people embraced the idea of uniting Singaporeans to promote peace and prevent conflicts in the community.

Chung Cheng High School (Main)

Write A Note, Receive A Note



Project Done By:

Cayden Ho, Leong Qi En Nicole, Ong Min Yuh, Ong Xue Qi Cassandra, Ong Zhi Shan, Tan Pin Quan, Wee Yuhui Jermaine

Uniformed Group:

St John Brigade - Group B

In an effort to raise awareness about well-being and kindness amongst members of the public, the team launched the 'Write a Note, Receive a Note' campaign. The primary focus of this initiative was to show care to those who are having personal struggles and to raise awareness about being kind and supportive to others. The team approached youths outside of the National Library. These youths were tasked to write down words of encouragement and pass it on to the next person to spread kindness. Many youths participated in the campaign and enjoyed the experience.

Chung Cheng High School (Main)

Building Bridges



Project Done By:

Kerelle Lee Yun Xuan, Lee Min Xue Rein, Lim Wee Tong Julian, Shannon-mae Lim Cheng En, Shervalle Gow Yu Xi, Tan Rui Jun Jayden

Uniformed Group:

St John Brigade - Group C

Driven by the goal of fostering a sense of belonging among foreigners in Singapore, the students initiated a campaign called "Building Bridges" to encourage members of the public to express their appreciation for migrant workers' contributions. This campaign unfolded at Old Airport Road Hawker Centre, where the students engaged with members of the public, inviting them to write encouraging notes for foreign workers. These notes were pasted on two boards which were then presented as gifts for the foreign workers as the students explained their efforts.

Deyi Secondary School

Kinder Neighbours, Better Community



Project Done By:

Astin Thapa, Woon Yu Fan, Archer, Isaac Koh Keng Ian, Ebel Tan, Leong Chun Hei, Javier, Rithish Raventhiran, Ho Yu Rui, Jayden Tan Xun Feng, Mohammad Aniq Ian Bin Mohammad Sophian, Ong Hua Jin, Vijaybilla, Ethan Tan Jia Sheng, Ravin Kummar S/O Palani, Sreeny Chelliah Prabanjan Chelliah

Uniformed Group:
NCC (Land)

Instagram:
@bekind_helpfultowardneighbours

The team developed infographics to advocate for stronger ties among neighbours, sharing tips such as offering help to our neighbours and celebrating cultural festivities together. In addition to these infographics on their Instagram page, they also filmed a skit demonstrating simple actions that individuals can adopt to be a kind and considerate neighbour. This video was posted on Instagram as a means of sharing relatable content on what it means to be a good neighbour.



Project Done By:

Tan Jing Xuan Michelle, Tan Yu Xuan Genevieve, Steffi Chew Yu En, Balu Ravi Charanya, Adeline Tan Jia Qian, Krislyn Infant Henry Johnson

Uniformed Group:
Girl Guides - Group A

Instagram:
@mentalwellness_jvs

An Instagram page was set up by the students to bring awareness to the importance of positive support systems in the context of mental well-being. They posted infographics and a fictional story about a girl dealing with physical insecurities. Additionally, the team set up a booth in their school where they facilitated interactive activities to share about mental wellness with their peers, and to convey how individuals can learn to show empathy and compassion to those around them.



Project Done By:

Dilshad Sumehra Khan, Quek Lok Yew (Guo Leyao), Huang Si Xian Caris, Balamurugan Susithra, Hazel Goo Yew Theng

Uniformed Group:
Girl Guides - Group B

Instagram:
@jvs_cyberduckiessss

Encouraged to spread kindness in the cyber sphere, the Guides introduced a mascot named 'Quackson' on their Instagram account to talk about good cyber etiquette. They also designed posters for their campaign booth in school, where different perspectives on cyber kindness and cyberbullying were shared to encourage reflection. Through their Instagram posts and in-person outreach, the group hoped to emphasise the importance of cyber kindness in the lives of youths.



**Don't count the days,
make the days count**

Project Done By:

Damien Toh, Muhammad Reza Adam Bin Riduan, Shaik Ukasyah Rayyan Bin S MD F, The Zhi Yuan Zen, Kyral Ho Zong Han, Malekar Saisharan

Uniformed Group:
NCC (Sea) - Group A

Instagram:
@juyingncc.apositivemessage

To cultivate a positive mindset among their peers, the cadets initiated a digital campaign designed to inspire their peers to maintain a positive outlook, even when confronted with adversity. As part of this campaign, the team committed to sharing motivational quotes about positive thinking on their Instagram account on a weekly basis. Their consistent effort aimed not only to provide uplifting content but also to encourage their peers to maintain a constructive perspective in the face of challenges.



Project Done By:

Desiree Loh Wan Qi, Phng Shao Han, Hsu Wai, Siew Xuan Ying, Tan Chee Qian (Chen Zhiqian), Loo Jie Yao

Uniformed Group:
NCC (Sea) - Group B

Instagram:
[@juyingncc_cyberbullying](https://www.instagram.com/juyingncc_cyberbullying)

In their endeavour to assure victims of cyberbullying that they are not alone, the team embarked on a digital campaign with the goal of raising awareness about cyberbullying and offering support to its victims. They shared content on addressing strategies to prevent cyberbullying and guidance on how to cope with and seek help when faced with a cyberbullying incident. Most notably, this project sought to emphasise the importance of being kind in the online sphere.



Project Done By:

Veron Huang LeTong, Tricia Lee (Li Xuan Le), Tai Zhi Hao, Zakyy Bin Rizan, Chua Bing Xun
Malcolm, Alya Elisha Binte Mohamad Rafi, Chan Kai Shun Elena (Chen Jia Xuan)

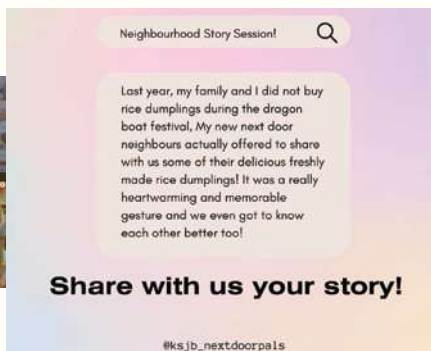
Uniformed Group:

St John Brigade - Group A

Instagram:

@ksjb_mendingminds

In 'Mending Minds', the cadets thoroughly explored a wide range of mental health topics, ranging from anxiety to burnout. Not only did they share the symptoms of certain mental health conditions, but also how to keep a healthy mindset and reach out to others with kindness and empathy. The cadets' creatively designed graphics complemented the information in their Instagram posts, allowing their page to serve as an educational tool while also spreading awareness of the importance of destigmatising mental illness.



Project Done By:

Andrea Claire Sutedja, Chua Khi Ern, Tan Xi Wen Alicia, Soh Tian Er Teryl, Tan Yee Meng Fabien, Elliot Yong Joon Fong, Arulalan Devanarayanan, Ong Rayann

Uniformed Group:

St John Brigade - Group B

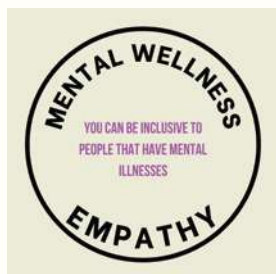
Instagram:

@ksjb_nextdoorpals

Through an interactive online campaign with polls and quizzes, the students aimed to fill the missing link between the public and their neighbours. The Instagram posts promoted tips on how to be a better neighbour and what we can do to foster a more connected community. An interesting element in this project was the "Neighbourhood Story Session" series, where the team put up short stories contributed by their Instagram followers. One such story was about a family that offered to share rice dumplings with their neighbours during the Dragon Boat Festival.

Manjusri Secondary School

Mental Wellness In Scouts



Project Done By:

Dave Low Yun Tak, Rayne Tok (Zhuo Qi Hong), Soh Ming Rui, Jayvyn Woo Cheng Hang, Dungca Drew Nigel, Azrael Nur Ain Bin Zaini, Jaan Zheng Wen, Syahiran Bin Mohamed, Leong Xu Xiang Joel

Uniformed Group:
Scouts - Group A

Instagram:
[@mjrscouts.mentalwellnesstips](https://www.instagram.com/mjrscouts.mentalwellnesstips)

The Scouts worked on a digital campaign to raise awareness of mental health conditions and the stigma that tends to be attached to them. The team's posts were also centered around hopeful messages referring to mental health as a journey, as well as quotes informing their viewers to spread kindness in their everyday interactions with others. The students hoped to encourage greater empathy and better well-being through their content.

Manjusri Secondary School

Promoting Inclusivity



Project Done By:

Lee Kang Quan, Ding Jingxuan, Toh Yi Heng, Lease Zachary Thomas, Kaden Choo Cun Yu, Bay Ting Boon Darrren, Alfred Moh Yan Kai, Bryan Soh Yuheng

Uniformed Group:
Scouts - Group B

Instagram:
[@promotinginclusivity.mjrscouts](https://www.instagram.com/promotinginclusivity.mjrscouts)

Recognising that more can be done to improve integration and interaction between foreigners and Singaporeans, the students decided to focus their Instagram campaign on ways in which locals can be more welcoming. They shared that this could be done by expressing our gratitude towards foreigners and speaking up when someone around us makes negative remarks about migrant workers, for example. Interestingly, this group also spoke to a few of their non-Singaporean fellow Scouts to gather their thoughts on this topic and incorporated them into the project.

Manjusri Secondary School

Doing It Right In The Cyber World



Project Done By:

Poh Wei Kee, Seth Ong Zhiyi, Diljeon Liw Hong Chin, Han Zheng Xi (Han Zhenghee), Tung Kang Yang Braeden, Low Yu Yang, Ivan Ho Guo Hao, Tan Kang Lok, Tan Hong Yu

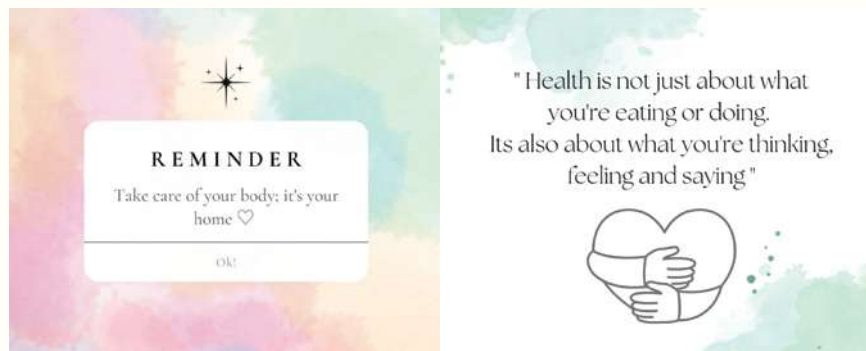
Uniformed Group:
Scouts - Group C

Instagram:
[@positivecyberworld_mjrscouts](https://www.instagram.com/positivecyberworld_mjrscouts)

Armed with the goal to spread awareness about a positive cyber world, the Scouts created digital posters for their Instagram page. These posters held messages such as being respectful in cyberspace, thinking carefully before posting or commenting, and not spreading rumours online. They also touched on signs that a person might be cyberbullied, urging their online audience to look out for their friends' well-being and extend kindness if they observe someone going through a difficult time due to cyberbullying.

Nanyang Girls' High School

Project Radiance



Project Done By:

Kwan Jen Tong Jaymie, Joy Loh Jen Ler, Ng Ray Jia Ashley, Lim Qian Hui, Sim Fu Xian

Uniformed Group:

Girl Guides, St John Brigade - Group A

Instagram:

@project_radiance

A kindness project was initiated by a team of students to deepen their peers' understanding on self-care and to boost mental wellness. This campaign was implemented both digitally and in-person. Posts on mental wellness were uploaded on Instagram to educate their peers about mental health while a self-care bingo activity was shared online and distributed in school for the group to engage their schoolmates in this kindness campaign, which aimed to emphasise the importance of mental and emotional wellness.

Nanyang Girls' High School

Cyber Positivi-tea



"Kindness is a powerful tool, and the internet provides us with a platform to use it in ways we never could before."
- Tim Fargo

DO'S AND DON'TS

Do's:

- comment kind stuff online
- like people's post
- post positive things online

Don'ts:

- comment hate comments
- cyber bully

Project Done By:

Koh Qiao Er, Woo Kai En Kendra, Jiang Qingxuan Jaclyn, Claire Ng Shu Qi, Tan Qi Xuan

Uniformed Group:

Girl Guides, St John Brigade - Group B

Instagram:

@cyber_positivi.tea

To encourage cyber kindness in their school, the students launched an Instagram page which they titled "Cyber Positivi-tea". They shared various quotes relating to cyber kindness as well as guidelines for responsible online conduct. To foster engagement and awareness, they also conducted interactive activities, such as the cyber kindness-themed bingo for their followers to try out. This multifaceted approach sought to champion positive online behaviour and exemplify how we can create a kind and inclusive digital community.

Nanyang Girls' High School

Project 'Next To You'



Project Done By:

Tan Hui En, Delwyn Seah Qi Fei, Alycia Ong Wan Rou, Cham Jing Xuan, Zhang Yuena, Elizabeth Lim Li Tong

Uniformed Group:

Girl Guides, St John Brigade - Group C

Instagram:

@project.next2u

The students came up with a digital campaign to advocate for better neighbourly relations in Singapore. Through Project "Next To You", they highlighted tips on what neighbours can do for one another in everyday life, such as having conversations and helping each other with simple tasks. An interactive challenge and bingo post were also featured on their Instagram page. Additionally, the group interviewed a few of their fellow Guides to gather responses on how neighbours can live together harmoniously, and shared this video as an Instagram reel to add an interesting dimension to their campaign.

Nanyang Girls' High School

A Further Step



Project Done By:

Chay Pei Yi, Ng Xin Ru, Shan Xiwen, Yu Yifei, Yang Yating, Lim You Shan

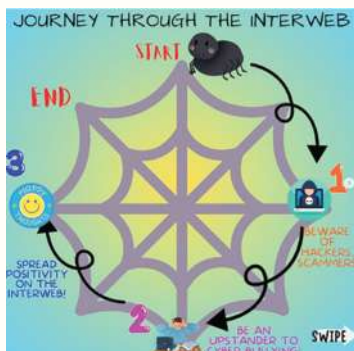
Uniformed Group:

Girl Guides, St John Brigade - Group D

Instagram:

@afurther_step

In their endeavour to foster kindness and a sense of community amongst neighbours, the team embarked on an online campaign called "A Further Step." They designed and published Instagram posts centred on the principles of being a good neighbour and the importance of neighbourliness, illustrating how individuals can try to take "a further step" in this regard. They hoped to motivate youths to embody kindness and care in their interactions with neighbours, instead of being apathetic when it comes to neighbourliness.



Project Done By:

Chloe Chia Ning En, Stefanie G. Koh, Wong Li En, Lim Yan Kit, Ngiam Hui En, Chan Lok Kit (Zeng Leqi)

Uniformed Group:

Girl Guides, St John Brigade - Group E

Instagram:

@interweb.spiders

A team of students launched the "Interweb Spiders" online campaign, using a play on words and accompanying visuals for an attention-grabbing Instagram account. They shared a wide array of cyber kindness quotes and downloadable wallpapers on their page. To enhance audience engagement, they also incorporated Instagram reels showcasing their "Cyber Kindness Interviews" series, which gathered their schoolmates' experiences and thoughts relating to cyber kindness. The students hoped to inform and also actively involve their peers in the creation of a safer and kinder cyber space.



Project Done By:

Tia Tan In Xuan, Mckayla Grae Vitug Gemenez, Jasne Althea, Sharel Chew, Katelyn Leong Shu Min, Wang Yi Xin, Lim Kai Xuan Janice, Nur Fitri Ramadhani Binte Yusman, Nur Irdina Binte Mohamed Asrul, Jolene Tan En Qi

Uniformed Group:
Girl Guides

Hoping to encourage kindness and consideration towards others, a team of Girl Guides from Peicai Secondary School spearheaded a campaign called 'Kindness is a Boomerang.' The team set up a booth with a board titled 'Give what you can; Take what you need.' In the 'Give what you can' section, students could write kind notes or words of encouragement and place them in the respective envelopes according to the theme. When students need uplifting messages, they could take a note from any of the envelopes, thus creating a loop of positive vibes.

Peirce Secondary School

Be A Good Neighbour



Made by Peirce NCC senior cadets
neighbourliness

be kind to ur neighbour



5 WAYS TO BE KIND TO UR NEIGHBOUR

1. *Have a conversation*
2. *Lend a hand*
3. *Give words of encouragement*
4. *Drop a letter or gift on their doorstep*
5. *Share food.*

Do participate in
the quiz!

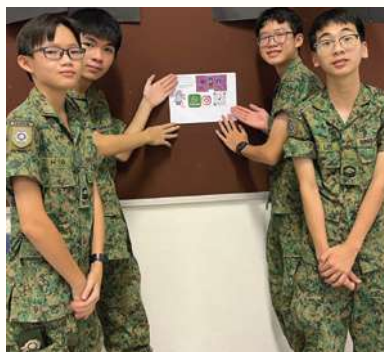


Project Done By:

Noel Tan Cheng Hong, Neo Shyh Min (Liang Shimin), Tan Tee Kang, Ace (Chen Zhikang), J Karthigesan, Aldrich Emmanuel Yap En Shao (Ye Enshao), Lee Xuan Nian, Lee You Gene

Uniformed Group:
NCC (Land) - Group A

Armed with the idea to promote neighbourliness, the students worked on a series of posters highlighting a few tips on being a good neighbour. Some of the tips covered were to lend a hand to our neighbours in daily life and to share food with neighbours during festive seasons. The team printed their posters and displayed them in the classrooms in Peirce Secondary as a reminder to their peers to spread kindness in the community.



Kindness Badge Program Award
From: Peirce NCC Cadet Leader unit Group 3
Cyber bullying is as bad as bullying in real life too!
How would you feel if you were the one getting bullied?
Cyberbullying also affects the person's mental health such as, increased stress and anxiety, depression and low self-esteem.



Project Done By:

Xyrus Sebastian Lim Tiang Poh, Leong Jie Ren, Jayden Lim, Rickson Ong Sheng Li, Jordan Lee Yeuu, Soon Jun Cheng, Ly Chanrakvong, Muhammad Hamdani Salihin Bin Muhammad Amir

Uniformed Group:
NCC (Land) - Group B

Wanting to raise awareness of how simple acts of kindness online could have a positive influence on others, the students created a poster and Kahoot quiz which discussed issues linked to cyberbullying and cyber kindness. They disseminated these materials to their schoolmates and encouraged everyone to participate in the quiz, so as to reinforce the message that all youths can do their part to maintain a positive online community.



Project Done By:

Vendict Siew, Koh Sheng Yang Peyton, Roshaad Bin Mohammad Redwan, Chang Shing Chin, Song Qi Li Bryan, Elvis Ow Zhi Tao, Song Qi Hung Wayne, Oscar Zeng

Uniformed Group: NCC (Land) - Group C

Through their project, the team hoped to emphasise that all students can strive to be a better neighbour. They developed a poster which showcased tips such as keeping corridors clutter-free, disposing trash properly and being mindful of our noise level at home during quiet hours. This poster served as a reminder for their peers to cultivate neighbourliness through simple everyday actions.



Project Done By:

Chia Kang-Yu, Kaelan, Damien Foong Zi Xuan, Gray Seck Ching Kit, Ivan Er, Lim Zhen Han, Goh Jun Le Kyzen, Ml Deny Louie Mutharasan, Mohamed Shafiiq Bin Mohamed Amin, Naufal Bin Abdullah, Liaw Huang Kai, Tai Kai Zhe Jovan, Warren Sim Mou Dong, Ryan Lee Lai Yuan

Uniformed Group:
NCC (Land) - Group D

The cadets initiated a Kindness and Wellness Day at Peirce Secondary School for their KBA project. They designed posters and pamphlets to spread messages of positivity, as well as bookmarks containing various quotes on kindness. These materials were shared with their schoolmates through their booth in school, where the team encouraged their friends to practise self-care and take care of others' well-being by doing acts of kindness.

Peirce Secondary School

Your Thoughts Matter



*We went around the school and asked
some schoolmates questions on
mental health*

Project Done By:

Kevin Goh Yong Le, Pugazhenthir Harini, Ashvinie Sagar, Loh Hao Ming Gerald, Dario Ling Yi Hao, Wang Maggie, Tham Wei Jun, Soh Tian Qing, Glenice Chung Meng Yan, Loh Zhi Xuan Louisha

Uniformed Group: St John Brigade

In their efforts to raise awareness of mental well-being, the cadets crafted a video featuring interviews with their peers and delivered a presentation on the topic. Their primary objective was to instil an understanding of the vital role mental health plays in one's overall well-being and to inspire their peers to foster kindness and support within the community. Through these efforts, they sought to create a more compassionate and empathetic environment in their school.

Paya Lebar Methodist Girls' School (Secondary)

Kindness Kris



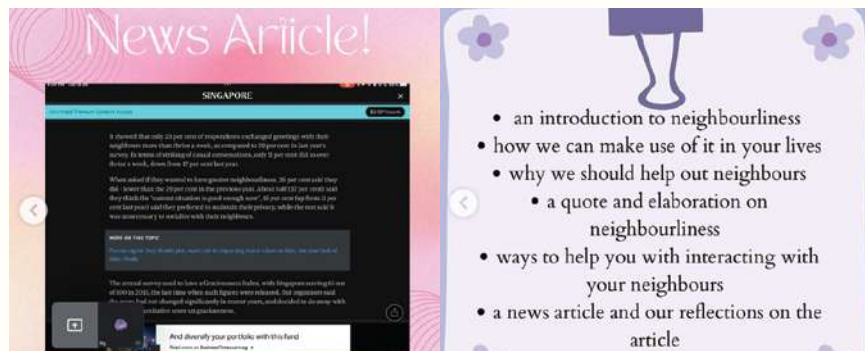
Project Done By:

Alexandria Poo Azman, Kayla Ng, Lakshanya Kumaran, Povazanec Edith

Uniformed Group:
St John Brigade

Instagram:
@kindness_kris

Using illustrations of animals to tell a story, the students crafted a campaign explaining certain mental health conditions and self-care practices. Their main character, Kris, was portrayed to be learning more about mental wellness through his interactions with other animals, as well as identifying ways to spread kindness. The main message that Kris puts across is that peer support and small acts of kindness can go a long way when someone is going through a difficult time. The students hoped to reflect the importance of showing empathy and compassion for others.



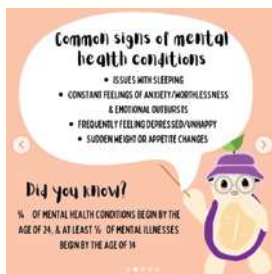
Project Done By:

Tan Ameelia Binte Adam, Tan Qi Yi, Ng Yun Han, Chai Le Ann Paige

Uniformed Group:
NCC (Land) - Group A

Instagram:
@projectbluebells

Guided by their belief in the importance of trusting people living next door, a team of students sought to promote neighbourliness through an Instagram campaign. The team consistently shared content over a few weeks emphasising the value of neighbourliness and strategies for nurturing it with nearby residents. Their aim in conducting this campaign was to enlighten their peers about the essential role neighbourliness plays in their lives.



Project Done By:

Ashley Grace Chong, Anneke Maria Janssen, Jovita Ann Simon, Koh Wensyn, Rachelle Cham, Sophie Mok Xi Bin, Tay Kai Ying, Velu Tanyasri, Yew Ya Xi

Uniformed Group:
NCC (Land) - Group B

Instagram:
@project_tortue_violette

Titled 'Project Tortue Violette,' this initiative was aimed at raising awareness of the significance of mental wellness and empathy. It was targeted towards young individuals at risk of experiencing mental health challenges and those who interact with individuals facing such issues. Over several weeks, the team regularly posted content that provided strategies for demonstrating care to individuals with mental illnesses or those requiring additional support. The students sought to foster greater understanding and support within their community.



Project Done By:

Loh Yuanwei Jayden, Raiyan Solihin Bin Arlianto, Rifat Ismail Marican, Robin Chee Rui Sian, Maximillian Neo Titan, Kayden Tay Kai Rui, Caleb Hertslet P Naidu

Uniformed Group:
NCC (Air) - Group A

Instagram:
@cybe.rdefenders

Seeing that digital platforms are increasingly being used for various purposes, the cadets aimed to educate and remind people about being safe online. They set up an Instagram account and posted content highlighting the importance of being cautious with personal information and identifying scams online. They also talked about looking out for others by educating one another about online threats, as people can exercise kindness by helping others be more aware of such issues.



Nurturing Mental Wellness With Empathy And Kindness



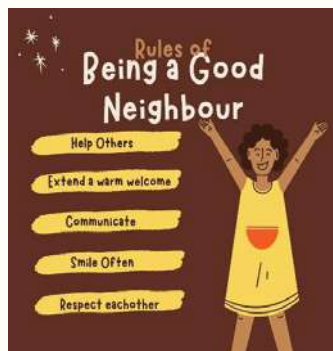
Project Done By:

Ong Yao Wei James, Vijayandran Deepshan, Parvesh Pal Singh, Noah Ihsan Bin Ahmad Irfan, Ahmad Anaqi Muhammad Azami, Jeevesh S/O Rajeev, Seth Ryan Anaqy Bin Shahrman

Uniformed Group:
NCC (Air) - Group B

Instagram:
[@sps_ncc_mentalhealth](https://www.instagram.com/sps_ncc_mentalhealth)

The team selected Mental Wellness & Empathy as their KBA project topic as they wanted to break the stigma linked to mental health. Their online campaign focused on the importance of reaching out for help when one is struggling with his or her emotions, so that people can feel more supported as they learn to address problems. The cadets also posted about positive practices that individuals can do for their mental well-being, such as exercising and practising gratitude.



Project Done By:

Azaad Thevar S/O Sadasivam, Tobias-Eden Ho Cheng Xi, Chan Jun Wen, Ahmed Syirhan Mohamed Rossly, Ethan Ng Yong Sen, Zane Gan, Lee Jie Hao Nicholas

Uniformed Group:
NCC (Air) - Group C

Instagram:
[@superneighbours.sps](https://www.instagram.com/superneighbours.sps)

Recognising that individuals can all play a part in shaping better neighbourhoods, the students used their Instagram page as a platform to share little acts of kindness that people can do for their neighbours. Values such as friendliness, respect and helpfulness were raised in their posts. They also discussed the idea of introducing ourselves to new neighbours and making them feel welcome through everyday interactions in the neighbourhood.

St. Joseph's Institution

The Kindness Crusaders



Project Done By:

Kavin Manavazhagan, Dong Jun Kai, Chen Qiwen Andrew, Wee Cheng En Mathieu, Ethan Choo Jiong Cheng, Aaron Goh, Abhinand Ram Koottala, Alson Mook, Kothandaraman Sanjay, Ethan Ng Mun Hoe

Uniformed Group:
NCC (Air) - Group A

Instagram:
@kindness.crusaders.sji

The cadets curated an Instagram campaign to share information about appropriate cyber etiquette, such as being mindful of one's choice of words online. They also posted a short video of their schoolmate who shared how he has experienced cyber kindness. The cadets' green-themed Instagram page meant to signify harmony and relate to their school colour, and they hoped their kindness campaign would motivate their peers to reflect on different ways to be kind online.



Project Done By:

Isaac Jordan Nelson, Elijah Lee Wee Kian, Ian Chua Hsien Yew , Santino Dev Joseph Xavier , Aaron Yeo, Declan Yeo Ying De, Lemuel Loh, Han Jincheng

Uniformed Group:
NCC (Air) - Group B

Instagram:
@kindness_sji

Inspired to support students dealing with academic stress, the cadets developed a brief video consisting of easy-to-implement tips like staying positive and encouraging oneself. Five trustworthy strategies such as creating a reward system or setting realistic goals were compiled based on research and shared on Instagram. Under academic pressure, the cadets sought to provide students with the tools they require to achieve and maintain mental wellness.

St. Joseph's Institution

The Cyber Upstanders



GOOD PRACTICES ONLINE

- 1 Refrain from making negative comments.
- 2 When making comments, think before you type.
- 3 Be kind to others.

BAD PRACTICES ONLINE

- 1 Swearing or using profanities to insult.
- 2 Discriminating other users.
- 3 Being negative or hostile towards another user.

Project Done By:

Jaeden Etienne Ng, Ryan Tan Wei Ren, Chava Vishruth, Vishesh Jain, Bhaskar Revathi Krish, Seah Hong Yi, Ariel Aiman Bin Noorisman, Benjamin Tng, Tan Zhi Yong Andrew

Uniformed Group:
NCC (Air) - Group C

Instagram:
@sji.cyberupstanders

Delving deep into cyberbullying, the cadets launched a series of postings outlining the steps one can take in the face of cyberbullying. A multi-faceted approach was developed by the cadets, with advice for the victims and witnesses to ask a trusted adult for help and to provide emotional support. Interestingly, the cadets considered and empathised with cyberbullies who may be victims themselves and sought understanding for them. With an emphasis on practicing kindness online, the cadets advocated for a friendlier cyber-environment by combating against cyberbullying.

Swiss Cottage Secondary School

A Package Of Kindness



Project Done By:

Nur Rhian Dagatan Rosle, Saravana Kumar Nitin Shrinivasan, Rithik Sajith Puthenvilayil, Rajasekaran Kobika, Loh Yu Jie, Krithik Velan Jeyakumar, Tee Jin Lin Keith

Uniformed Group:
NCC (Air) - Group A

Instagram:
[@packageof_kindness_swissairncc](https://www.instagram.com/packageof_kindness_swissairncc)

Earnest to care for the underprivileged families in Singapore, the cadets arranged a 4-week food donation booth. On Instagram, the cadets raised awareness of food wastage, encouraging their peers to donate any extra food to their booth. Finally, to ensure that the collected food reached the homes of the underprivileged families, the cadets collaborated with Food Bank SG and documented their food donation journey on Instagram.

Swiss Cottage Secondary School

The Gift Of Mind



Project Done By:

Mah Chun Li, Raidu Naga Jayandra Kumar, Muhammad Hazim Syakhir Bin Sufaat, Annadurai Amruth Krishna, Chua Jia Xian Zoey, Mahalakshmi Saravanan Aadhash

Uniformed Group:
NCC (Air) - Group B

Instagram:
[@the.gift.of.mind_swissairncc](https://www.instagram.com/the.gift.of.mind_swissairncc)

The Gift Of Mind aimed to improve the mental well-being of the elderly by getting the younger generations involved. For their physical campaign, the cadets set up a booth for students to craft origami figurines or write a short thank you note. The cards and crafts were later gifted to the elderly in Bukit Batok Home for The Aged. Furthermore, Instagram posts were also designed to encourage greater bonding opportunities between the elderly and younger generation.

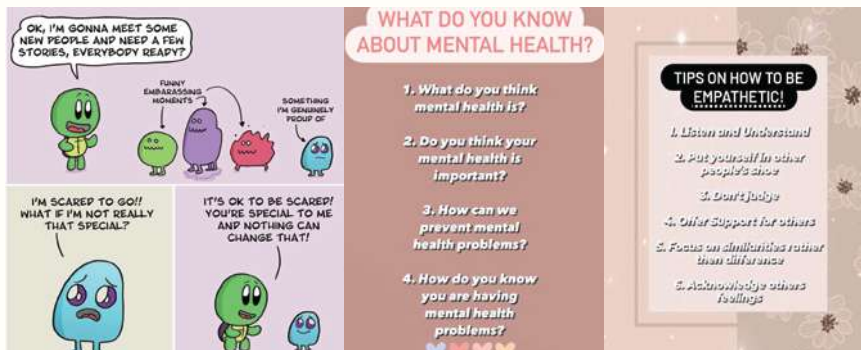


Project Done By:

Teo Hwee Qi, Hannah Binti Hanapi, Pokuri Lasya Sai, Kok Lexin Cherie, Gan Wan En Zoe, Sabrina Loke Sheng Xing, Ong Li Hui, Bernice Lew, Thng Shu Hui, Fazila Banu Binte Syed Rugul Ameen, Daniah Ariesah Binte Sha'izad

Uniformed Group:
Girl Guides - Group A

The Guides used a creative method to encourage neighbourliness in Tampines, designing their own posters and uploading them to Telegram. To urge neighbours to perform more friendly deeds, inspirational quotes on how to improve neighbourly relations and introspective questions were added to the drawings. The Guides' sincere efforts to illustrate a range of scenarios provided a realistic picture of when we can demonstrate neighbourly behaviour, encouraging the promotion of neighbourliness.



Project Done By:

Lan Jiayi, Lim Xing Ying, Megan Puah Zi Ning, Natalie Leong An Qing, Mellisa Chan Mei Ling, Tan Jing Min, Lim Jia En, Caithriona Lim Kai Nee, Lee Yee Hwee, Sharmaine Ong Zhu Shan, Tan Sze Xuan

Uniformed Group:
Girl Guides - Group B

Instagram:
[@tpgg_kind.line_](https://www.instagram.com/tpgg_kind.line_)

Recognising the importance of mental health, the Guides promoted self-care acts through humorous comics and quotes. The Guides also shared short questions quizzing readers' knowledge of empathy, mental health, and self-care. These insightful posts fully quipped readers with the necessary steps to maintain an empathetic personality and positive mental well-being.



Project Done By:

Jamie Tng Yong Er, Tan Shin Chieh, Lee Wen Le Gaile, Tan Yee Jun Joey, Pok Si Ying Isabel, Fatin Marsya Binte Mohammed Ilmiizhar, Lim Rui En Chloe, Oh En Ting

Uniformed Group:
Girl Guides - Group C

Instagram:
@Tpss_next_door

Keen to cultivate a kind and interactive neighbourhood in Tampines, the Guides drew their own characters, created a storyboard, and promoted their comics on Instagram. With intriguing visuals like a capybara as the main character and a rabbit as its neighbour, the Guides tell a story of the two neighbours helping each other when in need. The amusing comic thus motivates its readers to lend a helping hand to their own neighbours, encouraging greater neighbourliness.

Tanjong Katong Secondary School

Stronger Bonds At Tanjong Katong

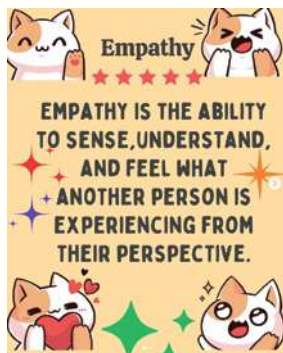


Project Done By:

Lim Shann, Yasmin Denisa Binte Mohd Yani, Hannah Loh Shau Han, Carina Gabrielle Sim, Faythe Kow Fei

Uniformed Group: Girl Guides

A team of Girl Guides embarked on an initiative to promote the idea of strengthening the bonds between neighbours. They tapped on their CCA's Instagram page to share content on being a good neighbour and created a Padlet activity to engage their peers, inviting them to post about recent interactions they have had with their neighbours. Five students who shared the best posts were awarded tokens by the project team. The Guides' educational and interactive project served to spread the message of kindness among neighbours.



Project Done By:

Mohamad Afif Jazimin Bin Mohamad Firuz, Zhang Shaoyi, Lee Doyeop, Timeus Thyllas, Sim Wei Hang, Lim Dao Ren, Isaiah, Tang Weng Seng Shaun, Chia Meng Cher, Desai Vihaan Ankoor, Mohamed Aidan Bin Mohamed Idris Morris, Ng Jung Kye

Uniformed Group:
Scouts - Group A

Instagram:
@empathychampionstk

Championing the notion of empathy as their project title suggests, the Scouts set up an Instagram account where they curated posts on how youths may practise empathy when interacting with one another. They also put together an animated video showing fictional characters checking in on each other, and shared this via Instagram stories. The students hoped to portray the importance of putting ourselves in other people's shoes, to be kinder and more understanding in order to enhance overall mental wellness.

Tanjong Katong Secondary School

Showing Respect And Kindness On Online Platforms



Project Done By:

Aditya Sajeevkumar, Ziekriy Hannan Bin Khairul Amin, Ear Hong Tze, Bui Minh Tri, Aden Maxwell Gale, Kristan Rio Koh, Tan Yuan Hao Brian, Tok Yi Xiang

Uniformed Group:
Scouts - Group B

Instagram:
[@spreadcyberkindnesstk](#)

This KBA project aimed to promote online respect and kindness among teenagers who frequently use the Internet. Using an Instagram page filled with infographics, hypothetical scenarios and a self-designed mascot educating viewers on cyber kindness, the team highlighted important points such as thinking carefully before sharing opinions online. They also displayed some statistics on cyberbullying and its adverse impact on youths, hence urging individuals to be mindful of the words and actions used on digital platforms.

West Spring Secondary School

Use Your Powers For Cyber-Good



Project Done By:

Tan Zhi Xiu, Ng Mereng Hann, Kristen Liew Yun En, Izzah Insyirah Binte Mohamad Fauzan, Tan Kai Xuan Ariel, Adilla Cahya Kirana Binte Riduan, Toh Yan Janelle, Sara Humaira Binte Muhammad Farudin, Tang Yea Yih, Keara Kwee, Yew Jia Le Laura, Peh Xuan Rong, Ng Zi Ning Carine, Lee Kai Xin Kristine

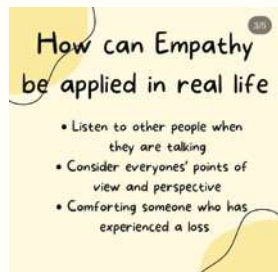
Uniformed Group:
Girl Guides - Group A

Instagram:
[@your.online_serotonin](https://www.instagram.com/your.online_serotonin)

With the aim of raising awareness about cyberbullying, the team initiated a digital campaign to instil students with proper online etiquette and offer support to victims of cyberbullying. Spanning a 4-week period, the team consistently shared numerous posts and stories depicting cyberbullying scenarios, alongside motivational quotes and affirmations. To further engage their audience, some posts featured interactive elements like polls and games such as crosswords and bingo. This multifaceted approach aimed to promote cyber kindness effectively.

West Spring Secondary School

Being Safe With Us



Project Done By:

Emelia Liu Enqi, Liang Le-Er Yuki, Jolin Chia Jia Ning, Soh Rui Han Charlotte, Lee Jiaxuan, Jaime Wong Zi Rui, Natasha Angeline Chow, Tay Zhi Xuan Bria, Alice Lee Hui Ting, Audrey Mel Paca, Cheng Ai Li Kelly, Liew Fang Yun Cindy, Ng Sao Min, Mirra Syamilah Binte Jumani

Uniformed Group:
Girl Guides - Group B

Instagram:
@beeing_safe_withus

The Guides embarked on an Instagram campaign with the objective of sharing content on mental wellness and inculcating in their audience the notion of care and concern for others. They published a variety of posts focused on reducing the mental illness stigma and on ways to help oneself and others manage mental well-being. All in all, the group hoped to highlight the importance of being empathetic and tactful when having dialogues on mental health.

West Spring Secondary School

Happy Neighbourhoods



Project Done By:

Nadya Farisna Sim, Pang Jing Shuen, Tan Leanne, Tan Wei Qian, Ameera Zahra Bte Mohammed Moktar, Nurul Humairah Bte M Rahim, Gabriela Zane Chew Minxuan, Chan Wan Fei Shayanne, Lin Jiayi, Ee Xin Ying Cassandra, Sim En Yu, Lim Jia Xuan, Nida Loo Wan Ci, Chong Nyuk Jing, Rizqah Farzana Binte Jumani

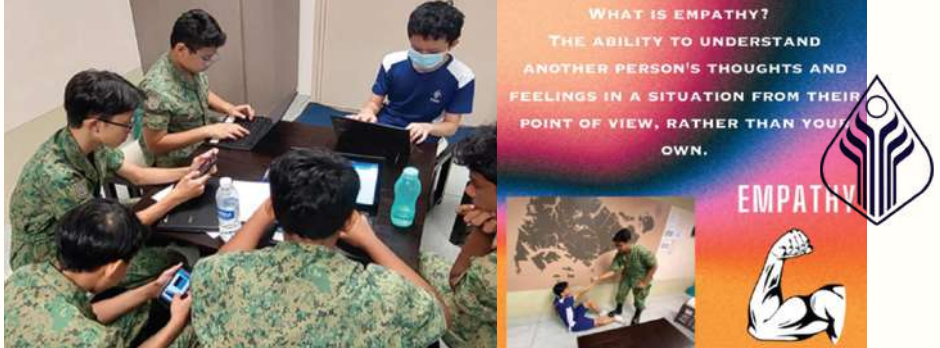
Uniformed Group:
Girl Guides - Group C

Instagram:
@humblest.next.door

With the goal of heightening their peers' understanding about neighbourliness, the team titled their campaign "Happy Neighbourhoods". They released various Instagram posts and stories about what neighbourliness is, how neighbourliness is shown in Singapore and ways to be a good neighbour. A few posts included interactive elements like a kindness checklist for their Instagram followers to complete. This project was designed to encourage youths to interact more with their neighbours and strengthen the sense of community within neighbourhoods.

Yishun Secondary School

How Is Your Mental Health?



Project Done By:

Ng Jun Yi, Muhammed Murshid Bin Muhammed Iqbal, Ang Wei Xiong Jeric, Tang Cheng Yuen Gavin, Kwan Yu Hong Jeremy, Lim Ler Qi Reven, Nor Aiman Danish Bin Sulaiman

Uniformed Group:
NCC (Land) - Group A

Instagram:
[@mentalhealthncc_yishunsec](https://www.instagram.com/mentalhealthncc_yishunsec)

A group of students initiated a digital campaign with the purpose of encouraging those in need to seek help and to foster positivity. Their strategy involved the creation of an Instagram account with a regular stream of posts and stories, where they shared insights on mental wellness, offering guidance and inspiration through quotes to promote the message that one's mental health is just as crucial as physical health.



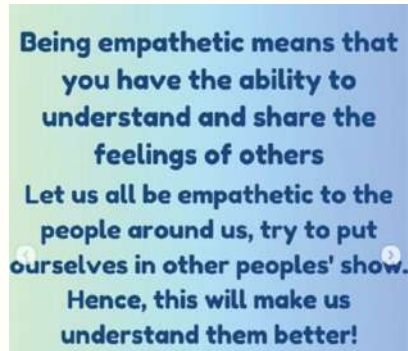
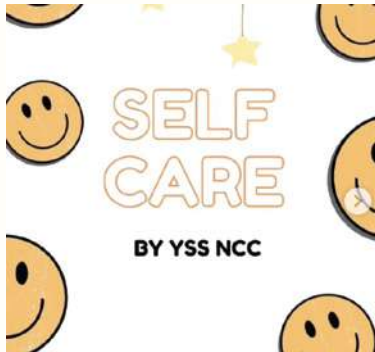
Project Done By:

Lee Jing An Gion, Ooi Jing Run Kayden, Lakshman Nakkeeran, Zheng Kaizong, Liu Si Ru

Uniformed Group:
NCC (Land) - Group B

Instagram:
@mentalwellness2023yssncc

The cadets launched an Instagram account to raise awareness of mental health issues and the importance of friendship and kindness. They consistently posted uplifting and motivational messages tailored to resonate with the youths in Singapore. In addition, they highlighted how friends can support one another through challenges, reflecting how a supportive and empathetic community can contribute to positive mental well-being.



Project Done By:

Damien Ho Jiahao, Ethan Wong Wai Hin, Jervious Lim Jun Wei, Sanjian Babu, Emre Lim Jun Qi, Pugazhliniyan Mathivanan

Uniformed Group:
NCC (Land) - Group C

Instagram:
@yss_mw_ncc

Inspired by a news article about the prevalence of mental health issues in youths, the cadets created an Instagram page to generate awareness on mental health and the importance of empathising with others. They shared Instagram posts illustrating points on self-care and showing care for others, especially in the school context. Their overarching goal was to dispel negative stereotypes associated with youths facing such challenges.

Yuying Secondary School

Be Socially Kind



Project Done By:

Fong Zeon Mun, Muhammad Nabil Bin Azman, Jerriel Chia Yi Jun, Darius Chua Jie Yang, Jaamond Sim Jing Ming, Nelson Yip Jun Pang

Uniformed Group:
NCC (Land) - Group A

Instagram:
@becyberkind.yyss

Wanting to champion kindness on social media platforms, the cadets embarked on an Instagram campaign where they showcased their cyber kindness and anti-cyberbullying digital posters. Messages that were communicated include thinking twice before posting online and countering cyberbullying by exhibiting positive online behaviours. Additionally, they shared how social media has the power to be an uplifting and supportive space when used respectfully.



Project Done By:

Muhammad Hasif Bin Herman, Yeo Boon Jie Bryan, Jayden Koh Jun En, Branden Tan Jin Chye, Archiebald Abantes Loh, Tan Nguyen Hui

Uniformed Group:
NCC (Land) - Group B

Instagram:
@kindnesscorner_yyss

The team created infographics covering a few ways in which students can practise good values on digital learning platforms. They mentioned pointers such as participating actively in discussions, using respectful language when commenting on another person's work and not excluding fellow group members when working together on assignments. Through their project, the cadets hoped to raise awareness on how kindness can be shown through simple acts and can bring people together.

Yuying Secondary School

In Cyber Kindness We Trust!



Project Done By:

Muhamad Danish Fahry Bin Muhamad Padil, Muhammad Aqasha Agus Bin Fadhlullah, Izz Hamizan Danish Bin Harun, Izz Hazim Danial Bin Harun, Ezra Tan, Chong Cheng Yu, Aaron Sim Shi Han

Uniformed Group:
NCC (Land) - Group C

Instagram:
@cybermonkey13

To discuss the importance of having good etiquette when engaged in online gaming and online shopping, the cadets initiated an Instagram account where they posted comics and quotes linked to the topic. Through their project reflections, they highlighted that kindness is a two-way street as everyone can play their part to cultivate a better cyberspace by having respect and empathy for one another during interactions in the virtual world.



Kindness Badge Junior

At the primary school level, students from the Uniformed Groups also have the opportunity to participate in a badge programme. The Kindness Badge Junior (KBJ) requires students to complete tasks and projects listed in an activity booklet, according to the sections of Discovering Kindness, Exemplifying Kindness and Inspiring Kindness. These activities aim to promote kindness and graciousness within the Uniformed Group, in school and in the wider community. Participants are recognised as ambassadors of kindness and will receive a badge from SKM upon programme completion.



Citizens of Kindness

Citizens of Kindness (CK) is a programme for primary students in student care centres to encourage students to spread kindness at home, school and the community, to make Singapore a kinder and more gracious place for everyone to live in. In this programme, there are specially curated activities for students to learn about various acts of kindness that they can do everyday to put smiles on the faces of the people around them. With all activities completed, students will receive a Certificate of Achievement and a collar pin at the end of the year to acknowledge their commitment as a Kindness Citizen.

SPECIAL MENTION PROJECTS

01 Pasir Ris Primary School

02 Raffles Institution

Pasir Ris Primary School

Kindsville @ Pasir Ris Primary School



Pasir Ris Primary School (PRPS) kicked off their collaboration with SKM for their Kindness Week in May, where students were involved in a variety of activities, focused on the theme of Appreciation, ranging from making Kindness Keychains, to writing letters to Singa, and making appreciation cards for their friends and family. The collaboration was further expanded to making Children's Day in 2023, a special day where the school turned into Kindsville.

Students from P1 – 6 took part in a school-wide art competition, where they were tasked to design Singa and the Kindness Cubbies as PRPS students taking part in regular student activities and doing kind acts in school. Winning entries from the art competition were then turned into coloured sticker designs, as well as shrink art keychains, for the whole school to use during the Kindsville @ Pasir Ris Primary School main event in October. During the event, students learned about the importance of kindness during their Form Teacher Guidance Period (FTGP) time, followed by an adventure trail around the school, where they visited activity booths that had been turned into Kindsville landmarks, with special Kindsville activities.

The school's Parent Support Group also played a big role in this event, with the parents managing the activity booths and reinforcing the kindness values taught during the FTGP time, with the physical activities at each booth. This event showcased the power of school, parents, and community partnerships in creating a wholesome learning environment, as we lay a strong foundation for the students' value systems as they grow up.

This is a pilot partnership between SKM and PRPS.



The Raffles Institution (RI) Year 3 students collaborated with SKM for their Research Education (RE) curriculum (a multi-disciplinary subject) based on SKM's focus area on CyberKindness. The collaboration aimed to empower students to advocate for and create impactful acts of kindness to the wider community and encouraged students to step forward and make concrete and actionable steps to promote kindness beyond the school community.

SKM was invited to meet with the students in February to kickstart the collaboration. The students then submitted their proposals to SKM and upon SKM's approval, the students embarked on their project implementation. In August, SKM evaluated the project reports and sat in for the presentations by the four RE groups. Selected student groups shared their RE projects and experiences with their peers during the RE Café event in October.

This is a pilot partnership between SKM and RI.

CONNECT WITH US



Locate Us

Singapore Kindness Movement

61 Stamford Road
#02-01 & 02 Stamford Court
Singapore 178892



Links

Singapore Kindness Movement

Kindness.sg

Friend of Singa

Fos.kindness.sg

Seed Kindness Fund

Skf.kindness.sg

Kindsville

Kindsville.kindness.sg

Kindness Badge Award

Badge.kindness.sg

The Pride

Pride.kindness.sg



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